

Aboriginal Cancer Care Unit

Honouring the **Aboriginal Path** of Well-being

NEWSLETTER • Spring 2009 Newsletter

Strengthening the Aboriginal Cancer Strategy

Cancer Care Ontario (CCO) has spent the past year carefully undertaking a restructuring of the Prevention and Screening department. Changes have resulted in a more integrated approach. The goals of the Prevention and Screening department remain intact: to reduce the incidence of cancer and reduce the impact of cancer through effective screening and earlier detection.

Cancer Care Ontario believes that all departments need to work collectively to strengthen the commitment to Aboriginal cancer control in Ontario. The ability to bring an Aboriginal (First Nation, Métis and Inuit) perspective to the full continuum of cancer care is strengthened with the creation of a new Provincial Lead, Aboriginal Cancer Control. This position will allow for greater interaction and influence within all parts of Cancer Care Ontario from prevention right through to palliation and end-of-life care.

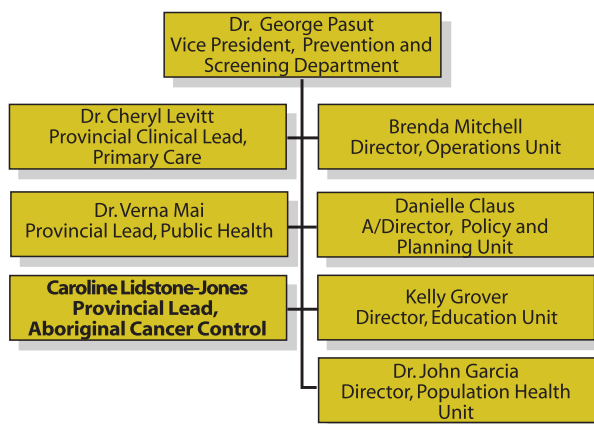
Over the course of this past year's restructuring phase the Department of Prevention and Screening has strengthened their efforts in Aboriginal health promotion with an increased role in prevention, resulting in the formation of the Aboriginal Cancer and Prevention Team, housed along with the Aboriginal Tobacco Program under the Population Health Unit.

CCO's vision of working together to create the best cancer control system in the world includes a strong focus on primary prevention. The Population Health Unit will serve as a focal point and catalyst within CCO for the development of evidence generating and informed approaches to population-wide and population-based public health interventions with a strong focus on Ontario's Aboriginal population.

To learn more about Cancer Care Ontario's executive structure please visit: <http://www.cancercare.on.ca/about/who/executive/>

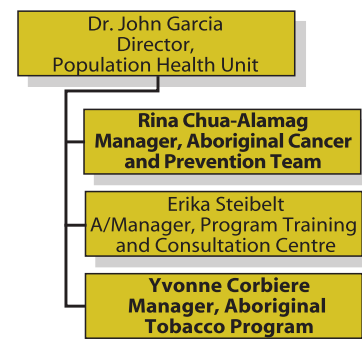
Prevention and Screening Organizational Structure

The Prevention and Screening Department comprises an Office of the Vice President, four Units, and three Provincial Leads.



Population Health Unit

The Population Health Unit is responsible for the programs and resource system supports that address cancer prevention and the disparities in cancer incidence. The Unit is divided into three teams, two of which receive direct funding from the Ministry of Health Promotion.



Feature Recipe: Rhubarb Strawberry Cobbler - Makes 6 servings

¾ cup sugar
2 tbsp all purpose flour
1 tsp cinnamon
1 tsp finely grated orange rind
4 cups coarsely chopped rhubarb
2 cups sliced strawberries
Topping:
1 cup all-purpose flour
2 tbsp sugar
1 tsp baking powder
¼ tsp baking soda
¼ tsp salt
2 tbsp margarine, chilled and cut in bits
2/3 cup buttermilk



In a bowl combine sugar, flour, cinnamon and orange rind. Add rhubarb and strawberries; toss to mix. Spread mixture in an 8 cup shallow glass baking dish; bake at 400F/200C oven for 10 minutes.

Topping: In a large bowl mix flour, sugar, baking powder, baking soda and salt. Using two knives, cut in margarine until mixture is the size of small peas.

With a fork, stir in buttermilk until mixture is moistened and soft dough forms. Drop by spoonfuls in 6 evenly spaced mounds on hot fruit. Bake 400F/200C oven for 25 minutes or until top is golden.

Nutritional value per serving

276 cals - 5 g fat - 3 g fibre - 4 g protein - 56 g carbohydrates - 1mg cholesterol - 241 mg sodium - 354 mg potassium
Source: Anne Lindsay, Light Hearted Everyday Cooking - Heart and Stroke Foundation of Canada

Did you know...the "Let's take a stand against...Colorectal Cancer!" materials and resources are now available to download or order on the web!

Stay tuned to the website for announcements of upcoming regional train-the-trainer sessions on the "Let's take a stand against...Colorectal Cancer!" initiative.

To learn more

<http://www.cancercare.on.ca/about/programs/aborstrategy/>



Community Profile

Aboriginal youth are ready for a change!

Commercial tobacco* use is a serious issue for First Nations youth. Approximately 65% of First Nations youth are using commercial tobacco products.

In April 2008, at the Knowledge Exchange Forum, a group of youths decided that commercial tobacco doesn't belong at sporting events and they made a plan to promote Tobacco-Wise sports at the Little NHL (Little Native Hockey League).

Tobacco-Wise Sports and Recreation means that everyone participating in a sport or recreational activity does not use commercial tobacco and recognizes the difference between Traditional Tobacco** and commercial tobacco use.

Promoting Tobacco-Wise Sports:

- Prevents youth from using commercial tobacco products
- Prevents youth from being exposed to second-hand smoke
- Improves athletic performance of players
- Furthers understanding of the role and uses of Traditional Tobacco

To raise community awareness and support for a Tobacco-Wise Little NHL and sports and recreation in general, the youth were present at the 2009 Little NHL games in Sarnia. They garnered a lot of community support, as evidenced by the many signatures of support on the banner (see picture) and will be back next year to continue raising awareness about Tobacco-Wise Sports and Recreation.

This initiative is supported by the Aboriginal Tobacco Program, MAKWA (Making Aboriginal Kids Walk Away from Tobacco Abuse – Thunder Bay), the Youth Action Alliance Manitoulin Island and the Native Student Alliance, Blind River.

To find out more about Tobacco-Wise Sports and Recreation, getting involved in this initiative or promoting Tobacco-Wise Sports and Recreation in your community, please send an email to Luciana Rodrigues at info@tobacbowise.com. You can view Tobacco-Wise Sports and Recreation factsheets and promotional items at www.tobacbowise.com

**Commercial tobacco: Commercial tobacco products include cigarettes, snuff, and chew tobacco. Use of commercial tobacco products is the leading cause of preventable illness and premature death in Canada. In Ontario commercial tobacco products kill over 16,000 people a year*

***Traditional Tobacco is a gift to the Aboriginal people by the Creator and has a spiritual place within many Aboriginal communities.*



We Appreciate Your Newsletter Feedback:

Thank you to all those individuals that completed the quarterly newsletter survey.

Congratulations Ayn Cooney on winning the 3rd quarter ACCU promotional items!

Please place community contact information here.

Tell us what you think!

Drop us a word if you have a personal story to share or topics you would like to see in future issues.

doris.warner@cancercare.on.ca

For an electronic copy of this and past newsletters visit:
www.cancercare.on.ca/accupub

Resources

To learn more about MAKWA visit:
<http://www.smoke-fx.com/local/MAKWA/>

To learn more about YAAMAN visit:
<http://www.waasanaabin.com/>

We are going green!

Beginning in June 2009 we will no longer be mass mailing newsletters out in hard copy. To ensure you continue to receive the newsletters please send us your email address with the tagline "email newsletter" to:
doris.warner@cancercare.on.ca

If you are interested in any information or would like to find out more please feel free to contact our office.

Aboriginal Cancer Care Unit, Cancer Care Ontario

505 University Ave., 18th floor
Toronto, ON M5G 1X3
T 416-971-9800 ext. 3448
doris.warner@cancercare.on.ca

Take a look at our website for up-to-date information.

Please visit the ACCU website for up-to-date information.
<http://www.cancercare.on.ca/english/home/about/programs/aborstrategy/>

JOACC PTO membership list

Nishnawbe-Aski Nation
Association of Iroquois and Allied Indians
Union of Ontario Indians – Anishnabek Nation
Grand Council Treaty #3
Independent First Nations
Métis Nation of Ontario
Ontario Native Women's Association
Ontario Federation of Indian Friendship Centres

Funding for this program has been provided by the Government of Ontario. No endorsement by the Ministry of Health and Long-Term Care is intended or should be inferred.

Cancer Care Ontario is the provincial agency responsible for continually improving cancer services. As the government's cancer advisor, Cancer Care Ontario works to reduce the number of people diagnosed with cancer and make sure that patients receive better care every step of the way.



cancer care
ontario
aboriginal cancer
care unit

action cancer
ontario

l'unité des soins de cancerologie
pour les peuples autochtones