

Renfrew County and District Health Unit ANNUAL REPORT 2002



Health Promotion and Clinical Services Highlights

Parent-Child

- ◆ 221 families received Healthy Babies, Healthy Children home visiting services
- ◆ 1,511 visits made by Home Visitors and Public Health Nurses
- ◆ 983 postpartum mothers contacted by a public health nurse after hospital discharge
- ◆ 505 home visits made to postpartum mothers
- ◆ 187 prenatal classes taught
- ◆ 400 people received information to help them have a healthy pregnancy
- ◆ 836 parents attended education/support group sessions
- ◆ 426 mothers received breastfeeding information and support via telephone or clinic

Dental Health

- ◆ 7,123 dental screening examinations of preschool and school-age children
- ◆ 280 children received treatment through the Children in Need of Treatment program
- ◆ dental teaching resources distributed to all elementary schools

Sexual Health

- ◆ 260 Sexual Health clinics provided
- ◆ 240 Student Health Clinics provided
- ◆ 72 education sessions given to children and adolescents in schools

Health Info Line

- ◆ responded to 1,503 calls

Chronic Disease Prevention

(Healthy Eating, Healthy Weights, Physical Activity, Tobacco Use Prevention, Sun Safety)

- ◆ **School Events and Teaching Resources** – participated in and/or planned 61 events for 9816 students; disseminated 4 new high school “Teen Cuisine” teaching kits, distributed 1500 Teen Cuisine student resource; developed and distributed resource lists for physical activity teachers
- ◆ **Community Food Advisor Program:** sponsored and coordinated 38 program placements; 1134 people reached; 933 Community Food Advisor hours completed
- ◆ **Food Security:** updated and distributed “Food For All” guide to 60 community groups and organizations; conducted a survey of grocery stores and determined

the cost of a nutritious food basket in Renfrew County to be \$129.14 for a reference family of four

- ◆ **Community and Worksite Events:** participated in and/or planned 64 community events reaching 3,112 people; carried out 22 workplace presentations reaching 870 people
- ◆ **Heart Health Activities:** distributed 100 sets of posters and 1050 bookmarks to community, libraries, health professionals, schools and workplaces; provided support to valleyexplore.com – 25,000 website hits

Early Detection of Cancer (Breast Health and Cervical Screening)

- ◆ **Resources & Events:** distributed educational resources to community, workplaces, health professionals, libraries and schools including a directory of services, posters, a calendar of events, videos and promotional materials such as bookmarks and place-mats - 12,800 resources distributed and 8 presentations given

Injury and Substance Abuse Prevention (Falls Prevention, Bicycle and Car Restraint Safety, Alcohol and Substance Abuse, Motorized Vehicle Crashes)

- ◆ **Impaired Driving:** developed, produced and distributed 1500 Boat Safety Kits, 3000 Driving Safety Kits, 200 Hunter Safety Kits and 1500 Safe Snowmobile Kits; organized one Safer Bars Workshop attended by 15 staff of licensed establishments
- ◆ **Stay Safe Older Adults:** planned and implemented “Medicine Clean-Out Campaign” – 25 pharmacies participated and 198 families returned bags of outdated medication; produced and distributed 2000 copies of “Stay Safe” calendar for seniors
- ◆ **Fetal Alcohol Syndrome Disorder (FASD):** planned and implemented FASD Workshop for 120 participants; developed and produced FASD Display; disseminated FASD Teacher Resource Kit to 10 high schools
- ◆ **High Schools (Alcohol & Substance Abuse, Motorized Vehicle Crashes):** organized “Party Smart” workshops, county-wide OSAID and Motivational Media workshops; developed and distributed “Stay Safe” binder dividers to grade 9 students in 10 participating high schools
- ◆ **Elementary Schools (Alcohol & Substance Abuse, Bicycle Safety):** developed “ACTION Resource Teacher Kit” - disseminated to grade 7 and 8 teachers in all schools; worked with local police to plan and implement bicycle safety events in 57 participating schools

- ◆ **Community and Workplace:** developed and distributed 200 copies of new pamphlet “Car Seat Safety Resources in Renfrew County”; set up Host Liability Display at 3 community events attended by 7000 people; arranged Simulation Vehicle for 4 community events attended by 1500 people; provided alcohol and drug prevention display materials to 11 workplaces; distributed 3000 copies of Family Alcohol and Drug Policy pamphlet



Environmental Health Highlights

Land and Sewage Control

- ◆ 113 site visits made
- ◆ 155 certificates of approval issued for septic tank installations
- ◆ 115 use permits issued
- ◆ 54 land severance visits made
- ◆ 19 sewage complaints investigated under the Ontario Building Code

Safe Water

- ◆ 1532 inspections of private water supplies
- ◆ 14 boil water order were issued for public water supplies
- ◆ 753 beach samples taken at 16 sites
- ◆ 2 Beaches were posted as unsafe for swimming
- ◆ 53 regulated water supplies with adverse results were investigated
- ◆ 2147 Private water interpretations

Food Safety

- ◆ 1456 food premise inspections
- ◆ 89 Hazard Analysis Critical Control Point Program inspections were carried out
- ◆ 49 food-related complaints investigated
- ◆ 20 Food recall inspections were completed
- ◆ 43 food related Outdoor events were inspected
- ◆ 4 food establishments were charged with an offence under the Food Premises Regulation
- ◆ 46 Food Safe Courses were provided
- ◆ 380 people successfully completed the course and became certified foodhandlers

Tobacco Control Act Enforcement

- ◆ 184 tobacco compliance inspections completed
- ◆ 131 tobacco control surveillance checks
- ◆ 11 prosecutions for smoking on school property

- ◆ 8 prosecutions for selling tobacco to minors
- ◆ 12 surveillance checks – Secondary Schools

Rabies Control

- ◆ 314 animal bite investigations, confinements and release from quarantine
- ◆ 16 follow up investigations
- ◆ 20 follow up rabies vaccination inspections
- ◆ 12 Rabies awareness presentations to grade 5 classes

Health Hazard Investigation

- ◆ 26 indoor air quality complaints were investigated
- ◆ 6 outdoor air quality complaints were investigated
- ◆ 19 sewage complaints were investigated
- ◆ 25 garbage complaints were investigated
- ◆ 25 housing disrepair complaints were investigated
- ◆ air quality was monitored in 4 arenas

West Nile Virus

- ◆ 27 Dead birds were collected and submitted to laboratory for examination
- ◆ 11 mosquito traps were set up and monitored
- ◆ 37 sightings were reported to the Health Unit by the public
- ◆ 25 consultations were carried out with the general public regarding WNV



Developmental Services Statistics

Throughout the year 2002, the Developmental Services Division continued to provide coordination of services and specialized consultations to individuals with developmental disabilities and their families. New responsibilities included the "Making Services Work for People" project of the Ministry of Community, Family and Children's Services and the "Out of Home Respite Program". The past twelve months have seen a continuation of our commitment to facilitating the best possible opportunities for people residing in our community.

Developmental Support Coordination

Advocacy and case coordination for children with developmental disabilities (and their families).

- ◆ 549 individuals served; 341 children and 208 adults

Out of Home Respite

- ◆ 28 individuals served

Renfrew County Developmental Support Services

(Behavioural and Communication Consultations)

- ◆ 209 individuals served; 173 children and 36 adults

Infant Development Program

In-home services for infants and their families to assist development of motor, social, cognitive and communication skills.

- ◆ 122 infants served



Renfrew County and District 2002 Board of Health

Councilor Marian Patterson, City of Pembroke, Chair
Reeve Jack Wilson, County of Renfrew, Vice-Chair
Ms. Sheila Clark, Provincial Appointee
Reeve Bill Croshaw, County of Renfrew
Mayor Jim Etmanski, Township of South Algonquin
The Honourable Lawrence Foran, Provincial Appointee
Ms. Margo McIntyre, Provincial Appointee
Mayor John Murphy, County of Renfrew
Warden Bill Schweig, County of Renfrew



2002 Approved Budget

Total Budget: \$7,035,541

Funding Sources:

- ◆ Province of Ontario 63%
- ◆ County of Renfrew, City of Pembroke & Township of South Algonquin 26%
- ◆ Other Sources 11%

How the funds are allocated:

- ◆ Salaries, benefits and program costs – 83%
- ◆ Occupancy and communications – 9%
- ◆ Other operating costs – 8%

The Renfrew County and District Health Unit's central office is located at 7 International Drive, Pembroke, Ontario, K8A 6W5, Tel: (613) 732-3629 or 1-800-267-1097, Fax: (613) 735-3067 Branch offices are located in Arnprior, Barry's Bay, Deep River and Renfrew. ~