



An early success story: co-operation across sectors generates plan to benefit both residents with joint disease and care providers

Toronto Central (TC) LHIN is pleased to report progress on the development of a comprehensive program to address the issue of joint health and disease for its residents.

Toronto Central LHIN's Joint Health and Disease Management Program is based on a comprehensive model of arthritis care. The program supports a number of key Ministry of Health and Long-Term Care (the Ministry) priorities:

- improved access and reduced wait times,
- local healthcare planning through LHINs,
- transformation of the health care system,
- strengthening of primary care, plus
- the management of chronic disease.

Benefits

Ultimately, the Joint Health and Disease Management Program will benefit patients, healthcare organizations and physicians by standardizing the whole process of joint care, thereby creating a more efficient,



The LHIN in the community: Laura Pisko-Bezruchko, Senior Director, Planning, Integration and Community Engagement, delivered lunch to Evelyn Cameron as a volunteer for True Davidson Meals on Wheels (East York) Inc. during Meals on Wheels Week, October 1 to 7. Participation gave LHIN staff the opportunity to see health service providers in action.

cost-effective, quality patient care system. The Steering Committee (page 2) developing the program anticipates that patients will not need to wait as long to receive treatment, and that all patients will receive the same high level of quality care.

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An early success story:

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These improvements will be achieved by using

- common care pathways along the continuum of care, including a standardized surgical assessment;
- an intake centre that assesses and screens patients using standardized criteria to determine patient urgency;
- a single LHIN-wide wait list for joint replacement so that patients have the option to go to the surgeon with the shortest waitlist
- an electronic referral system for post-acute care; and
- a comprehensive and standardized education and support component for patients.

Background

This major integration initiative began with the December 2005 Report of the Centre of Excellence for Hip and Knee Replacements Task Force, which was chaired by Dr. Alan Hudson, the Ministry's Lead of Access to

Services and Wait Times. The report recommended to the Ministry that a program for joint health and disease management be developed by the Toronto Central LHIN. The Ministry responded by striking an Action Group, again chaired by Dr. Hudson, to initiate the process. Following three meetings, in April 2006, the work of the Action Group was formally handed over to Toronto Central LHIN.

The Toronto Central LHIN takes great pride in the fact that this program is being truly LHIN-facilitated. One of the main aims of its broad consultation process has been to obtain all available expertise – for example, The Total Joint Network contributed significantly by offering its expertise in care processes – as well as to foster cooperation and gain the support of all the participants. Included in the Toronto Central LHIN's progress report to the Ministry in July 2006 was a formal letter of support for the overall model and direction of the initiative signed by all six acute hospital presidents, as well as the orthopaedic surgeons in the Toronto Central LHIN.

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Joint Health & Disease Management Steering Committee

- **Carolyn Baker**, Vice-President, Clinical & Professional Programs & Services & CNE, St. Joseph's Health Centre
- **Dr. Claire Bombardier**, Senior Scientist, Institute for Work & Health and Director, Division of Rheumatology, University of Toronto
- **Heather Brien**, Manager, Rehabilitation Program, Toronto Community Care Access Centre
- **Christina Copplestone**, Program Director, Nursing-Surgery/ Oncology, Mount Sinai Hospital
- **Rob Devitt**, President & CEO, Toronto East General Hospital
- **Dr. Phillip Ellison**, Department of Family & Community Medicine, University Health Network
- **Dr. John Flannery**, Medical Director, MSK Program, Toronto Rehabilitation Institute
- **Sarah Kramer**, Lead, Access to Care & Wait Times Strategy, MOHLTC and Vice President & CIO, Cancer Care Ontario
- **Dr. Hans Kreder**, Division of Orthopaedic Surgery, Sunnybrook Health Sciences Centre
- **Dr. Nizar Mahomed**, Director, Musculoskeletal Health & Arthritis Program, University Health Network
- **Barry Monaghan** (Chair), CEO, Toronto Central LHIN
- **Joanne Sobie**, Executive Director, The Arthritis Society-Ontario Division
- **Dr. Rajka Soric**, Physiatry Assessment Centre, Neuro Rehab. MSK, West Park Healthcare Centre
- **Lorraine Sunstrum-Mann**, Program Director, Trauma/ Neurosurgery & Mobility Programs, St. Michael's Hospital
- **Dr. Jim Waddell**, Medical Lead, TC LHIN Joint Health & Disease Management Program and Division of Orthopaedic Surgery, University of Toronto and St. Michael's Hospital

Integrated Health Service Plan

On November 20, Toronto Central Local Health Integration Network (LHIN) will make the 2007-2010 Integrated Health Service Plan (IHSP) available to the community on its interim web site, www.torontocentrallhin.on.ca. Hard copies will also be mailed to all health service providers and to interested individuals without email access.

"The IHSP really belongs to the Toronto community," says Barry Monaghan, President & CEO. "It is tailor-made to fit our needs. The IHSP builds on the very good work that health service providers across the LHIN have already done to provide a quality health system for residents of Toronto. The plan reflects what we have heard within our LHIN to improve our local health services."

This first IHSP is unique and reflects our urban health realities. It is evidence-based, and uses a "social determinants of health" model that recognizes that health is influenced by early life experiences, economic and physical conditions and one's social environment.

The IHSP balances the health service needs of the various populations within the Toronto Central LHIN and acknowledges that health service providers in Toronto Central must meet the needs not only of residents of Toronto, but also a large number of people who reside outside the LHIN.

The Toronto Central LHIN and its health service providers cannot address within the timeframe of this first plan every recommendation that has been raised over the past six months. The plan is therefore just a beginning to a journey of transformation. It is a first step to building a 10-year strategic health plan at the provincial level that is based on the needs of local residents. It sets the direction in nine areas of focus and will be refreshed annually.



Spirit Bear gives us the thumbs up!

The mascot for the Fun Run sponsored by St. Joseph's Health Centre and Toronto East General Hospital gives his approval to St. Joseph's CEO Ken Deane, Toronto Central LHIN CEO Barry Monaghan and Robert DaCosta, Vice-President, Organizational Development and Community Linkages at St. Joseph's, for efforts to showcase similarities between the two community teaching hospitals. Staff participated in a 16 km relay between the two LHIN hospitals on July 27 in a wellness celebration that recognized the care these two hospitals provide to diverse Toronto neighbourhoods.

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The first step in putting the plan into action will be to share it with residents and health service providers in our community. Toronto Central LHIN will go back to its seven neighbourhood areas to share the plan with both health service providers and residents (see meeting schedule), as well as meeting with various stakeholder groups between November 20 and the end of January. At these meetings there will be a presentation of the

plan and a discussion of the implementation framework that has been drafted to put the plan in motion.

"A major point made by all groups throughout the engagement process was that engagement without action is useless," says Barry Monaghan. "We'll now be turning to the community to help make the plan a reality. The countdown on our deliverables has already begun."

It's your plan: come to a community meeting to find out more

Neighbourhood Area 1 – West
Swansea Town Hall, Rousseau Room
95 Lavinia Avenue
November 28, 11:30 a.m. – 1:30 p.m. &
7:00 p.m. – 9:00 p.m.

Neighbourhood Area 2 – North West
Castleview Wychwood Auditorium
351 Christie Street
November 27, noon to 2:00 p.m. &
7:00 p.m. – 9:00 p.m.

Neighbourhood Area 3 – South West
Parkdale Activity Recreation Centre
1499 Queen Street West
November 29, 1:00 p.m. – 3:00 p.m. &
7:00 p.m. – 9:00 p.m.

Neighbourhood Area 4 – North Central
Baycrest Wagman Centre, Assembly Room
55 Ameer Avenue
December 4, 1:00 p.m. to 3:00 p.m. &
7:00 p.m. to 9:00 p.m.

Neighbourhood Area 5 – South East
Eastview Community Centre, Gymnasium
86 Blake Street
December 5, 1:00 p.m. – 3:00 p.m. &
7:00 p.m. – 9:00 p.m.

Neighbourhood Area 6 – East
Royal Canadian Legion, Todmorden
1083 Pape Avenue
November 30, noon to 2:00 p.m. &
7:00 p.m. – 9:00 p.m.

Neighbourhood Area 7 – North East
Cypriot Community Centre
6 Thorncliffe Park Drive
November 23, 1:00 – 3:00 p.m. &
7:00 p.m. – 9:00 p.m.

In addition to community meetings, Health Service Providers have the choice of attending one of two meetings:

November 22, 2:00 to 4:00 p.m.
Metropolitan Hotel
108 Chestnut Street, Toronto
or

November 24, 1:00 p.m. to 3:00 p.m.
Canadian National Institute for the Blind
Room 118/124/126
1929 Bayview Avenue

Physicians may wish to attend a briefing
November 16, 7:00 a.m. to 8:30 a.m.
Marriott Eaton Centre
Carlton Room, 525 Bay Street
as part of the Ontario College of Family
Physicians 44th Annual Scientific Assembly

An early success story:

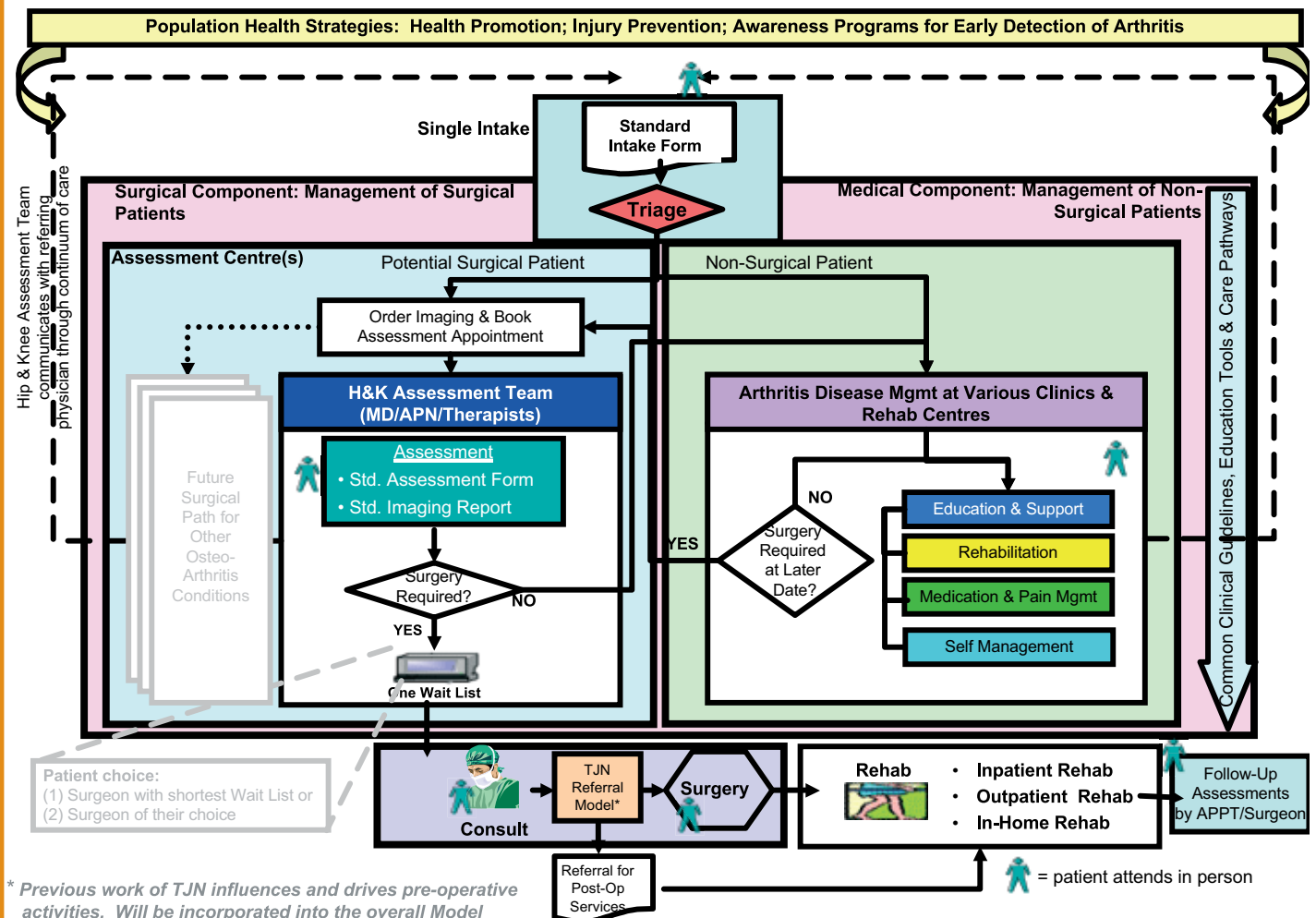
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"It is a testament to the willingness of health service providers within the Toronto Central LHIN to work together to make our health care system even better. The Joint Health and Disease Management Program stands as a model for Ontario in joint management, as well as a model for many other healthcare service," says Barry Monaghan, Chief Executive Officer of the Toronto Central LHIN.

Next Steps

The Toronto Central LHIN has developed the program accountability structure and implementation approach and has submitted a final report to Assistant Deputy Minister Hugh MacLeod. The implementation phase will include implementation of a central intake and assessment center, setting access, quality and efficiency measures of program performance and implementation of an optimal surgical workflow for hip and knee replacement surgery.

Recommended Model for the TC LHIN Joint Health and Disease Management Program



The View From Here



Daniel Sullivan
Chair, Board of
Directors

The Toronto Central Local Health Integration Network (LHIN) is pleased to recognize that the Canadian government has appointed Daniel Sullivan, Chair of the Toronto Central LHIN Board of Directors, as the country's Consul-General in New York.

We know that Dan's extensive corporate and investment banking experience (as described in last month's LHIN newsletter), as well as his facilitation and leadership skills will serve Canada well, as they have served the residents of Toronto Central LHIN over the past year.

While Dan's prestigious new appointment takes effect December 1, the LHIN is pleased to announce he has agreed to stay on as Chair of the Toronto Central LHIN board until the Minister of Health and Long-Term Care appoints his successor. Toronto Central LHIN appreciates Dan's commitment to the LHIN and the implementation of its Integrated Health Service Plan.

Toronto Central
LOCAL HEALTH INTEGRATION NETWORK

Notice of Meeting

The Inaugural Open Meeting of the Board of Directors of
Toronto Central Local Health Integration Network will be held

Thursday, November 9, 2006 – 1:00 p.m. to 4:30 p.m.

**at The Gallery, Ontario Heritage Centre
10 Adelaide Street East, Toronto**

Located mid-way between the Queen and King subway stops
(Gallery entrance at 8 Adelaide Street East for direct access)

Agenda will include:

- Chair and CEO Reports
 - Integrated Health Service Plan
 - e-Health Plan
 - TC LHIN Joint Health & Disease Management Plan
- (Agenda is subject to approval or amendment at the meeting.)

Future meeting notices, directions, agenda and minutes will be posted on the Toronto Central LHIN website at

www.torontocentrallhin.on.ca

Additional copies will be available at the meeting.

Light refreshments will be provided.



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