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UPCOMING EVENTS:

CAMH Sunshine Garden

Mondays & Wednesdays

Grab some local produce & support social enterprise. Visit our Sunshine Garden every Mon & Wed from 11:30 a.m. - 1:30 p.m. on Queen Street West and Gordon Bell Road.



CAMH OPENS ABORIGINAL SWEAT LODGE - A FIRST FOR AN ONTARIO HOSPITAL

CAMH's new Sweat Lodge will allow patients to participate in traditional Indigenous healing ceremonies, providing a holistic treatment model for clients in CAMH Aboriginal Services.

[Read More >](#)



NATURE CAN HAVE A NURTURING EFFECT ON YOUR MENTAL HEALTH

For those who spend a lot of time in urban areas, it may be beneficial to get out and enjoy the summer weather. The jury is still out on Pokemon Go though...

[Read the Blog >](#)



RESULTS ARE IN FROM A RECENT SURVEY ON CANNABIS

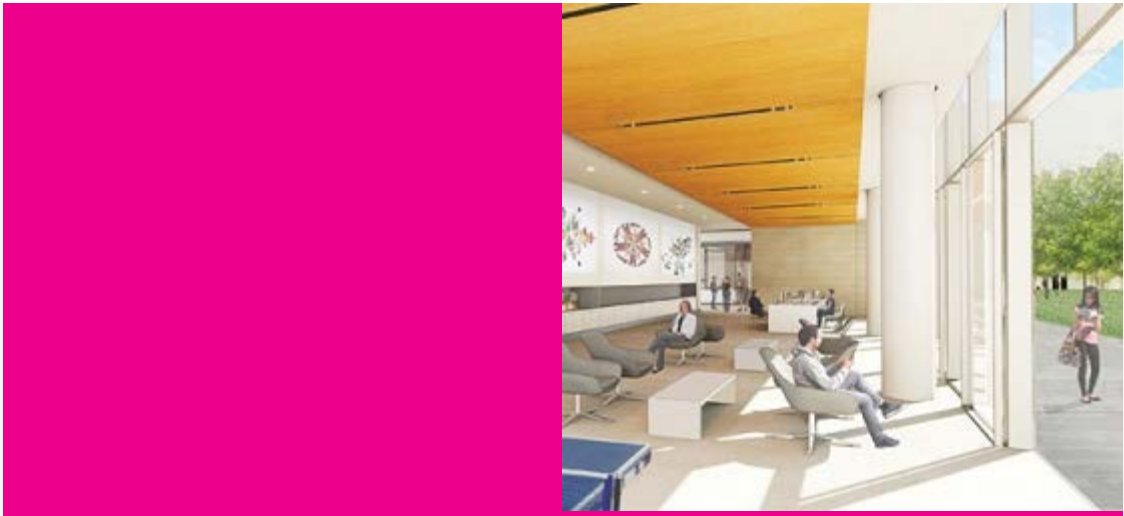
Most Ontario adults support government regulation of recreational cannabis production and sale, new CAMH study shows.

[Read More >](#)

CAMH LAUNCHES ART COMPETITION TO ENHANCE THERAPEUTIC SPACES

As part of the redevelopment of our Queen Street site, CAMH is calling for artists from across Ontario to submit proposals for our Therapeutic Art Installation project.

[Learn More >](#)



WHY BEING OPEN ABOUT MY TRANS IDENTITY IS MAKING A DIFFERENCE FOR A GENERATION OF TRANS YOUTH

CAMH's Dr. Alex Abramovich shares his experiences with his own identity, in hopes that he can be an agent for change in discussions around LGBTQ rights.

Meet Alex Abramovich >

INTRODUCING THREE NEW YOUTH MENTAL HEALTH WALK-IN CLINICS

CAMH is setting up Integrated Collaborative Care Teams (ICCTs) for youth with mental health and addiction concerns right in their communities.

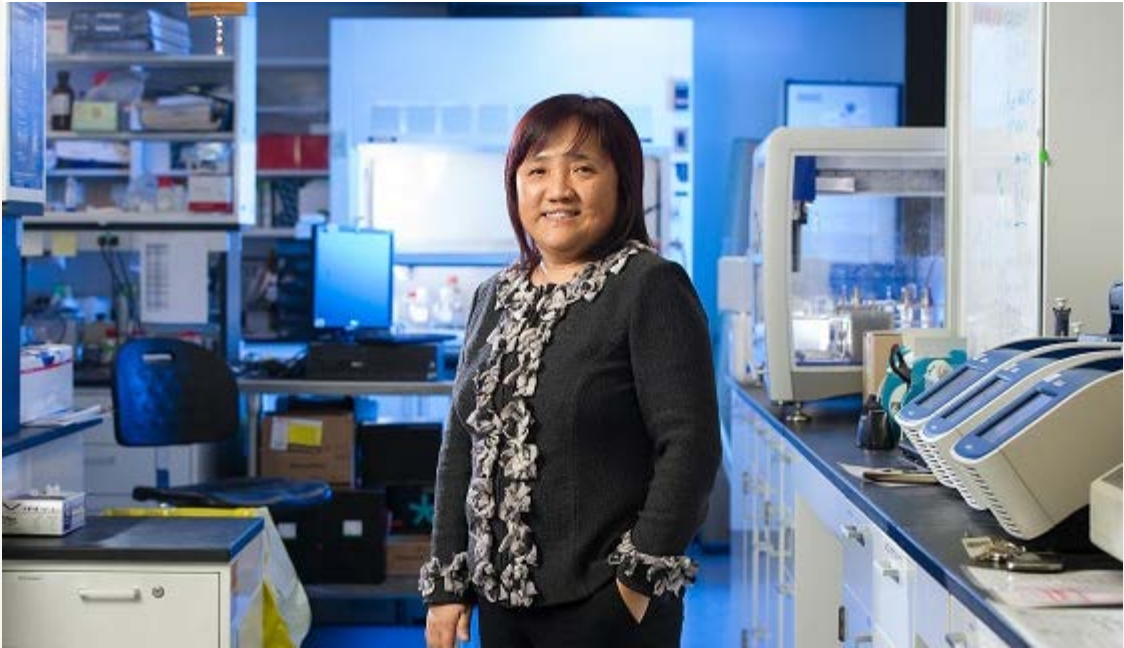
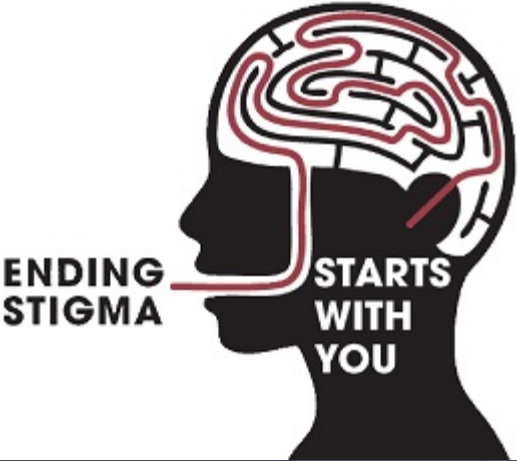
Watch the Video >



AN OVERVIEW OF OUR ANTI-STIGMA INITIATIVE FOR PRIMARY HEALTH CARE PROVIDERS

Check out recent work from CAMH's Office of Transformative Global Health.

[Read our Blog >](#)



BIG DATA, BIG PICTURE

CAMH researchers are focused on the big picture when it comes to groundbreaking discoveries — and that means “big data.”

[Read More in our Annual Report >](#)

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