

SURVEILLANCE WEEK 1 (December 30, 2007– January 5, 2008)

This issue of the Ontario Influenza Bulletin provides information on the surveillance period from December 30, 2007 - January 5, 2008, (Week 1). The analysis for this issue occurred on Thursday January 3, 2008, therefore all data is current to that date unless otherwise specified.

Overall, influenza activity in Ontario during week 1, 2008 was slightly higher compared to week 52, 2007. There were 77 sporadically occurring cases of influenza A and five sporadic cases of influenza B reported through iPHIS from health units. There was one new report of an institutional outbreak of influenza B. For week 1, the highest level of influenza activity was 'localized' reported from Toronto and Central East, while 'sporadic' activity was reported from Central West, North East and Eastern. The remaining regions in Ontario reported 'no activity' for influenza.

In Canada for week 52, influenza activity levels remained low; however a couple of provinces (i.e. PEI and AB) and a few regions in ON did not report activity levels this week. Only two influenza surveillance regions (i.e. ON and SK) reported localized influenza activity, while the rest reported either 'no activity' or 'sporadic' activity.[†]

Tip of the month:

For health unit staff assigning influenza activity levels for their unit (Appendix C data), please note that for "sporadic activity", symptom onset dates for lab-confirmed cases must fall within the surveillance week on the reporting form. Onset date of symptoms, NOT the date of lab confirmation, is when activity occurs (please refer to footnote on pages 2 and 3 for episode date hierarchy).

Please refer to page 13 for report submission dates.

Table 1: Summary of confirmed influenza cases and institutional influenza outbreaks by health region (Week 1, 2007/2008).

Confirmed influenza cases*	HEALTH REGION							TOTAL
	North West	North East	Eastern	Central East	Toronto	South West	Central West	
Influenza A	0	2	3	24	32	4	12	77
Influenza B	0	0	0	0	5	0	0	5
Influenza A & B	0	0	0	0	0	0	0	0
Total new cases	0	2	3	24	37	4	12	82
Institutional influenza outbreaks‡	0	0	0	0	1	0	0	1

SOURCE: MOHLTC [iPHIS, Health Unit Reports to PHD]

* Includes reports of sporadically occurring influenza through iPHIS, as well as cases in institutional outbreaks, with dates of onset in the surveillance period.

† These data have been obtained from the FluWatch report of the Public Health Agency of Canada for Week 52, 2007.

‡ Confirmed outbreaks in institutions with onset date of symptoms during the surveillance period.

Table 2: Confirmed cases of influenza by health unit & health region, with an episode date[†] during Weeks 1, 2007/2008

Region	Health Unit	Confirmed Influenza		
		Influenza A	Influenza B	TOTAL
North West	Northwestern	0	0	0
	Thunder Bay District	0	0	0
	TOTAL NORTH WEST	0	0	0
North East	Algoma	2	0	2
	North Bay Parry Sound District	0	0	0
	Porcupine	0	0	0
	Sudbury & District	0	0	0
	Timiskaming	0	0	0
	TOTAL NORTH EAST	2	0	2
Eastern	City of Ottawa	2	0	2
	Eastern Ontario	0	0	0
	Hastings & Prince Edward Counties	0	0	0
	Kingston, Frontenac, Lennox & Addington	1	0	1
	Leeds, Grenville And Lanark District	0	0	0
	Renfrew County And District	0	0	0
	TOTAL EASTERN	3	0	3
Central East	Durham Region	0	0	0
	Haliburton, Kawartha, Pine Ridge	1	0	1
	Peel Region	17	0	17
	Peterborough County-City		0	0
	Simcoe Muskoka District	3	0	3
	York Region	3	0	3
	TOTAL CENTRAL EAST	24	0	24
Toronto	Toronto	32	5	37
	TOTAL TORONTO	32	5	37
South West	Chatham-Kent	0	0	0
	Elgin-St. Thomas	0	0	0
	Grey Bruce	4	0	4
	Huron County	0	0	0
	Lambton County	0	0	0
	Middlesex-London	0	0	0
	Oxford County	0	0	0
	Perth District	0	0	0
	Windsor-Essex County	0	0	0
	TOTAL SOUTHWEST	4	0	4
Central West	Brant County	0	0	0
	City Of Hamilton	4	0	4
	Haldimand-Norfolk	0	0	0
	Halton Region	2	0	2
	Niagara Region		0	0
	Waterloo Region	4	0	4
	Wellington-Dufferin-Guelph	2	0	2
	TOTAL CENTRAL WEST	12	0	12
	TOTAL ONTARIO	77	5	82

SOURCE: MOHLTC [iPHIS, Health Unit Reports have been extracted using CRN at PHD]

[†] Episode Date for a case corresponds to the earliest date on record for the case according to the iPHIS hierarchy (Symptom Date > Clinical Diagnosis Date > Specimen Collection Date > Lab Test Date > Reported Date)

Table 3: Cumulative* confirmed cases of influenza by health unit & health region with an episode date[†] between September 1, 2007 – January 5, 2008

Region	Health Unit	Confirmed Influenza		
		Influenza A	Influenza B	TOTAL
North West	Northwestern	1	0	1
	Thunder Bay District	0	0	0
	TOTAL NORTH WEST	1	0	1
North East	Algoma	8	0	8
	North Bay Parry Sound District	10	1	11
	Porcupine	0	0	0
	Sudbury & District	1	0	1
	Timiskaming	0	0	0
	TOTAL NORTH EAST	19	1	20
Eastern	City Of Ottawa	3	0	3
	Eastern Ontario	0	0	0
	Hastings & Prince Edward Counties	2	0	2
	Kingston, Frontenac, Lennox & Addington	2	0	2
	Leeds, Grenville And Lanark District	0	0	0
	Renfrew County And District	0	0	0
	TOTAL EASTERN	7	0	7
Central East	Durham Region	13	0	13
	Haliburton, Kawartha, Pine Ridge	6	0	6
	Peel Region	104	1	105
	Peterborough County-City	6	0	6
	Simcoe Muskoka District	12	1	13 [‡]
	York Region	28	0	28
	TOTAL CENTRAL EAST	169	2	171
Toronto	Toronto	239	11	250
	TOTAL TORONTO	239	11	250
South West	Chatham-Kent	0	0	0
	Elgin-St. Thomas	0	0	0
	Grey Bruce	8	0	8
	Huron County	1	0	1
	Lambton County	0	0	0
	Middlesex-London	0	1	1
	Oxford County	0	0	0
	Perth District	0	0	0
	Windsor-Essex County	0	0	0
	TOTAL SOUTHWEST	9	1	10
Central West	Brant County	1	0	1
	City Of Hamilton	21	0	21
	Haldimand-Norfolk	1	0	1
	Halton Region	25	0	25
	Niagara Region	1	0	1
	Waterloo Region	29	0	29
	Wellington-Dufferin-Guelph	17	0	17
	TOTAL CENTRAL WEST	95	0	95
	TOTAL ONTARIO	539	15	554

SOURCE: MOHLTC [iPHIS, Health Unit Reports have been extracted using CRN at PHD]

* Cumulative case counts include late reports and records that are otherwise reconciled. Therefore, cumulative counts may not equal new cases plus previous cumulative value.

[†] Episode Date for a case corresponds to the earliest date on record for the case according to the iPHIS hierarchy (Symptom Date > Clinical Diagnosis Date > Specimen Collection Date > Lab Test Date > Reported Date)

[‡]Note that one of the cases of influenza reported from Simcoe Muskoka District represents a case co-infected with Influenza A & B

Influenza Subtype(s):

During week 1, 2601 isolates were received by the Public Health Agency of Canada, with 220 testing positive for influenza A and 51 for influenza B. The majority of influenza A isolates (159) were from Ontario (72.3%), while 24 (10.9%) were from British Columbia, 18 were from Quebec (8.2%) and 12 were from Alberta (5.5%). The majority of influenza B isolates (32) were reported from Alberta (62.8%), 6 were reported from Saskatchewan (11.8%) while five (9.8%) were reported from British Columbia and four (7.8%) were reported from Ontario.*

Antigenic Characterization:

The National Microbiology Laboratory (NML) has characterized 48 influenza viruses for the 2007-2008 influenza season: 31 A(H1N1), 6 A(H3N2) and 11 B viruses. All influenza A(H1N1) viruses were antigenically similar to A/Solomon Islands/3/2006. Of the six influenza A(H3N2) viruses characterized, five were antigenically similar to A/Wisconsin/67/2005 and one was antigenically similar to A/Brisbane/10/2007. One of the five A/Wisconsin-like viruses had reduced titer to A/Wisconsin/67/2005 reference antiserum. Of the 11 influenza B isolates characterized, two were antigenically similar to B/Malaysia/2506/2004 and nine were antigenically similar to B/Florida/4/2006 (belonging to the B/Yamagata lineage).**

Antiviral Resistance:

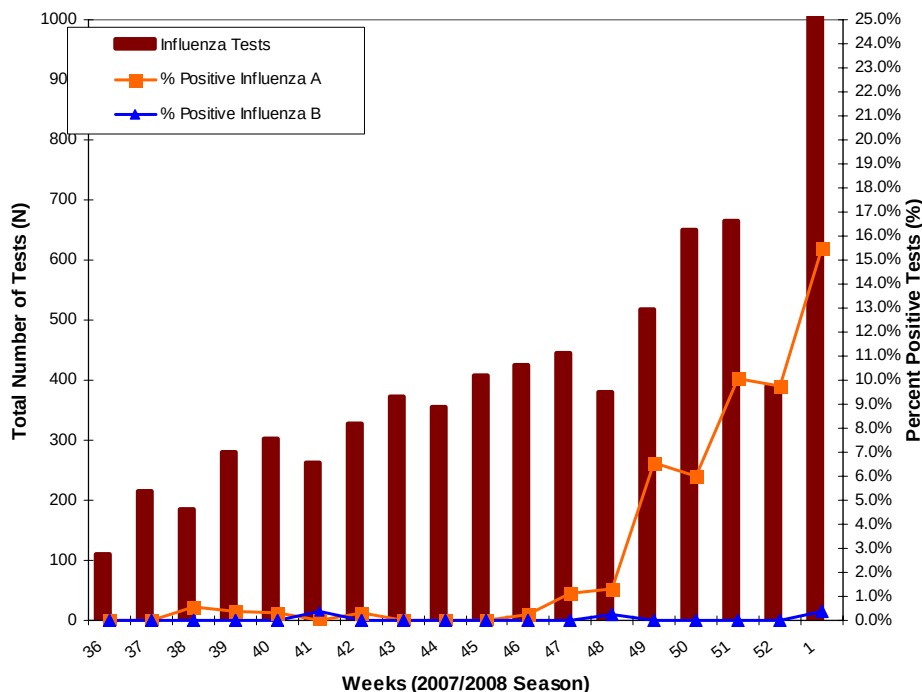
Since the start of the season, the NML has tested 40 influenza A isolates (31 H1N1 and 9 H3N2) for amantadine resistance and found that seven (78%) of the nine H3N2 isolates were resistant to amantadine (originating from ON and AB) and one (3%) of 31 H1N1 isolates was resistant (originating from BC) (see [recommendation from the 2006-2007 influenza season below](#)). Of the 33 isolates tested for oseltamivir resistance (24 influenza A, 9 influenza B), none were found to be resistant.**

Note: The WHO recommends that the trivalent vaccine for the 2007-2008 season in the northern hemisphere (which includes Canada) contain an A/Solomon Islands (H1N1)-like virus; an A/Wisconsin (H3N2)-like virus; and a B/Malaysia-like virus.

* These data have been obtained from the Respiratory Virus Detection tables of Public Health Agency of Canada and do not include data from late reports to PHAC: Week 1, 2007/2008

** These data have been obtained from the FluWatch report of the Public Health Agency of Canada for Week 52, 2007.

Figure 1: Total number of influenza tests performed and percent of positive tests in Ontario reported to the Centre for Infectious Disease Prevention and Control (CIDPC), by report week .



Source: Public Health Agency of Canada

* Total numbers reported include late reports; therefore totals may not be equal to the sum of the weekly numbers.

Note: Cumulative numbers for season to date are available through FluWatch: <http://www.phac-aspc.gc.ca/fluwatch/>

Table 4a: Institutional respiratory infection outbreaks in Ontario: New Outbreaks* in Week 1 and Total Outbreaks for the Season**

Institutional Respiratory Infection Outbreaks		
New Outbreaks*	N	% (of outbreaks)
Influenza A	0	0.0
Influenza B	1	16.7
Influenza A and B	0	0.0
Parainfluenza (All types)	0	0.0
RSV	0	0.0
Other organisms	0	0.0
No organism identified	5	83.3
TOTAL	6	100
Total Respiratory Infection Outbreaks of the Season to date**	N	% (of outbreaks)
Influenza A	4	2.3
Influenza B	2	1.1
Influenza A and B	0	0.0
Parainfluenza (All types)	14	8.0
RSV	6	3.4
Combined Outbreaks [†]	0	0.0
Other organisms	20	11.4
No organism identified	129	73.7
TOTAL	175	100
Types of Institutions (All Outbreaks) **	N	% (of outbreaks)
Long-Term Care Homes	108	61.7
Hospitals	5	2.9
Retirement Homes	13	7.4
Other	2	1.1
Unknown	47	26.9
TOTAL	175	100

SOURCE: MOHLTC [iPHIS, Health Unit Reports have been extracted using CRN at PHD]

* New outbreaks are those in which the date of onset of illness in the first case occurred and recorded through iPHIS in the current surveillance period; i.e. December 30, 2007 – January 5, 2008

** Season to date includes all outbreaks in which the date of onset of illness in the first case occurred from September 1, 2007 – January 5, 2008

[†] Combined outbreaks include outbreaks in which more than one non-influenza organism has been identified (e.g. RSV, parainfluenza, rhinovirus, etc.)

Table 4b: Outbreak Related Complications in institutional respiratory infection outbreaks in Ontario during the Surveillance Season*

Outbreak Related Complications (All Outbreaks)	N	% (of total cases)
Total Cases		
Residents	1980	76.9
Patients	93	3.6
Staff	503	19.5
Total Cases	2576	100
Deaths		% (of cases per role)
Residents	32	1.6
Patients	0	0.0
Staff	0	0.0
Pneumonia (Chest x-ray confirmed)		% (of cases per role)
Residents	51	2.6
Patients	1	1.1
Staff	0	0.0
Hospitalizations		% (of cases per role)
Residents	60	3.0
Staff	0	0.0
Outbreak Related Complications (Influenza Outbreaks)	N	% (of total cases)
Total Cases		
Residents	50	64.1
Patients	11	14.1
Staff	17	21.8
Total Cases	78	100
Deaths		% (of cases per role)
Residents	1	2.0
Patients	0	0.0
Staff	0	0.0
Pneumonia (Chest x-ray confirmed)		% (of cases per role)
Residents	0	0.0
Patients	1	9.1
Staff	0	0.0
Hospitalizations		% (of cases per role)
Residents	2	4.0
Staff	0	0.0

SOURCE: MOHLTC [iPHIS, Health Unit Reports have been extracted using CRN at PHD]

* Season to date includes all outbreaks in which the date of onset of illness in the first case occurred from September 1, 2007 – January 5, 2008

Figure 2: Institutional respiratory infection outbreaks in Ontario by onset of illness in the first case: Total Outbreaks from September 1, 2007 – January 5, 2008 by causative organism

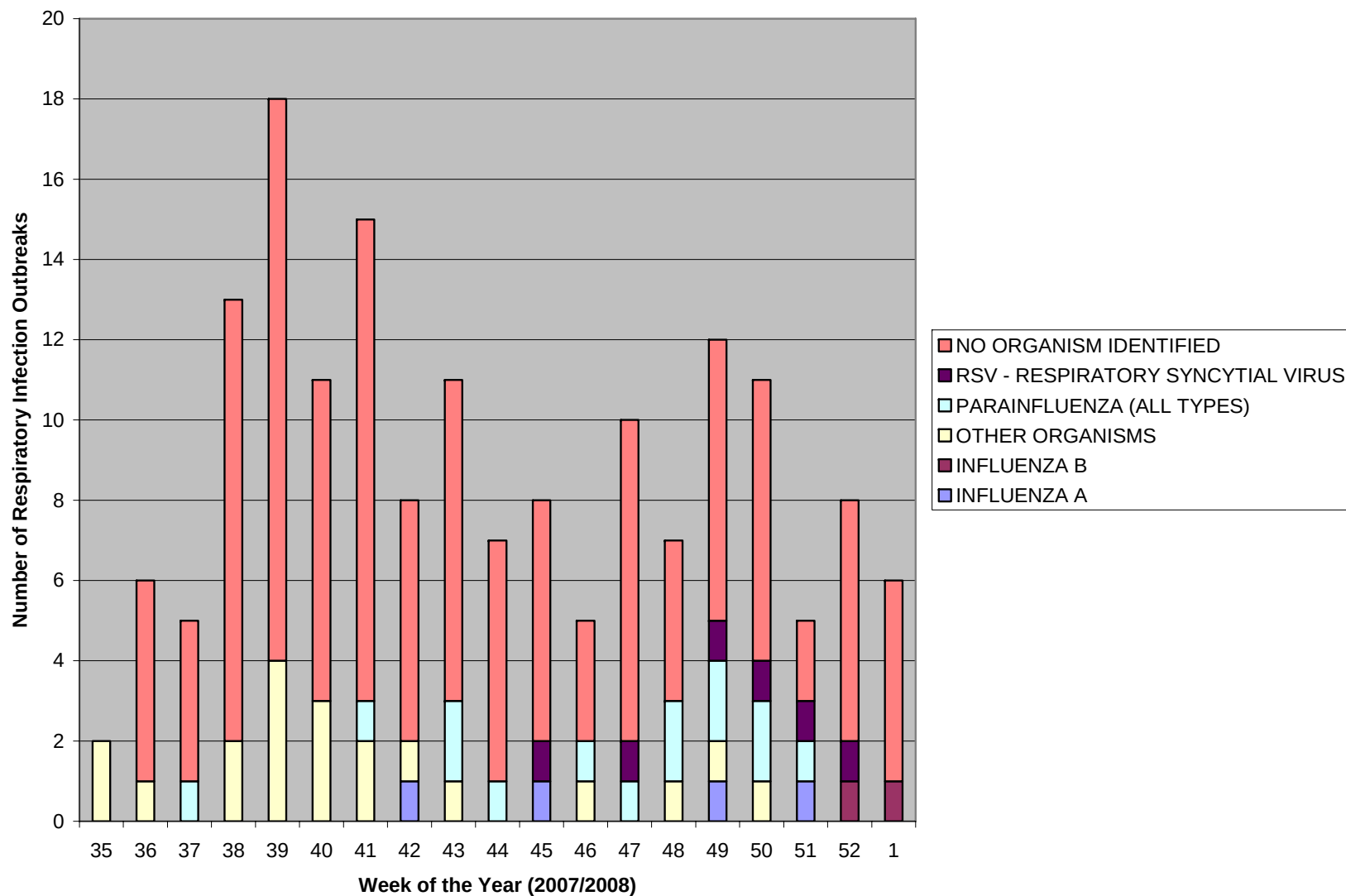
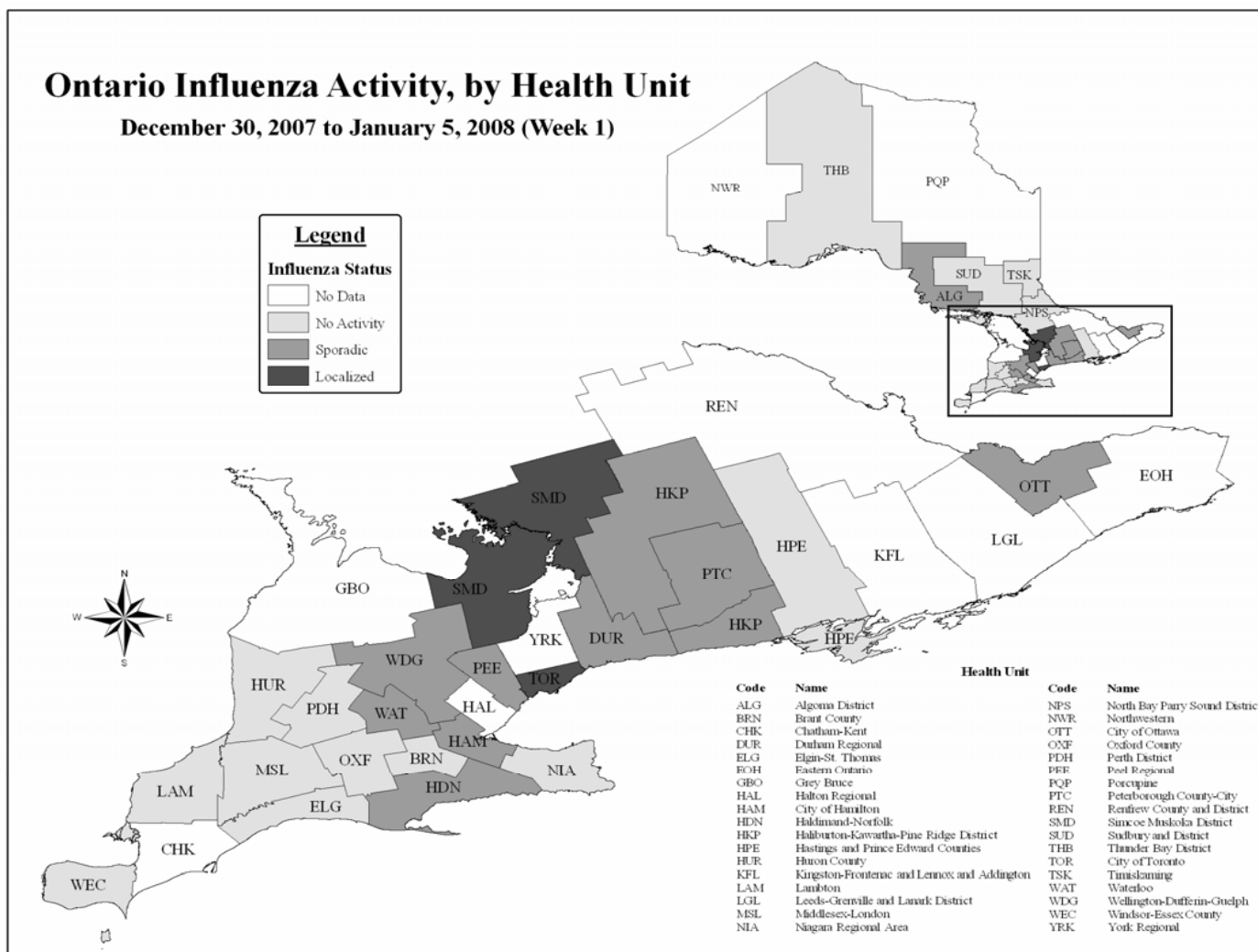


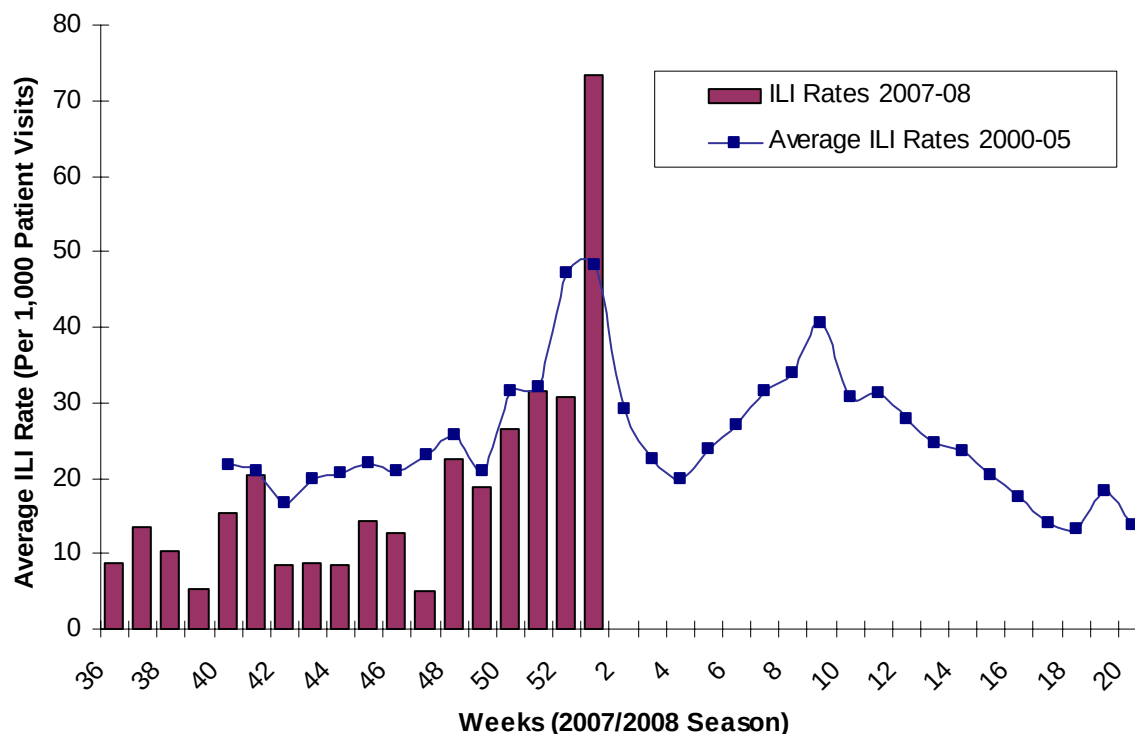
Figure 3: Influenza Activity* levels in Ontario by health unit for Week 1, 2007/2008



SOURCE: MOHLTC [Provincial Influenza Activity Report (Appendix C) Database]

* Influenza activity levels are assigned by local public health units and reported to the MOHLTC by the Tuesday following the end of the surveillance week at 4 pm. Activity levels are assigned based on laboratory confirmations, ILI reports from various sources, and laboratory confirmed institutional outbreaks. Please refer to detailed definitions for the 2007-2008 season included in the Appendix-1]

Figure 4: Average influenza-like illness (ILI) consultation rate (per 1,000 patient visits) reported by sentinel physicians* in Ontario in 2007- 2008 season, by report week, Compared to Ontario average[†] (1999/2000 to 2004/05 seasons).



Source: Public Health Agency of Canada

* Sentinel physician information is reported to Public Health Agency of Canada.

[†] No data available for mean rate in previous years for weeks 21 to 39 (1999-2000 through 2004-2005 seasons). During weeks 20-39, 2002-2003/2004-2005 seasons, ILI is reported once every two weeks, on even weeks only.

Table 6: Average Influenza-like illness consultation rate (per 1,000 patient visits) by age group and postal code as reported by Sentinel Physicians* in Ontario, for Week 1.

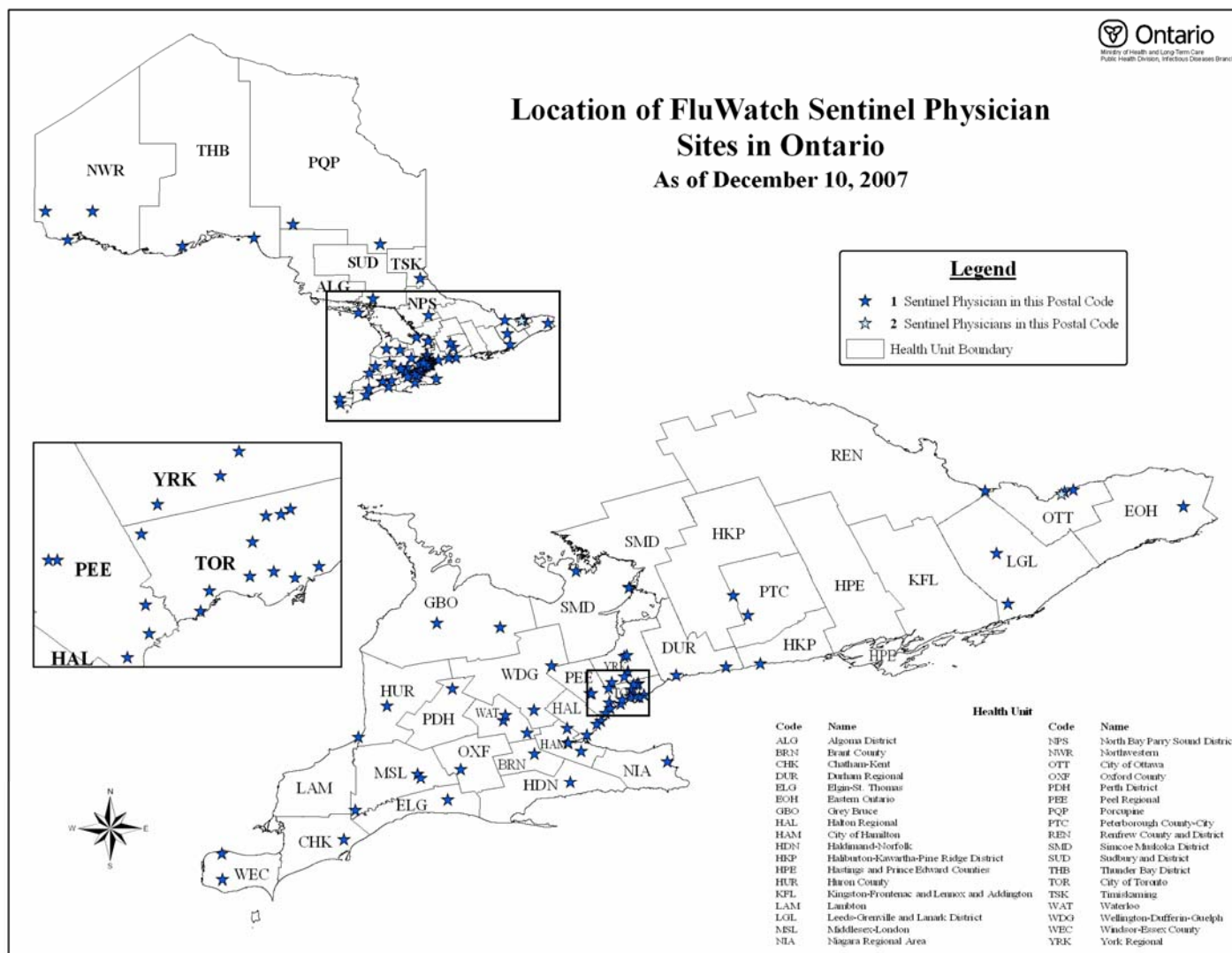
Postal Code	0 – 4	5 – 19	20 – 64	65 +	Unknown
K1J9M2	0	0	0	0	0
K7H2W6	0	0	0	0	0
K0K2T0	0	0	1	1	0
L1A3W4	0	0	0	0	0
K0M1A0	0	0	0	0	0
L1B1H8	0	0	0	0	0
M5M1B2	0	0	0	0	0
M4X1W4	0	0	0	0	0
M6G4A1	0	0	0	0	0
M4M3P3	0	0	0	0	0
M2K1E1	0	0	0	0	0
L5J2W4	0	0	0	0	0
L6W2A4	0	0	0	0	0
I6L2X4	0	2	2	3	0
L9H1V1	0	0	1	2	0
9H2G2	0	0	0	0	0
L0R0H2	0	0	0	0	0
L2E7H1	0	0	1	0	0
N3R7K6	0	0	0	0	0
N1R2L7	0	0	4	0	0
N5H1K9	0	0	1	0	0
N0R1G0	0	0	0	0	0
N8T3J8	0	2	2	0	0
N8N5R1	12	8	24	6	0
N0M1T0	0	0	0	0	0
N6C2R5	0	0	0	0	0
N0C1E0	0	0	0	0	0
L3V5W5	0	0	0	0	0
P0H2H0	0	0	3	0	0
P0A1C0	0	1	1	0	0
P0M1Z0	0	0	0	0	0
P0W1E0	0	0	0	0	0
ILI Sum	12	13	40	12	0
ILI Consultation Rate (per 1,000 patient visits)	136.36	156.63	107.53	23.62	0.00

Source: Public Health Agency of Canada

* Sentinel physician information is reported to the Public Health Agency of Canada

Note: The small numbers of sentinel physicians reporting at the local level make the ILI rates unstable. Please interpret these data correspondingly.

Figure 5: Geographic Distribution of Sentinel Physicians in Ontario



Source: National Research System (NaReS), College of Family Physicians of Canada

* Sentinel physician information is reported to the Public Health Agency of Canada

FURTHER INFORMATION

1. Ontario Ministry of Health and Long-Term Care
Previous issues of the *Ontario Influenza Bulletin* can be accessed at:
http://www.health.gov.on.ca/english/providers/program/pubhealth/flu/flu_07/flubul_mn.html
2. Health Agency of Canada
Issues of FluWatch can be accessed at:
www.phac-aspc.gc.ca/fluwatch/
3. United States Centers for Disease Control and Prevention
<http://www.cdc.gov/flu/weekly/fluactivity.htm>
4. European Influenza Surveillance Scheme
http://www.eiss.org/cgi-files/bulletin_v2.cgi

INFORMATION ABOUT AVIAN INFLUENZA

For latest information on the status of avian influenza worldwide please use the following link:

Public Health Agency of Canada

<http://www.phac-aspc.gc.ca/h5n1/index.html>

APPENDIX - I

Definitions for influenza activity levels:

No Data: No activity report corresponding to the surveillance week was received at the Ministry of Health and Long-Term Care Call Centre by the Tuesday (at 4 p.m.) following the end of the surveillance period.

No Activity: **No laboratory confirmed* influenza and NO outbreaks detected** within the health unit/ influenza surveillance area, within the prior week, although sporadically occurring ILI may or may not be present.†

Sporadic: Sporadically (infrequently) occurring **ILI and at least one lab-confirmed influenza* case with NO outbreaks** detected within the health unit area.†

Localized: sporadically occurring **ILI and lab-confirmed influenza* together with outbreaks of ILI** in schools and work sites, or laboratory-confirmed influenza in residential institutions occurring in < 50% of the health unit . Outbreaks affect a single and/or adjacent geographic area within the health unit jurisdiction, e.g. outbreaks in a nursing home and a school in close proximity to each other.†

Widespread: sporadically occurring **ILI and lab-confirmed influenza* together with outbreaks of ILI** in schools and work sites, or laboratory-confirmed influenza in residential institutions occurring in > 50% of the health unit. Outbreaks affect multiple and non-adjacent geographic areas within the health unit jurisdiction, such as two or more regions of the health unit, two or more municipalities, two or more electoral wards, etc.†

* Confirmation of influenza within the surveillance region at any time within the prior week

† Sub-regions within the province or territory as defined by the provincial/territorial epidemiologist

Influenza-Like Illness (ILI) Definitions:

A) ILI in the general population:

Acute onset of respiratory illness with fever and cough and with one or more of the following - sore throat, arthralgia, myalgia, or prostration which could be due to influenza virus. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

B) ILI/Influenza outbreaks:

Schools and work sites: greater than 10% absenteeism on any day, most likely due to ILI.

Residential institutions: two or more cases of ILI within a seven-day period, **including at least one laboratory confirmed case.**

Influenza Surveillance Weeks 2007-2008 and date of submission of Appendix C

WEEKS	START	END	Appendix C Submission to MOHLTC
WK2	6-Jan-08	12-Jan-08	15-Jan-08
WK3	13-Jan-08	19-Jan-08	22-Jan-08
WK4	20-Jan-08	26-Jan-08	29-Jan-08
WK5	27-Jan-08	2-Feb-08	5-Feb-08
WK6	3-Feb-08	9-Feb-08	12-Feb-08
WK7	10-Feb-08	16-Feb-08	19-Feb-08
WK8	17-Feb-08	23-Feb-08	26-Feb-08
WK9	24-Feb-08	1-Mar-08	4-Mar-08
WK10	2-Mar-08	8-Mar-08	11-Mar-08
WK11	9-Mar-08	15-Mar-08	18-Mar-08
WK12	16-Mar-08	22-Mar-08	25-Mar-08
WK13	23-Mar-08	29-Mar-08	1-Apr-08
WK14	30-Mar-08	5-Apr-08	8-Apr-08
WK15	6-Apr-08	12-Apr-08	15-Apr-08
WK16	13-Apr-08	19-Apr-08	22-Apr-08
WK17	20-Apr-08	26-Apr-08	29-Apr-08
WK18	27-Apr-08	3-May-08	6-May-08
WK19	4-May-08	10-May-08	13-May-08
WK20	11-May-08	17-May-08	20-May-08
WK21	18-May-08	24-May-08	27-May-08
WK22	25-May-08	31-May-08	3-Jun-08
WK23	1-Jun-08	7-Jun-08	10-Jun-08
WK24	8-Jun-08	14-Jun-08	17-Jun-08
WK25	15-Jun-08	21-Jun-08	24-Jun-08
WK26	22-Jun-08	28-Jun-08	1-Jul-08
WK27	29-Jun-08	5-Jul-08	8-Jul-08
WK28	6-Jul-08	12-Jul-08	15-Jul-08
WK29	13-Jul-08	19-Jul-08	22-Jul-08
WK30	20-Jul-08	26-Jul-08	29-Jul-08
WK31	27-Jul-08	2-Aug-08	5-Aug-08
WK32	3-Aug-08	9-Aug-08	12-Aug-08
WK33	10-Aug-08	16-Aug-08	19-Aug-08
WK34	17-Aug-08	23-Aug-08	26-Aug-08
WK35	24-Aug-08	30-Aug-08	2-Sep-08