



CAT TALES

Spring-Summer 2003 Issue

In This Issue

The Facts About West Nile Virus

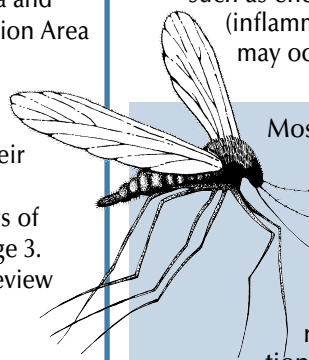
Spring is finally here and summer is just around the corner! Read all about spring and summer activities and programs and catch up on what happened over the winter.

- West Nile Virus is a hot topic these days. Don't panic! Get the facts on pages 1 and 3.
- In keeping with our season, our Creature Feature is the Spring Peeper. Read all about this tiny tree frog on page 2.
- Dollars and cents are important to everyone. Find out more about the CRCA's year-end financial situation on page 2.
- Water is essential for all life and a big part of the CRCA's programs. Water articles can be found on pages 3, 4, 5 and 8.
- Groundwater and the water cycle are featured on page 4. Dealing with drought conditions and water conservation tips are on page 5.
- The latest news from Mac Johnson Wildlife Area is on page 10. Winter activities at Mac Johnson Wildlife Area and Little Cataraqui Creek Conservation Area are reviewed on page 8.
- The Cataraqui Conservation Foundation thanks their Forever Summer donors and presents their spring activities on page 11.
- Have we gone crazy after 20 years of Maple Madness? Find out on page 3.
- Why do we have development review fees? See page 9.
- Plus lots to do this summer. See What's Happening on pages 6 and 7, Summer in our Conservation Areas on page 9 and sign up for day camp on page 12.

With all the media attention, most people are aware that the West Nile Virus has made it to Canada, but many do not know the specifics of the virus. What is it? What are the risks? What can be done?

The virus was named after the West Nile region of Uganda, where the virus first appeared in 1937. In 1999, it appeared in the United States for the first time, and in the summer of 2001 was discovered in birds in southwestern Ontario. The West Nile Virus (WNV) is a mosquito-borne virus; only seven of 57 species of mosquitoes found in Ontario are potential carriers of the virus. Those mosquitoes that do carry the virus typically feed upon birds; however, when food resources are limited they will bite humans.

Many people can be infected with the disease and show no symptoms at all, to these people the virus is harmless. In a small number of cases flu-like symptoms, such as fever, frontal headache, muscle aches and, occasionally, swollen lymph nodes and skin rash may occur. Reaction to the virus usually occurs within three to 15 days of being bitten by an infected mosquito. In rare cases, serious illness such as encephalitis (inflammation of the brain) or meningitis (inflammation of the lining of the brain and spinal cord) may occur. **Continued on page 3**



Mosquito season usually occurs May through September of each year depending upon climatic conditions. During this period it is important to help reduce mosquito populations within your yard. The mosquitoes that carry the virus rely upon small stagnant pools of water in order to lay their eggs. The following recommendations will help to minimize

exposure and will reduce mosquito populations around your property.

- Try to avoid outdoor activities from dusk to dawn
- Wear light coloured clothing
- Wear long sleeve shirts and long pants in the evening and early morning
- Do not allow water to stand for more than 4 days by doing the following:
 - Recycle/dispose of old tires, plastic containers and paint cans

Disposing of old tires and changing water in your bird bath frequently will help to eliminate some common sources of mosquito-breeding areas in your backyard.



Photo Credit - Oklahoma State University - Division of Agricultural Science and Natural Resources Web Site (www.ento.okstate.edu)

- Drain water regularly from flower pots, window boxes, planters, and swimming pool covers
- Make sure eavestroughs drain properly
- Change water in bird baths at least once a week
- Drill holes in the bottoms of recycling and trash containers and children's tire swings and
- Turn over wheelbarrows, canoes, and plastic wading pools to drain standing water.



Cataraqui Region
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Creature Feature

The Spring Peeper - (*Hyla crucifier*)

As the sun begins to set on warmer April and May evenings you may hear the familiar shrill call of the tree frog commonly known as the Spring Peeper. Most people only have the opportunity to experience the Peeper by listening to it.

The Spring Peeper is a small frog; adults grow to 36 mm in length. They are light to dark brown and they have a prominent dark x-shaped marking on their back. Spring Peepers also have cross bands on their legs, a yellow groin area and toe discs which helps them to climb vegetation. Their bellies are usually white with dark freckles. The throat of the male is yellow and the female's throat is white.

You can find Spring Peepers from as far as Prince Edward Island to eastern Manitoba. Those people who are evening adventurers and keen to catch a glimpse of the

Spring Peeper will have the best luck going to pools or near marshy spots in the spring and to wooded or bushy areas in the summer.

Adults breed in the spring. Eggs are laid in open water of ephemeral or permanent ponds. A female Peeper lays 800 to 1300 cream and black or brown eggs. The eggs take approximately five to 15 days to hatch. The eggs hatch into tadpoles that feed from submerged water vegetation. The tadpoles transform in July into a very small Spring Peeper. Peepers spend three to four years before reaching maturity to continue the breeding process.

Spring Peepers have three potential types of enemies: animals, humans, and the weather. Peepers have to watch out for fish, salamanders, birds and squirrels, which find them a tasty spring or summer treat. Humans can harm Peepers through habitat destruction and/or pesticide

use. Drastic changes in the weather can harm Peepers during breeding time and in the fall when they are ready to hibernate.

Spring Peepers have an amazing way of hibernating, which is similar to the Wood Frog. When the weather becomes cold enough in the fall, they will find a place in the forest to burrow under leaves and soil. Spring Peepers have glycol in their blood which is similar to anti-freeze. This allows the Peeper to literally become a "frogsicle". Changes in the weather can disturb a Peeper's hibernation. From the shrill calls in the spring to the amazing winter sleep, Spring Peepers are incredible creatures worth getting to know more about.

Be sure to get outside and enjoy an evening walk listening to our small friends, the Spring Peeper. All are welcome to join us at Little Cataraqi Creek Conservation Area for our **Frog Night Hike on Friday, May 9**. Hikers should meet at 7:00 p.m. at the Outdoor Centre. Hope to see you there!

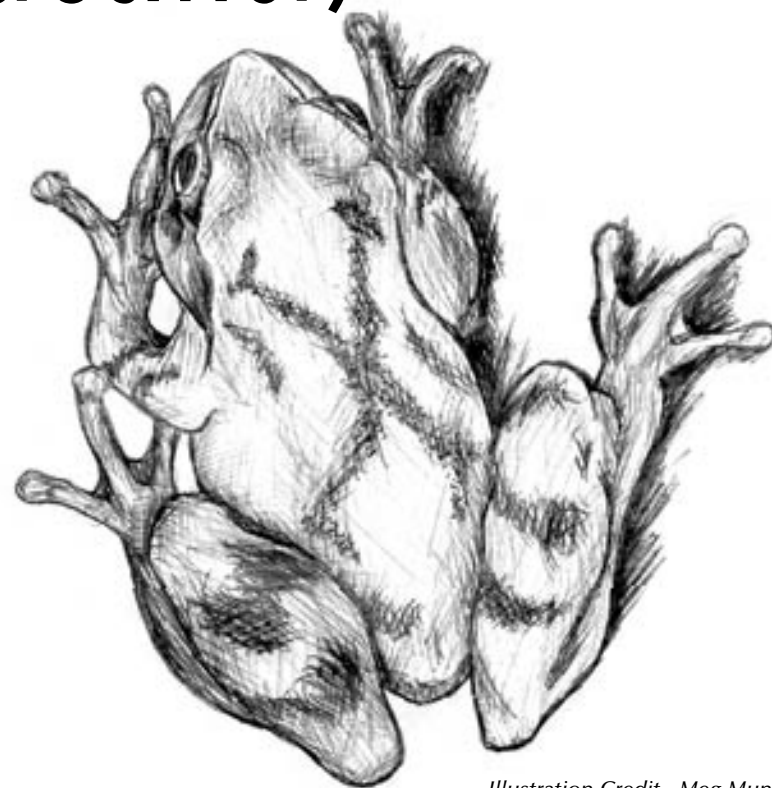


Illustration Credit - Meg Munn

The best way to identify a Spring Peeper is by the dark x-shaped marking on its back.

CAT TALES

Spring-Summer 2003 Issue

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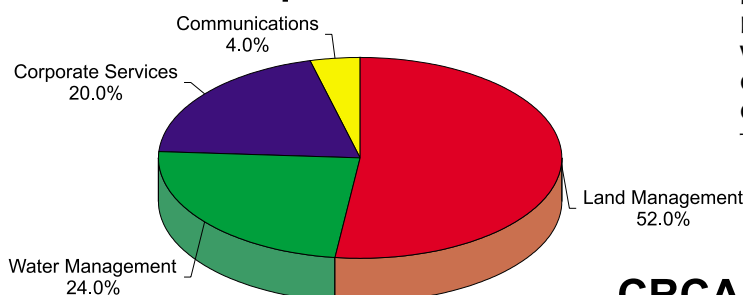


CRCA Finances in Good Shape in 2002

We're pleased to report that the CRCA ended 2002 on a positive financial note. Our audited financial statements show a small surplus. Here is a brief summary of our expenditures and revenues. Copies

of our 2002 audited financial statements are available at the CRCA Administration Office. For more information call Cheryl Rider, finance and administration coordinator, at (613) 546-4228 ext. 225.

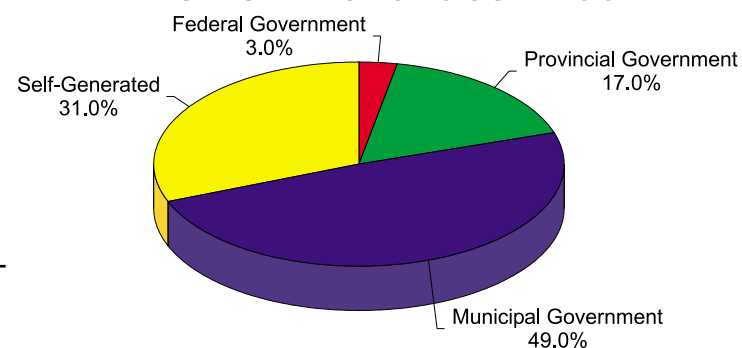
CRCA Expenditures - 2002



Expenditures	
Land Management	\$896, 187
Water Management	\$421,699
Corporate Services	\$351, 547
Communications	\$75, 415
Total	\$1,744,848

Revenues	
Federal Government	\$64,069
Provincial Government	\$300,476
Municipal Government	\$891,181
Self-Generated	\$552,354
Total	\$1,808,080

CRCA Revenues - 2002



Protect Your Drinking Water

Many of our watershed residents rely on groundwater as a source of their water supply. Concerns about the quantity and quality of the groundwater supply have prompted municipalities across the CRCA watershed to undertake groundwater studies.

The Walkerton Inquiry has resulted in a number of recommendations for municipal utilities and for protecting drinking water at the source. We would like to bring you up to date on two recent initiatives.

Walkerton Inquiry - Proposal for Source Protection Planning

Last spring, Justice O'Connor released his report on the tragedy in Walkerton. The Province has indicated it intends to follow up on the many recommendations, including applying multiple steps to provide healthy drinking water. One such step is to keep the source of drinking water clean.

Source protection planning is expected to be undertaken on a watershed basis, coordinated by conservation authorities. An announcement by the Province on the specific tasks and resources to be involved is expected this spring, but will likely build on information and programs of conservation authorities. At this time, we are still waiting to hear what our role and responsibilities will be.

Western Cataraqui Regional Groundwater Study - Additional Work Underway

Late last fall, it became clear to the study advisory committees that there were shortcomings with the data expected to be available for the study. The Ministry of Environment, which is a major supporter of the study, was requested to provide additional funding so the necessary information could be compiled from alternative sources to meet the Terms of Reference as set by the Province. In the meantime, work on the study was halted.

During the winter, the Ministry of

Environment indicated the needed funding will be provided. Work on the study has recently re-started. A description of the groundwater resource in the Greater Napanee-Loyalist-Kingston-South Frontenac area is expected to be completed in June, and public input on options to protect groundwater quantity and quality will likely be sought in the early fall of 2003.



West Nile, Greatest Impact On Birds

Continued from page 1

It is extremely rare for the disease to be fatal. Healthy individuals are at lesser risk than those persons over 50 years of age. Persons with immune deficiency have a much higher risk of severe illness. When exposed to the virus, humans develop antibodies to the virus, providing them with life long immunity (British Medical Journal September 2000).

In areas where mosquitoes carry the virus,

very few mosquitoes – less than 1 per cent – are likely to be infected. The chances of being bitten by an infected mosquito are very small. It is still important as a safety precaution to avoid exposure to mosquitoes in areas that the West Nile Virus activity has been documented.

The West Nile Virus will have the greatest impact on bird populations. Although there is a threat to humans, it is important to understand that the virus will probably continue to

exist in the environment despite controls that may be implemented. It is possible to reduce the mosquito populations through the measures mentioned above, but it is expected that the West Nile Virus will never be eradicated. Similar to Lyme disease in Southern Ontario, awareness, education and precautionary measures can limit the impact the virus has.

Further information is available through your local Health Unit's office or web site.

Maple Madness - The 20th Anniversary

This past March, the CRCA celebrated the 20th anniversary of its Maple Madness program. In the fall of 1982, the CRCA built a sugar shack, interpretive trail, storage building and

privies in the sugar maple bush at the north end of the Little Cataraqui Creek Conservation Area in Kingston. The demonstration sugar bush opened to the public and to schools in March of 1983. It has been a favourite spring destination for area residents and tourists ever since.

Our opening day highlights included the Brockville Steel Band performing at the Outdoor Centre and celebrity pancake flippers John Gerretsen, MPP, Kali Silverthorne, KRock, Terri Barach, FLY-FM, and our very own Ric Bresee, CRCA Chair. Guided tours, puppet shows, and the Sweet Water Celebration were also big hits with our visitors.

Thank you to our many volunteers who worked in the gift shop, sugar bush, sugar shack and Outdoor Centre and to our terrific staff!

John Gerretsen, Kingston and the Islands MPP, demonstrates his pancake serving technique during our Maple Madness 20th Anniversary celebrations at Little Cataraqui Creek Conservation Area.



The Brockville Steel Band helped to make our opening day a festive and fun occasion.



Kali Silverthorne (left) of K-Rock, Terri Barach of Chum Group-Kingston and Rick Knapton, CRCA, worked as a team to cook and serve pancakes on the opening day of Maple Madness.



Water Levels and Groundwater Conditions

Managing water resources is one of the key programs of the CRCA. During the spring of each year, we are kept busy monitoring stream flows and precipitation to make sure that flooding doesn't cause problems in our watershed.

Over the past two years, we have also had to monitor drought conditions. Below average precipitation levels and hot summers have resulted in lower stream flows and lower levels of groundwater. Does all of the snow we had this past winter mean that we won't have to worry about water levels this year? Unfortunately, it's not that simple. Read on and find out more.

What's the Scoop on Water Levels?

After very high stream flows and lake levels due to well above average precipitation in May 2002, the CRCA watershed again experienced a dry summer. With below average precipitation from the middle of June until December (and the driest August in 42 years of available records), stream flow levels fell steadily, and a Level II drought was declared in mid-September. Fortunately, inland lake levels stayed close to normal throughout the year due to the high spring levels; and groundwater levels, while relatively low, were not as low as the summer of 2001.

The long term Environment Canada forecast predicts above normal precipitation for the spring and summer

During the late fall, water levels appeared to be responding to increased rainfall, but a December precipitation amount of less than 50 per cent of average halted the recovery. And then it got cold.

While the Kingston area did experience a normal snowfall this winter, the temperature was not that of a typical recent winter. Generally, there are a few days of warmer weather, enough to melt some snow, interspersed with normal winter temperatures. This melted snow infiltrates into the ground and helps to keep groundwater and stream levels up over the winter months. This did not happen this year, and levels stayed well below average until the spring freshet.

Drought itself is caused by a prolonged lack of water entering the water system, while generally caused by a lack of precipita-

tion over the summer months, cold weather keeps precipitation frozen on top of the ground surface, causing the same end result.

However, in mid-March, the temperature warmed up, and we had some rain. The snow started to melt, slowly at first, but with the combination of rain, the snow melted much quicker and within a few days, the watershed had lost almost all its snow, and stream levels had peaked higher than in a normal year. The peak levels were certainly not higher than ever before, and not out of the ordinary, but were a little higher than most spring seasons.

At the time of writing, those high freshet water levels are subsiding, but it is too early yet to determine whether enough water infiltrated into the ground to speed the recovery from the drought. March has not had much rainfall, and the worry is that the drought may not yet be over. The long term Environment Canada forecast predicts above normal precipitation for the spring and summer, so here's hoping, and we can all take a rest from worrying about low water levels for a while. However, water conservation measures are always a good idea, and here's a plug for the CRCA website and its listing of Water Conservation Resources at www.cataraqueiregion.on.ca/community/news/conservationtips.htm.

How Does Snow on the Ground Become Snow in the Ground?

Ahh, spring is in the air and the snow that blanketed the Cataraqui Region for months is slowly disappearing. When I think of spring, one of the first things that comes to mind is the sound of a rushing stream as the melted snow flows into rivers and lakes, but not all melt water surges through the stream channel during the spring thaw. Some is absorbed by the ground. The slower the snow melts, the more the water is absorbed.

Once the water is absorbed, it is called groundwater and for those of us that have water wells it is a very important part of our daily lives. The route melt water takes into the ground is usually a much slower and longer process than that of the water in the stream. First, it soaks into the soil layer moving between all the tiny spaces between each soil particle; as you can imagine this could take a very long time. The force of gravity continues to pull the water downward through soil, between rocks and through fractures and other spaces in bedrock until it reaches a point where all the spaces are full (saturated)

and it cannot go any farther. This saturated area is what is referred to as the groundwater table and is the beginning of the aquifer. Our water cycle illustration on this page illustrates this very well. If you take a measurement of how far down your well the water is, you would be measuring the depth to the water table. It may seem that this is the end of the line for the groundwater until it is pumped out of the ground to wash your dishes or to do the laundry, but this is certainly not the case.

Much like streams, groundwater flows from higher to lower areas. If the elevation of the groundwater you use at home is higher than your neighbours, your water will flow down under their yard and could even enter their well. This is one of the reasons it is important to take precautions to make sure you are not contaminating the groundwater by, for example, not properly maintaining your septic system.

Streams are usually located in valleys

(low areas) and since groundwater continues to be pulled by gravity some eventually travels through the ground and seeps out of the soil to again see the light of day. The groundwater that makes the transition to become water in a stream or surface water is very important because it provides a continuous supply of water even when there is no precipitation. This replenishment makes it possible for fish, aquatic plants, and insects to survive. However, if there is no precipitation for a very long time (drought) the groundwater levels are also affected and it may mean that there is not enough groundwater to feed the streams. Although water conservation should be practiced at all times it is of particular importance during times of drought.

To find out more about how you can protect or conserve groundwater, contact the Cataraqui Region Conservation Authority or your local Health Unit.

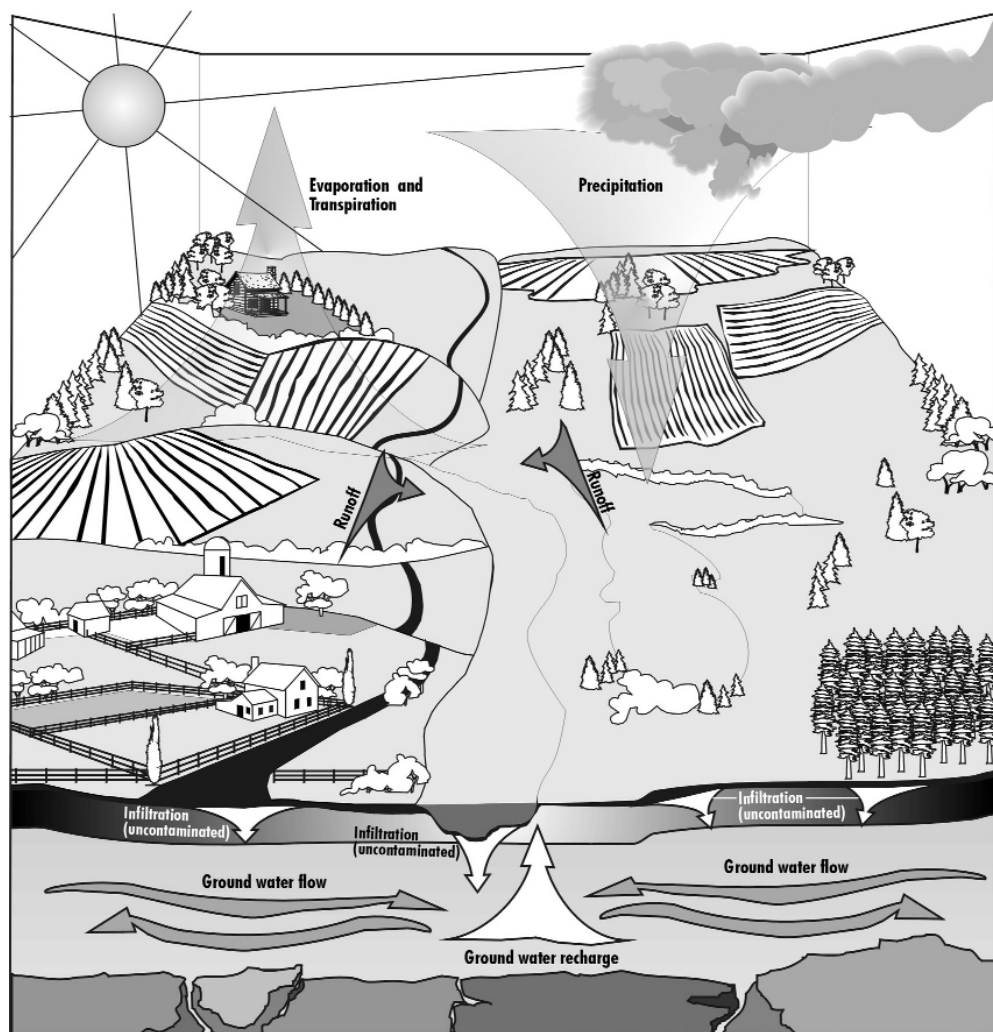


Illustration Credit - Meg Munro

Precipitation, evaporation, surface water and groundwater are all important components of the water cycle (shown above).



Dealing With Drought Conditions

Traditionally, Conservation Authorities have dealt with high water conditions or flooding. Much of the focus of our activities has been on preventing development in flood-susceptible areas or on correcting existing flooding problems. For the past few years, we have been dealing with the opposite situation — not enough water.

In 2000, the provincial government created the Ontario Low Water Response document. This document was created as a result of the low water levels of 1998 and 1999 and a realization that no one was keeping an eye on low water levels in the Province. The document directed that Water Response Teams be formed on a watershed basis, be spearheaded by the local Conservation Authority, and be made up of a variety of local water users, and managers. The CRCA Water Response Team (WRT) was formed in August 2001, and has been meeting regularly ever since.

Who are the Water Response Team Members?

The WRT is made up of representatives from local municipalities, provincial ministries, federal departments, health units, school boards, water managers, as well as consumers and others with an interest in water such as cottagers, farmers and golf

course operators.

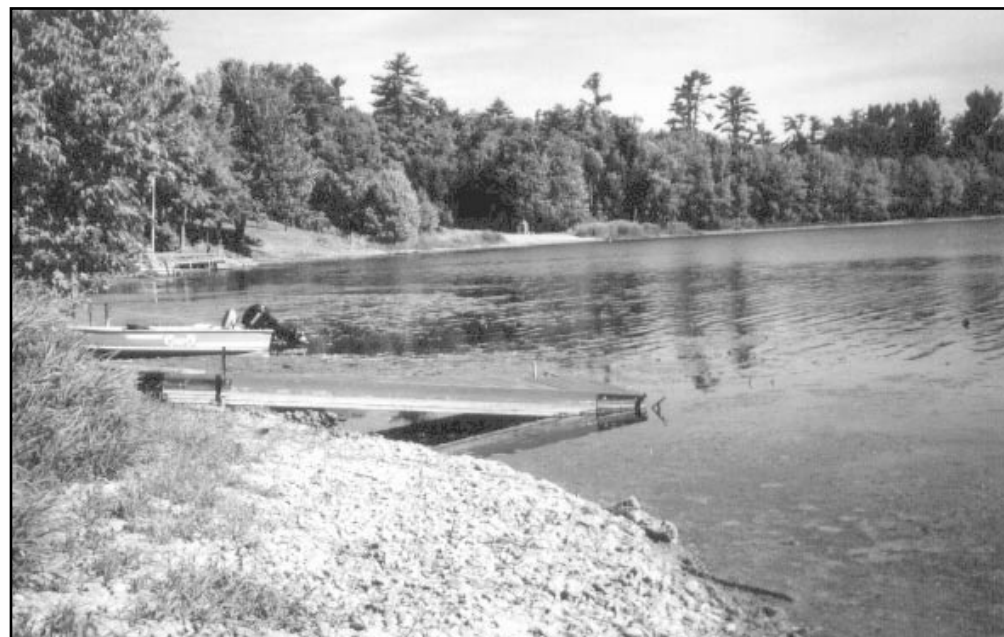
What Does the Water Response Team Do?

The WRT evaluates current data on precipitation and streamflow conditions in the CRCA watershed to determine the severity of the drought situation. They then develop strategies that are tailor-made to suit local needs. The WRT uses a combination of provincial and local legislation, communication techniques and local tools to advocate for water conservation. In cases of extreme drought, the WRT ensures that key local and provincial decision-makers participate actively in the process to make sure that water allocation decisions are understood, supported and enforced.

Levels of Drought

There are three levels of drought, with Level I being the least severe and Level III being the most severe. These levels are based on a combination of precipitation and streamflow data as compared to the normal levels for that time of the year. For example, for a Level I drought to be declared in the spring, we would need to have:

- precipitation levels at less than 80 per cent of average precipitation, and



For the past two summers, the drought has caused low water levels in area lakes, rivers and streams.

- the monthly streamflows at less than 100 per cent of the lowest average summer month flow.

Will There Be a Drought This Summer?

At this point, it's very hard to predict, but it's always good to be prepared. The CRCA

is constantly monitoring water levels. It's one of our regular responsibilities. If we anticipate a drought situation, the Water Response Team will then determine the best local course of action. Meanwhile, it's always a good idea to practice water conservation. It's a precious natural resource that we don't want to waste.

Water Conservation Tips

What You Can Do

There are many things that we can all do to conserve water at home. If you are on a municipal water supply, conserving water also saves you money. If you have your own well, you may already have water conservation measures in place. Here are some suggestions for conserving water around the home.

In the Yard

- Don't water your lawn. A healthy lawn will survive a dry period by going dormant.
- If you must water your lawn, it is better to water once a week, using only 25mm (1 inch) of water. Measure the amount of water your lawn is receiving by placing a small can, like an empty tuna can, on the lawn to collect water. Use a ruler to measure the amount accumulated.
- Do not over water. The soil cannot store excess water to be used later. Proper watering encourages deep root growth, which makes lawns and gardens healthier and better able to survive dry periods.
- Do your watering early in the morning or late at night to reduce evaporation from the sun. Watering during the middle of the day is a waste.

- Use a broom, instead of a hose, to sweep sidewalks and driveways.

In the House

- Check all taps, toilets and other household appliances regularly for leaks.
- Use aerators or flow reducers on taps.
- Never leave the water running while washing the dishes or cleaning vegetables. Partially fill the sink with water instead.
- Store bottles of drinking water in the fridge instead of running the tap for cold water.
- Have short showers rather than baths. Use low flow shower heads.
- Don't leave the water running while brushing your teeth or shaving.
- Flushing the toilet uses a lot of water. If you are renovating your bathroom, consider replacing your toilet with a low flow model.

For more information about water conservation and links to other resources, please visit our web site at www.cataquairegion.on.ca/community/news/conservationtips.htm.



CAT TALES What's Happening 2003

Spring wildflowers and pussywillows give way to warm summer breezes enjoyed under shady trees. That's what you'll find at our conservation areas in the spring and summer. Hike the trails at Gould Lake, Lemoine Point, Little Cataraqui Creek or Parrott's Bay Conservation Areas. Cycle the Cataraqui Trail. Birdwatch at Mac Johnson Wildlife Area. Cool off with a refreshing swim at Lyn Valley, Lemoine Point or Gould Lake Conservation Areas. Want more information about our conservation areas? Call our office or visit our web site at www.cataraquiregion.on.ca.



Entry Fees
Gould Lake and Little Cataraqui Creek Conservation Areas daily entry fee:
• \$4.00 per person for adults and children over 12;
• \$2.00 per person for children 12 and under;
• Maximum fee of \$10.00 per car.

If you're a frequent visitor, a \$50.00 annual vehicle pass provides you with unlimited opportunities to enjoy our facilities. It's a great value!

During the months



of July and August, entry fees to Little Cataraqui Creek Conservation Area are reduced to \$3.00 per car.

All other conservation areas and boat ramps have donation boxes. Please make a contribution each time you visit.

Some of our programs have additional fees and require advance tickets or registration.

Hours of Operation Conservation Areas

• 7:30 a.m. to dusk daily

Little Cataraqui Creek Outdoor Centre

• 8:30 a.m. to 4:30 p.m. Monday to Friday
• 9:00 a.m. to 5:00 p.m. on weekends until May 5
• Closed weekends until September except by special arrangement.

Programs and Special Events

We've got great programs and events this spring and summer at your local conservation areas. Programs and events take place at Little Cataraqui Creek Conservation Area, except where noted.

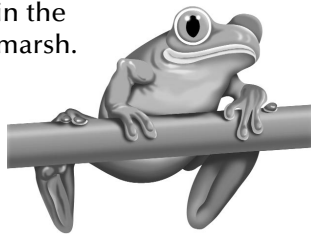
General information about upcoming programs and events is available 24 hours a day from our information hotline at 546-4228 ext. 500 or on our web site at www.cataraquiregion.on.ca.



Frog Night Hike

Friday, May 9
(7:00 P.M.)

Join us for our much awaited evening frog calls night adventure. We'll be learning basic frog calls and identification of those calls. We'll try to see how many different frog species we can hear. You'll learn some neat stories about frog adaptations and life in the marsh.



Brown Bag Seniors' Program

Shore Lunch and Hike
Thursday, May 15
(10:00 A.M.)

Meet at 10:00 A.M. at Kingslake Plaza to car-pool out to Loughborough Lake Inn, Battersea Road, just past the village. Back by popular request, we are doing the shore lunch with Larry. The cost is \$10.00 per person. Dress for the weather. Bring bug repellent, sunscreen and water to drink.



Brown Bag Seniors' Program

Summer Hike
Thursday, June 19
(10:30 A.M.)

Please meet in south parking lot off Front

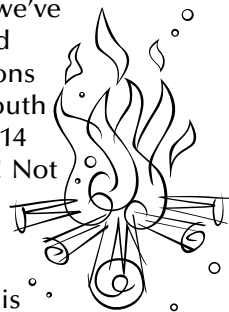
Road at Lemoine Point.

Look for and photograph early summer flowers. Bring lunch, cameras, sunscreen, insect repellent and water to drink. Dress for the weather.



Summer Day Camps

Our summer day camps are back and they're better than ever! Children aged 6 to 11 will enjoy our Outdoor Adventure Camp. Youth aged 12 to 14 can experience an overnight excursion on our Wilderness Backpacking Experience. Plus this year we've added sessions for youth aged 14 to 16! Not sure if your child is



ready for a camping experience? Try our Family Backpacking Camp. It's a great way to try out backpacking without a big time commitment.

Home base for all of our camps is the Outdoor Centre at Little Cataraqui Creek Conservation Area.

Outdoor Adventure Camp

Ages 6 to 11
Weekly from July 7 to August 22

8:30 A.M. to 4:30 P.M.

Cost is \$135 per week per child.

Have a great summer learning about nature and outdoor skills with our enthusiastic and qualified instructors. Each day will be filled with



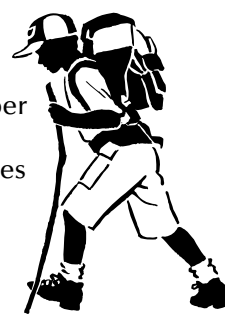
adventures, games and learning new skills in fun and experiential ways. The camp includes a day-long field trip to Gould Lake Conservation Area to swim and explore the wilderness.

Transportation to and from Victoria Park is available at an additional charge of \$10.00 per week. Before and after care is available at the Outdoor Centre for an additional charge of \$25.00 per week. Space is limited to 24 campers per session.

Wilderness Backpacking Experience

Ages 12 to 14 - July 14 to 18; July 28 to August 1;
August 18 to 22
Ages 14 to 16 - July 21 to 25; August 11 to 15

Cost is \$225 per week per person (includes most equipment). New



this year are two sessions for 14 to 16 year olds! This camp includes a four-day and three-night backpacking trip in Frontenac Provincial Park. It's a great way to learn camping, hiking and outdoor tripping skills. The fees include transportation, entrance and camping fees, all meals and snacks during the backpacking trip and most of the outdoor gear. Space is limited to 8 campers per session.



Family Backpacking Camp

Ages 10 to 12 (plus parents)
Two sessions - July 7 & 8; July 10 & 11
New this year!

Cost is \$70 per child and \$20 per parent.

Looking for a family adventure? This 2-day, 1-night backpacking adventure might be just what you're looking for! This is a great opportunity for children aged 10 to 12 and a parent to acquire hands-on backpacking skills. Our emphasis is on conservation, low-impact camping and connecting to nature. The overnight portion of this camp will be at Frontenac,



What's Happening 2003

Charleston Lake or Murphy's Point Provincial Park. Space is limited to 6 children and 6 parents per session.

Canoe, Kayak and Pedal Boat Rentals

This summer you can rent canoes, kayaks and pedal boats at two of our conservation areas. Explore the cool clear waters at Gould Lake Conservation Area or the reservoir and wetlands at Little Cataraqui Creek



Conservation Area.

Gould Lake Conservation Area

May 17 to September 1

Open Wednesday to Sunday and all Statutory Holidays from 9:00 A.M. to Dusk

Closed Wednesday, May 21 and Wednesday, August 6

Canoe, kayak or pedal boats are available for use at Gould Lake Conservation Area. Rental rates are as follows:

- Minimum 1 hour - \$7.00
- 2 hours - \$13.00



- 3 hours - \$18.00
 - 4 hours - \$22.00
 - After 4 hours - \$29.00
- Rentals include paddles, lifejackets and safety kits.

Little Cataraqui Creek Conservation Area

May 20 to August 29

Open Monday to Friday from 8:30 A.M. to 4:30 P.M.

Boat rentals are available at the CRCA Administration Office during normal office hours.

Rates are the same as for Gould Lake Conservation Area.



Mac Johnson Wildlife Area

Enjoy a quiet nature hike, watch the birds or have a picnic at Mac Johnson Wildlife Area. Located on the outskirts of Brockville, it's a great place to get away from it all.

Friends of Mac Johnson Wildlife Area Spring Open House

Sunday, May 4

Noon to 3:00 P.M.

Celebrate spring with the Friends of Mac Johnson Wildlife Area at their annual spring open house. There will be guided hikes, a special

presentation, activities for the kids and lots more. Come out, meet the Friends and get to know this beautiful natural area.

Environmental Connections Outdoor Education Day Camp

Ages 7 to 11

Weekly from August 11 to 22

Cost is \$125 per week per child.

Give your child a wonderful outdoor experience this summer at Mac Johnson Wildlife



Area. Learn about nature and habitats while playing games and doing crafts at this week-long day camp.

The camp also includes a field trip. Register at the 1000 Islands Mall on May 24 from 9:30 A.M. to 4:00 P.M. or call Shelley Gallagher at (613) 498-2894.

Need maps, registration forms or brochures?

Call the CRCA office at (613) 546-4228 ext. 221 or visit our web site at www.cataraquiregion.on.ca.



Enjoy Summer in Your Local Conservation Areas

Gould Lake

North of Sydenham - on Gould Lake

- 1455 acres of wilderness
- hiking trails and picnic areas
- beach and great swimming
- canoe, kayak and pedal boat rentals

Lemoine Point

Kingston - on Collins Bay, enter off Coverdale Rd. or Front Rd.

- 337 acres of woods and fields, with a spectacular waterfront
- hiking trails, swimming and picnic areas

Little Cataraqui Creek

Kingston - 2 km north of Hwy. 401 on Division St. (Perth Rd.)

- 975 acres of forests, fields and wetlands
- hiking trails and picnic areas
- summer day camps
- canoe, kayak and pedal boat rentals

Lyn Valley

Lyn - on Lyn Valley Rd.

- 27 acres in former gravel pit
- beach and great swimming
- picnic area

Mac Johnson Wildlife Area

Brockville - Debruge Rd. 2 km east of Tincap

- 1314 acres of wetland, forest and fields
- hiking trails and picnic areas
- canoe access
- Trumpeter Swan compound

Parrott's Bay

West of Amherstview - enter off Taylor-Kidd Blvd. or Hwy. 33

- 186 acres of forest, marsh and fields
- hiking trails

A Successful Winter in our Conservation Areas

Not everyone enjoys a snowy, cold winter like the one we just had, but it makes for very successful winter recreation activities in our conservation areas! Cross-country skiers took advantage of a long season with lots of snow. Skaters at Mac Johnson Wildlife Area in Brockville and Little Cataraqui Creek Conservation Area also had great ice conditions, with

very few warm days.

Winter Activities at Mac Johnson Wildlife Area

On **January 25**, the CRCA and the Friends of Mac Johnson Wildlife Area hosted our first-ever **Winter Fun Day** complete with dogsled racing, Inuit winter games, skating, skiing, snow shoe rentals, and a barbecue. The biggest attraction was the dog sled races. Twenty-two teams from all over eastern Ontario raced around the trails at the Wildlife Area.

The event was a big success! The weather cooperated until late in the day, when it began to snow. Over 600 visitors raised over \$1000 for the continuation of the Trumpeter Swan Reintroduction program. Many thanks to the mushers, volunteers and sponsors who helped make the day a great success. Special thanks go to Lesley Rusk and her volunteers for taking care of the food; the Girl Guides and Pathfinders for staffing the gate; and Darryl and John from Coneen Water and Sewer for all of their help in getting things ready. Let's do it again next year!



Lesley Rusk (left) helped to feed hungry mushers and visitors at the Winter Fun Day held at Mac Johnson Wildlife Area.



This father and son dog sled team from Cornwall enjoyed racing at the MJWA Winter Fun Day.

The winter weekend hosting program in January and February by the Friends of MJWA was very successful, with ideal conditions (except some very cold days). The Friends provided hot drinks and warm conversation to skaters and skiers at the area. The service was much appreciated by visitors to the area.

A Great Winter Season at Little Cataraqui Creek Conservation Area

Although the final figures aren't in yet, attendance was up and revenues were also

up for the winter season at Little Cataraqui Creek. CRCA staff were kept very busy plowing snow, grooming trails and clearing and flooding the ice. Great job, guys!

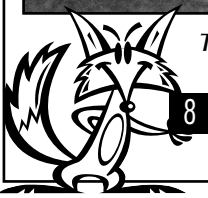
Our winter was so long this year, that our winter and Maple Madness programs were running at the same time. It was great for our visitors. It's not very often that you can ski out to the sugar bush and fill up on pancakes.

A big thank you to the Canadian Ski Patrol for their help with patrolling our trails and our rink.

Memorial Donation in Honour of a Bird Lover



The Cataraqui Region Conservation Authority would like to thank Mr. Len Hart of Kingston for his generous donation to Little Cataraqui Creek Conservation Area. Mr. Hart made the donation in memory of his late wife, Elizabeth Heald. She enjoyed visiting Little Cataraqui Creek and especially enjoyed feeding the chickadees!



New Grant Program Will Help Rural Residents Improve Water Quality

More money is now available for rural residents in Loyalist Township, South Frontenac Township and the Town of Greater Napanee to complete projects to protect and improve water quality. This grant program is called the Rural Water Improvement Project (RWIP) and is the result of the Wilton Creek Association's (WCA) perseverance to obtain funds to make a difference in the Wilton Creek watershed and beyond. Preference will be given to applications for projects within the Wilton Creek watershed, but anyone in the three municipalities can apply.

The CRCA is delivering this project for the Wilton Creek Association. Funding for this project is from the Ontario Ministry of Agriculture and Food under the Healthy Futures for Ontario Agriculture program, the three municipalities and the WCA. The project runs until December 2003.

Completing nutrient management plans, constructing milkhouse effluent treatment



Livestock fencing helps to prevent water quality problems along this creek system.

systems, diverting clean water away from contaminated areas and building retention ponds for livestock watering are projects that are eligible for grant. The grant rate for all projects is 50 per cent and some grant caps and restrictions apply, so before you plan your project find out more by calling Holly Evans at (613) 546-4228 ext. 244.

What's Up at Lemoine Point Conservation Area?

A variety of trails and wide vistas await you throughout the 337 acres at the Lemoine Point Conservation Area. The Conservation Area has spectacular

views of Lake Ontario, forests and open field areas. It's a great place for a quiet walk or a family outing. Lemoine Point is lucky to have a group of

dedicated volunteers to help take care of this important community facility. The Friends of Lemoine Point have initiated a number of projects to help preserve the

beauty of this unique place and to help restore forests and shrubs. There are several work days coming up this spring. The public is welcome to come out and lend a hand.

- Heritage Forest Planting - **Saturday, May 10** at 9:00 a.m.
- Garlic Mustard Weed Removal - **Saturday, May 31** at 9:00 a.m.
- Red Oak Seedling Plantings - **Tuesday, April 29** and **Saturday, May 3** at 9:00 a.m.
- Spring Clean-up Day - **Saturday, June 7** at 9:00 a.m.

The Friends are currently working on another long-term project called *Access Lemoine Point*. The purpose of the project is to improve access for people with mobility problems or reduced stamina. Trail surface improvements and modifications to the washrooms and picnic areas are all part of the long term plan.

We invite you to join us. Membership fee is \$15 per household. Membership brochures are available at the north and south parking lots at Lemoine Point Conservation Area, at the CRCA administration office and the Little Cataraqui Creek Conservation Area Outdoor Centre. Phone messages and inquiries can be left at the CRCA number (613) 546-4228 ext 306. Hope to hear from you!

Development Review and CRCA Fees

If you own waterfront property within the CRCA watershed, and have recently applied for a severance or a permit to build an addition onto your home, then you have probably been informed that you will have to pay an application fee to the CRCA. After paying a fee to your municipality, you may now be wondering why you must pay a fee for the CRCA as well.

The application fees paid to the municipality cover the expenses for municipal staff to review your application, while the fees paid to the CRCA cover the costs for the time spent for our staff to review the proposal. These costs include our staff time and vehicle expenses to review your application and visit the site.

Previously, our costs were covered by provincial grants and municipal levies. But with provincial grants disappearing and pressures to keep municipal levies low, Conservation Authorities, like many other organizations, have introduced user fees.

What do Conservation Authority staff look at when reviewing your application? Under the Ontario Planning Act and the Provincial Policy Statement, Conservation Authorities are responsible for ensuring that proposed development will not be subject to natural hazards. These hazards include flooding, erosion, wave uprush and dynamic beaches. When looking at a proposed devel-

opment, staff analyse whether the development may be subject to flooding and erosion hazards. Staff from the CRCA consider these elements, among others, when reviewing development applications.

Some of the other issues CRCA staff consider are natural heritage matters such as wildlife habitat, endangered species and surface water quality issues. All development, no matter how small, has the potential to have a serious impact on any or all of these things, and CRCA staff assist the municipalities in ensuring that development only takes place in those areas which can support it.

After looking at all of these matters, we provide written recommendations to the municipalities about proposed developments. The municipal committee of adjustment and/or council then consider our comments and recommendations when deciding whether or not to approve a development and what conditions should be imposed.

The time spent by CRCA staff in reviewing applications varies, and we have established our fees based on cost recovery for time spent by staff to carry out our review. If you have any questions about development review fees, please call Andrew Marshall, environmental planner at (613) 546-4228 extension 236.

Summer in our Conservation Areas

We are expecting a great and busy summer at our various conservation properties. Come out and enjoy a walk or a swim at one of our large conservation areas or just relax, enjoy nature or fish. Enjoy a bike ride along the Cataraqui Trail or rent a canoe or kayak at the Gould Lake and Little Cataraqui Creek Conservation Areas. You can also enjoy a large number of lakes within the area by taking advantage of our various boat ramps and water access points. There is something on any of our properties for everyone to enjoy. For the locations of our conservation areas and boat ramps, activities and permitted uses please check our web site at www.cataraquiregion.on.ca/lands/index.htm.

The following regulations apply to all CRCA properties:

- Unless otherwise posted, the properties are closed from dusk till dawn. This officially means one half hour after sunset and one half hour before sunrise. (The major newspapers quote the official sunset and



This summer, you can rent canoes, kayaks and pedal boats at Gould Lake and Little Cataraqui Creek Conservation Areas.

sunrise times for the southeastern part of the province.)

- Fires are allowed only in the barbecues or fire pits provided. Fires will be canceled

in the event of a fire ban notification by the local municipality.

- Dogs and other pets must be kept on a leash no more than two metres in length.

- No alcoholic beverages are permitted.
 - Do not injure, damage, disturb or remove any structure, rock, plant, animal or other property living or dead.
 - Camping and overnight parking are not permitted on any of our properties.
- A copy of the complete regulations is available from the CRCA Administration Office.

Planning an Event?

For bookings of our facilities, including the Little Cataraqui Creek Outdoor Centre, the Mac Johnson Wildlife Area Nature Centre, picnic areas, special use areas, fire pits, please call the CRCA at (613)546-4228 ext. 222.

Row, Row, Row Your Boat

Canoe, kayak and pedal boat rentals are available at the Gould Lake and Little Cataraqui Creek Conservation Areas between Victoria Day and Labour Day. For more details, turn to our What's Happening pages in this issue or call our office at (613) 546-4228 ext. 221.



News from Mac Johnson Wildlife Area

After the long, cold winter, CRCA staff and the Friends of Mac Johnson Wildlife Area are gearing up for an active spring and summer with many projects and activities planned.

The Friends will be having a Trail Cleanup Day in early May to inspect all trails, repaint any deteriorating or damaged trail signs, and remove vines from the new fencing along Centennial Road.

The **Annual Spring Open House** was held on **Sunday, May 4**. Activities included a children's program, hikes and a barbecue. The guest speaker was Tom Beaubiah, CRCA biologist, speaking about West Nile Virus.

Community Watch Signs

The O.P.P., Brockville Police Services, State Farm Insurance, City of Brockville, Township of Elizabethtown-Kitley, the Friends of Mac Johnson and the CRCA have joined forces to erect Community Watch signs throughout the Wildlife Area. The signs are a continuation of the Community Watch program initiated in spring of 2002.

The signs which have the message "See a Crime Call 9-1-1" have been installed at all the major entrances to the Wildlife Area. A sign unveiling ceremony was held on April

24, with all the sponsors participating. Thank you to State Farm Insurance, both municipalities, both police forces and the Friends for their donations of time, money and materials to put these signs in place. The Community Watch program has helped to dramatically reduce vandalism problems in the area.

Observation Dock Extension

An observation dock extension funded by the Community Fisheries and Wildlife Improvement Program (CFWIP) and our local Friends group is to be constructed this spring by St. Mary Catholic High School students. The students will be involved in the design and construction of the dock. This new dock extension will help stabilize the existing dock while allowing improved wildlife viewing.

Pump House Repair

The old pump house, which supplies water to the Nature Centre and the main washrooms, has deteriorated to the point where a complete overhaul is required. Capital funds have been allocated to repair and/or replace the existing structure, plumbing and electrical wiring. This project is scheduled to begin sometime this summer. Coneen Water and Sewer has



All of the partners in the Community Watch sign program participated in the sign unveiling held at Mac Johnson Wildlife Area in April. From left to right - Inspector Jeroen Meinen, Leeds OPP; Councillor John Johnston, Township of Elizabethtown-Kitley; Rick Beer, State Farm Insurance; Mayor Ben TeKamp, City of Brockville; Chief Barry King, Brockville City Police; Don Wright, Friends of Mac Johnson; John Conley, CRCA

offered to supply excavation equipment and an operator to perform the necessary digging.

Trumpeter Swans

The trumpeter swan population at the MJWA is still 13, as all the swans made it through a relatively cold winter. A second

ice-away machine was needed to maintain an open water area, which is essential for their survival.

A special thanks is in order to CFWIP for providing swan feed and feed storage containers. Keep your fingers crossed and let's hope Milli and Mac have some cygnets this spring!

CRCA Education Programs

Since 1981, the CRCA has provided conservation education programs to area schools. Our programs are geared to the season, the grade level of the student participating and, of course, to the school curriculum.

We just wrapped up our Warm Up to Winter and Maple Madness education programs at Little Cataraqui Creek Conservation Area and are getting ready for our Spring Fever programs. Because of so many cold days this past winter, we had a lot of cancellations and re-scheduling. Those who braved the elements were treated to a winter wonderland with great skiing, snowshoeing and winter tracking conditions!

Our Maple Madness school programs were a big hit again this year. Even though the sap run was not spectacular, Stana, Angela, Peter and their crew of teacher candidates made the trip to the sugar bush a memorable experience for all the students who attended.

Spring programs are booking up quickly. Call now to book your school trip for a wetland, insect, bird, plant, weather, map-



We had a great cross-country ski season this past winter at Little Cataraqui Creek Conservation Area. Many schools included ski lessons as part of their conservation education programs.

ping or one of the many other programs we offer. Visit our web site for more details or call Stana Luxford at (613) 546-4228 ext. 251.

Cataraqui Conservation Foundation to Help Environmental Connections

Brockville-based Environmental Connections can breathe a sigh of relief today. A new \$3000 insurance premium was threatening to destroy the seven year old outdoor education program, but efforts to create support for the program have not fallen on deaf ears. In January, Environmental Connections presented the Cataraqui Conservation Foundation with a partnership proposal. In return for Foundation affiliation, Environmental Connections would help the Foundation broaden its support to environmental education programs throughout the watershed. Environmental Connections has learned that board members feel very strongly about supporting the Brockville area programs.

Their actions have spoken as loudly as their words. The Foundation board of directors has decided to assist Environmental Connections with the cost

of their insurance premium, a portion of their operating costs, and transfer money donated from Brockville's *Professional Investments and Dynamic: Disciplined Investment Thinking*. In total, it is a donation of over \$3,000! Environmental Connections would like to take this opportunity to thank the Board of Directors of the Cataraqui Conservation Foundation for their generous support. As a result, as many as 1500 children will be reached this year.

The Foundation has also agreed to include Environmental Connections in their yearly *Partners in Education* fundraising letter campaign. Next fall, you will be able to direct your donation to the CRCA's conservation education programs, the Environmental Connections programs or both. If you are interested in finding out more about Environmental Connections, please write to us at Enviroconnect@aol.com.



Cataraqui Conservation Foundation News

Spring Talk and Conservation Award

The Cataraqui Conservation Foundation carries on its tradition of raising funds to support conservation and education programs as we move into a productive spring. Mark your calendars for **May 8 at 7:30 p.m.** when Cameron Smith, environmental columnist and former managing editor with the Toronto Star, will speak at the Outdoor Centre at Little Cataraqui Creek Conservation Area. He will talk on the success of eastern Ontario businesses who maintain environmentally sound practices. Tickets for this wonderful presentation will be available through Foundation board members, at the CRCA offices at Little Cataraqui Creek or by e-mail at foundatn@cataraquiregion.on.ca.

The Foundation's annual Conservation Award will also be presented at this talk. The recipient of this annual award will receive a cash prize and permanent recognition on a plaque in the Outdoor Centre. For information on the award, go to www.cataraquiregion.on.ca/foundation/award.htm or call the Conservation Authority.

Our Accomplishments

The Conservation Foundation has had a productive winter. In coordination with the staff of the CRCA, the fall fundraiser, the universally enjoyed Forever Summer dance, raised over \$18,000. That's a lot of support for conservation and education programs! Thank you to all of our donors and sponsors who made this event possible. A complete listing is provided on this page.

In addition to supporting CRCA programs, the Foundation sent funds over to two outstanding teachers of outdoor education who work at the Mac Johnson Wildlife Area. Their group, Environmental Connections, takes over 1,500 students a year out into nature and inspires them to learn about and experience the outdoors.

The Foundation hosted a bake sale during Maple Madness to raise additional funds for conservation programs. Bakeries and individuals donated baked goods to fill tables and the sale went well as the lingering winter was celebrated by visitors to the sugarbush. Local artists also donated spectacularly painted wooden boxes and trivets to be sold for the fundraiser. From nature



The Cataraqui Conservation Foundation Directors shown here at their January meeting.

themes to abstract art, these were beautiful. We thank the bakers and the artists for their generosity.

Annual General Meeting

The Foundation's Annual General Meeting will be held **Tuesday, May 27 at 4:00 p.m.** at the CRCA Administration Building at Little Cataraqui Creek Conservation Area. We will enjoy swinging to the LaSalle Community

Band amidst the beauty of the conservation area. We invite all Foundation members to join us.

Membership to the Cataraqui Conservation Foundation is affordable and supports a great cause: conservation and outdoor education programs. Please see our website, www.cataraquiregion.on.ca/foundation.htm or call for information about membership.

Forever Summer Donors and Sponsors

Businesses

Ace Auto Leasing Limited • Ambassador Resort Hotel & Convention Centre • Amherstview Golf Course Ltd. • Blaney's Flowers • Camera Kingston Ltd. • Canadian Tire-Cataraqui • Canadian Tire - Kingston Centre • Casa Bella • Cataraqui Golf and Country Club • Catering by Craig • Chez Piggy Restaurant Ltd. • Classic Custom Framing • Classy But Sassy • Clearwater Designs • Collins Bay Marina Inc. • Country 96/GTO 960 • Cruickshank Construction Kingston • Curry Original • Curry Village • Diva Esthetics • Downtown Kingston! • Endangered Species • Esthetics by Grace • First Canada Inns • Fort Glass • Gananoque Inn • Garofalo Brothers Construction Ltd. • Glenburnie Grocery • Glen Lawrence Golf Club • Gordon Auctioneers & Realty Inc. • Grand Theatre • GUSTO Italian Restaurant & Bakery • Hershey Canada Inc. • Hochelaga Inn • Homestead Land Holdings Ltd. • HRC Business Centre • Hurley Fasano

Barristers & Solicitors • Jack Bowes Auto Service • Kingston Brewing Club • Kingston Expert Tees • Kingston Field Naturalists • Kingston Oasis Tanning Salon • Kingston Skating Club • Kingston Symphony Association • La Prima Vera Catering • Len Corcoran Excavating • Leon's Furniture-McKercher Bros. Ltd. • Loyalist Township • Malroz Engineering Inc. • Margann Fitzpatrick Interiors Ltd. • Marianna's Hair Salon • Marine Museum of the Great Lakes • McBride Pools & Spas • Minakers Nursery • Minos Restaurant - Downtown • Molly Maid • Myles Acres • Natural Heritage/Natural History Inc. • Neil's Flowers Ltd. • Pam's Flower Garden • Paradiso Florist • Parmalat • Pasta Genova • Quattrocchi's Specialty Foods • Queen's Performing Arts • Raymond James Financial • Rosemount Inn Bed & Breakfast • Secker, Ross, Perry Chartered Accountants • Send in the Clowns • Shelin Pools • Simply Landscaping and Garden Designs • St.

Lawrence College • St. Lawrence Cruise Lines • Tayco Ltd • Templeman Meninga • The Davies Charitable Foundation • The Glass House • The Grizzly Grill • The Landings • The Pasta Shelf • The Pilot House of Kingston • The Rocking Horse • The Screening Room • Thomson Jemmett Vogelzang Insurance Limited • Thousand Islands Playhouse • Totten Sims Hubicki Associates Ltd. • Township of South Frontenac • Tri-Heat Anglin • Tulipwood Teas • Ware on Earth Pottery • W.I. Villager Ltd. • Wilton Pottery • Wine Kitz • W.J. Henderson Foundation • XCG Consultants Ltd. • Yoga and Relaxation Centre

Individuals

Hazel Allen • Tim Arnaud, RBC Investments • Robert Bateman • James Bayly • John Bonser • Ric Bresee • Donna Browning-Perkins • Donald Carter • Patricia Chamberlain • Martha Clarke • Roger Cole • John Conley • Valerie Dalton • Nicholas

Delva • Robert Dick • Geraldine Dickson • Elizabeth Evans • Holly Evans • Corinne Farber • Diane Fielding • Nancy Foster • Stewart Fyfe • Kevin George • John Gerretsen, M.P.P. • Virginia Gordon • Patricia Hudson Mills • Anne Hutchison • Moe Johnson, CIBC Wood Gundy • Joe Jordan, M.P. • Richard Martin • John Mason • Lawrence McCurdy • Peter Milliken, M.P. • Bill Murdoch • Anne Murray • Brian Overgaard • Neil Patterson • Peck Peckover • Larry Redden • Connie Redden • Robert Runciman, M.P.P. • Herb Salter • Dave Schell • Elizabeth Schell • Mara Shaw • Roger Shaw • Audrey Sims • John Smith • Janet Sorbie • Keith Stirling • George Sutherland • Graham Thomson • Guy Thorne • Geoff Torrible • Susi Walters • Faye Whyte • Tim Wilkin • Fran Willes • Gerard Wyatt • Douglas Zwicker.



The New and Improved CRCA Summer Day Camps

We're all ready for summer with our new and improved day camps! We listened to your suggestions from last year and added some ideas of our own to make this a fun and exciting summer for you and your kids.

What's Changed?

We have increased the number of weeks



for both our Outdoor Adventure Camp and our Wilderness Backpacking Experience. Now both camps run during July and August. We have also added two new sessions for 14 to 16 year olds to our Wilderness Backpacking Experience. It seems that as our campers grow up, they want to keep coming back! That's a good sign.

New this year is our Family Backpacking Camp. It's a two-day, one-night excursion to Frontenac Provincial Park for a child aged 10 to 12 plus one parent. If you're not sure if you and your kids would enjoy "roughing it", it's a great way to try it. We're offering two sessions this summer — July 7 and 8 or July 10 and 11.

What Hasn't Changed?

Our staff are enthusiastic, experienced and well-qualified. Stana Luxford, our Camp Director, is a qualified teacher with extensive experience working with children in the outdoors. During the school year, Stana teaches our conservation education programs. Stana is certified as a Wilderness First Responder, is a second year Canadian Ski Patroller and has a bronze cross in swimming.

We are committed to making your child's time at camp a fun and interesting experience. They will also learn a lot about the natural environment and about outdoor skills.

Home base for the camps is the Little Cataraqui Creek Conservation Area Outdoor Centre in Kingston. The overnight portions of the Wilderness Backpacking Experience and the Family Backpacking Camp are in Frontenac Provincial Park, a wilderness park with hike-in campsites.



The Outdoor Adventure Camp includes a day-long field trip to Gould Lake Conservation Area to enjoy hiking, swimming and lots of other fun activities.

For More Information or Registration

You can visit our web site at

www.cataraquiregion.on.ca, call (613) 546-

4228 ext. 251 or fill in the registration form below and mail it to the Cataraqui Region Conservation Authority.

CRCA 2003 Summer Day Camp Registration Form

(Please mail to the CRCA, P.O. Box 160, Glenburnie ON K0H 1S0)

I would like to register for the:

Outdoor Adventure Camp ☐ (ages 6 to 11)

Wilderness Backpacking Experience

☐ (ages 12 to 14) ☐ (ages 14 to 16)

Family Backpacking Camp

☐ (ages 10 to 12 plus parent)

Child's Name _____ Age _____

Date of Birth _____

Address _____

Postal Code _____ Phone _____

Child's swimming ability _____

Parent's/Guardian's Name (please indicate the name of those who are authorized to pick up your child)

Name _____ Phone _____

Name _____ Phone _____

Name _____ Phone _____

Emergency Contact Name _____

Relationship _____

Phone _____

Name of Parent Attending Camp (Family Backpacking Camp only)

Special Needs- Medical, Allergies or Other _____

Is your child on any medications? ☐ Yes ☐ No
If yes, please specify _____

Our staff is not authorized to administer any medication (excluding emergencies). If your child is on any medications, it is their responsibility to take them on their own accord.

Previous injuries or illnesses _____

Attach a separate sheet with any specific needs your child has.

Health Card Number _____

Transportation Request

An additional charge of \$10.00 applies.

☐ Victoria Park 8:15 a.m. pick-up and 4:45 p.m. drop-off (Mack St. parking area)

Before and After Care - Outdoor Adventure Camp

Regular camp hours are 8:30 a.m. to 4:30 p.m. Before and after care is available at the Little Cataraqui Creek Outdoor Centre from 8:00 a.m. to 5:00 p.m.

An additional charge of \$25.00 applies (\$20.00 for the week of August 5 - 8)

☐ Yes ☐ No

Payment

☐ \$135.00 per week (\$110.00 for the week of August 5 - 8) for the Outdoor Adventure Camp

☐ \$225.00 per week for the Wilderness Backpacking Experience

☐ \$70.00 per child, \$20.00 per parent for the Family Backpacking Camp

Please make cheques payable to the Cataraqui Region Conservation Authority. You must pay to be registered. A confirmation package will be mailed.

☐ Cheque ☐ Visa ☐ MasterCard

☐ Cash (do not mail)

Credit Card Number _____

Expiry Date _____

Authorized Signature _____

Refund Policy

If there is a voluntary withdrawal and a refund is requested, the refund will be given minus 25 per cent of the registration fee. To qualify for this refund, the CRCA must receive notification no later than one week (seven working days) before the registered week of the program. No refunds will be issued without the required notice. Furthermore, if your child is asked to leave because of their behaviour during their time at camp, no refund will be issued.

Please indicate your week of preference.

Outdoor Adventure Camp

☐ July 7 to 11 ☐ July 14 to 18
☐ July 21 to 25 ☐ July 28 to August 1
☐ August 5 to August 8* ☐ August 11 to 15
☐ August 18 to 22

* This is a four-day week. The fee is reduced to \$110.

Wilderness Backpacking Experience

☐ July 14 to 18 (ages 12 to 14)
☐ July 21 to 25 (ages 14 to 16)
☐ July 28 to August 1 (ages 12 to 14)
☐ August 11 to 15 (ages 14 to 16)
☐ August 18 to 22 (ages 12 to 14)

Family Backpacking Camp

☐ July 7 and 8 ☐ July 10 and 11

Liability Waiver

I understand that there are risks involved in participating in an activity or program and I acknowledge that my choice to register my child in the above-named activity or program brings with it the assumption by me of those risks. I also release the Cataraqui Region Conservation Authority and its staff of any claim arising from such risks. Permission is hereby granted to the CRCA and its representatives to transport participant(s) to a local doctor or hospital for medical treatment, if necessary. I also understand that staff will be dealing with a variety of children and that there may be some disciplinary action taken if staff deem it necessary. Such actions will consist of making sure the child realizes that they may be distracting other participants, sitting a child out of activities for a short period of time, and in extreme circumstances, asking the parents to remove the child from the program.

Signature: (of parent or guardian) _____

Date: _____