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12/8/2015



UPCOMING EVENTS:

Sept. 12, **Creative on Queen**,
Part of the Queen West Art Crawl, jewellery,
pottery and much more!

Sept. 15 - Oct. 16, **Being Scene 2015**,
Art exhibition presented by Workman Arts

when Saturday,
September 12, 2015
10 a.m. to 4 p.m.

where CAMH lawn at
Lower Ossington Ave.

**Art, music, food
& plenty of creativity!**



HUNGER IN CANADA LEADS TO POORER HEALTH, HIGHER HEALTH COSTS, STUDY FINDS

New research has shown that people with lower incomes who struggle to put food on the table use the health care system more, leading to higher health care costs.

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OPIOID DEATHS RISING DESPITE DECREASE IN OXYCODONE PRESCRIPTIONS

CAMH researchers have found that despite government restrictions on prescribing oxycodone, the dispensing of other strong opioids (like fentanyl and hydromorphone) and opioid-related deaths have continued to rise.

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A QUEST FOR PURPOSE: DEFINING SPIRITUAL CARE AT CAMH

CAMH's Spiritual Care Services often play an important role in the recovery of many of our clients, especially those who are grieving a loss or are unable to find a sense of hope and purpose in their lives.

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INTEGRATED CARE PATHWAY FOR THE PATIENT WITH BOTH DEPRESSION AND ALCOHOL DEPENDENCE

Eight Ontario health centres are beginning to implement a new approach to treatment - developed at CAMH - that treats both major depression and alcohol dependence simultaneously, and with better outcomes.

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INTRODUCING CAMH'S SENSORY GARDEN

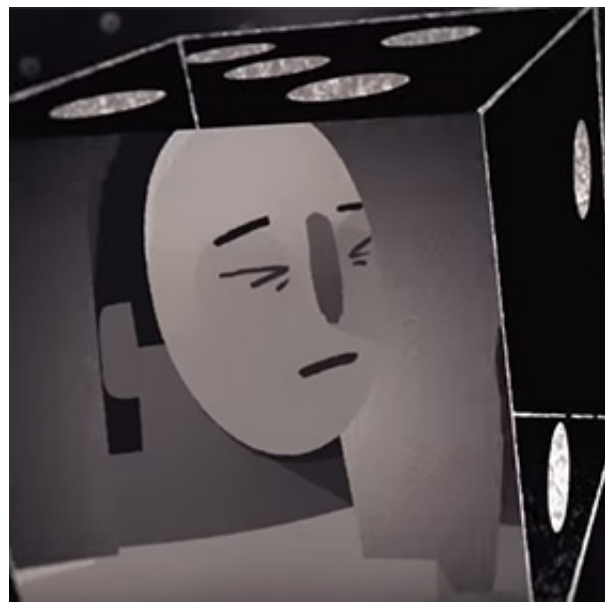
With a goal of providing a calming sensory experience appealing to all five senses, CAMH's new sensory garden offers an alternative healing environment for our clients.

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CAMHTV: HELP WITH PROBLEM GAMBLING

CAMH's Problem Gambling Institute of Ontario released this animated PSA dealing with healing family relationships, handling gambling urges and getting life back in balance.

[View Video](#)



CAMH BLOG: GRRRRIDLOCK



In this blog and accompanying video, Dr. Kwame McKenzie deconstructs the stress of commuting, and proposes some coping strategies.

[Read Blog and View Video](#)

CAMH BLOG: INTERNATIONAL BEER DAY - SOME COLD, BRACING FACTS

This infographic illustrates some surprising and sobering facts related to Canadians and their consumption of beer and other forms of alcohol.

[Read Blog and View Infographic](#)



2015 CAMH MONITOR SURVEY AVAILABLE ONLINE

For the first time Ontario adults can take part in an online version of the CAMH Monitor survey, which provides a snapshot of Ontarians' attitudes and experiences of substance use and mental health.

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