

North East LHIN



e-Bulletin

Week of October 2, 2009 - Vol. 3 No. 22

Stay informed on H1N1...

With flu season around the corner, people are taking many steps of precaution to avoid catching both the seasonal and the H1N1 virus.

On September 24, the province announced important changes to the vaccine schedule this fall.

- In October, the seasonal flu vaccine will be offered to Ontarians 65 years and over and residents of long-term care homes.
- H1N1 vaccine will be offered to the general population in November.
- The universal seasonal influenza immunization program will be offered to all other residents six months of age and older.
- Seasonal flu vaccine will be available to the rest of the province following the H1N1 flu vaccination program.

Evidence shows the H1N1 flu virus will be the main flu strain in circulation this fall in Ontario. Seniors are most at risk for complications from seasonal flu while younger people are more at risk for complications from H1N1 flu.

While symptoms of the H1N1 flu virus are similar to the seasonal influenza, remember to follow these simple steps to protect yourself and those around you from contracting the H1N1 flu virus:

- wash your hands frequently
- have an alcoholic base hand sanitizer at your easy disposal
- cough or sneeze into a tissue or your sleeve
- keep surfaces and items disinfected
- get both the seasonal and H1N1 flu shots

Another important way to protect yourself against the H1N1 flu virus is to stay informed.

- Visit the North East LHIN website: www.nelhin.on.ca
- Visit the Ministry of Health and Long-Term Care website:

www.health.gov.on.ca for the latest information and resources.

- Call the H1N1 health care provider hotline: 1-866-212-2272 (Monday – Friday 9:00 a.m. – 4:00 p.m.).
- Speak to your public health unit:
Timiskaming Health Unit 705-647-4305
North Bay Parry Sound District Health Unit 705-474-1400
Algoma Public Health Unit 705-759-5287
Sudbury and District Health Unit 705-522-9200
Porcupine Health Unit 705-267-1181

Mark your calendars!

- **Reminder that Monday October 5th is the Governance/Stakeholder Forum.** [Register today!](#) Video-conferenced from Sudbury to sites across North East Ontario, this forum will provide stakeholders with the opportunity to confirm our region's 2010-2013 health care priorities that will form the basis of our refreshed **Integrated Health Service Plan (IHSP)**.
- **Aboriginal, First Nation, Métis Dialogue**
Setting North East Ontario's Health Care Priorities
Plan on joining the North East LHINs and our Aboriginal, First Nations, Métis partners in a discussion about the health care priorities for North East Ontario on :
 - 1) **Tuesday, October 20, 2009** – 10:00 a.m. to 3:00 p.m.
Radisson Hotel in Sudbury
 - 2) **Thursday, October 22, 2009** – 10:00 a.m. to 3:00 p.m.
Travelodge Hotel in Timmins**Who should attend? Aboriginal, First Nation and Métis:** Health Service Provider Leaders, Health Directors and Managers, Chiefs and Community Leaders, Tribal Council Leaders. For more information please visit www.nelhin.on.ca

New to www.nelhin.on.ca

- [Laps Guidelines](#) - The Long-Term Care Accountability Planning Submission (LAPS) Guidelines will assist Long-Term Care Homes in completing their 2010-13 LAPS. Central themes of the LAPS are service planning, measurement and evaluation of health services, and organizational performance.
- [Acronym page](#) - This new posting spells out acronyms often used at the NE LHIN and on our website.
- [LHINC](#) - This is the third communiqué of the LHIN Collaborative (LHINC). It provides information on the LHINC Council and LHINC activities.
- [Employment postings](#) - View the latest employment postings available at the NE LHIN.

Thank you!

The NE LHIN would like to thank all participants who attended the September 22nd Francophone Forum. The turnout was excellent and your feedback was greatly appreciated. The discussions and feedback of September 22 will now be rolled up into our 2010-2013 **Integrated Health Service Plan (IHSP)**.

Geriatric Care Conference

Pursuing Excellence in Integrated Geriatric Care

The second Pan Northern Geriatric Care Conference will be held in Sault Ste. Marie at the Great Northern Hotel and Conference Centre on:

Wednesday, Oct.28 (afternoon/evening)

Thursday, Oct. 29 (full day)

Friday, Oct.30 (morning only)

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 18 Mainpro-M1 credits as approved by the Northern Ontario School of Medicine.

Registration and payments deadline is: Monday, October 19, 2009.

For more information please contact Deana Stephen at 1-866-551-6501 or

deana.stephen@greatersudbury.ca

Let's take a stand against...colorectal cancer

Cancer Care Ontario has recently updated the program website for 'Let's take a stand against...colorectal cancer'. New and improved web applications include: the purpose of the program, explanation of what a 'toolkit' is, and downloads for public service radio ads. So go ahead, take a stand against colorectal cancer today!

For more information on how to get involved please visit www.cancercare.on.ca

Nursing Health Human Resource Planning Implementation Workshop Day

Chief Nurse Executives, Nursing HR Professionals and Nursing Managers/Directors and other health care partners are invited to the Nursing Health Human Resources (HHR) Planning Implementation Workshop – a **FREE** event featuring concurrent learning sessions. Exchange ideas and hear first-hand success stories about improving nursing HHR-planning with made-in-Ontario demonstration project tools.

Macdonald Block – 922 Bay Street, Toronto Ontario ([Map](#))

Friday, October 16, 2009

8:00am - 4:00pm

Register online: <http://nursingsecretariat.on.ca>

Registration Deadline: October 1, 2009

For more information: Tim.Lenartowych@ontario.ca

