

North East LHIN



e-Bulletin

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Good News Announced for Diabetes

On November 12th, the province announced targets to ensure that Ontario's Diabetes Strategy is working. These targets include:

- Attaching all people with diabetes to a primary health care provider
- Ensuring that 80% of people with diabetes, aged 18 and older, have all three diabetes tests completed.

To help meet these targets, a number of new initiatives are being implemented that will further help people manage and prevent diabetes, including:

- Creating 51 new diabetes education teams across the province
- Expanding chronic kidney condition services, including additional clinic visits and increased dialysis treatment at home
- Creating up to 14 regional coordination centres to help better organize and manage local diabetes programs
- Expanding diabetes care and prevention resources, including new education kits for newly-diagnosed patients, community-based prevention programs for high-risk groups, enhanced services through EatRight Ontario and a new Stand Up to Diabetes website.

Further to consultation over the past several months with our Diabetes Management Steering Committee, diabetes team expansions will now take place at the following six sites within our LHIN:

- Sudbury Diabetes Education and Care Program, offering services to Timmins, Elliot Lake, Chapleau via OTN
- Moose Factory Patient Care and Diabetes Health Program offering services to the communities of James Coast including Moosonee, Moose Factory, Fort Albany, Kashechawan, Attawapiskat, Peawunuk and Newpost
- Little Current Noojmowin Teg Health Access Centre
- Timmins Misiway Milopemahtesewin Community Health Centre
- Cutler N'Mninoeyaa: Community Health Access
- Sudbury Shkagamik-Kwe Health Centre

For more information, visit www.nelhin.on.ca or contact Erika Espinoza at erika.espinoza@lhins.on.ca

Year 3 Aging at Home Guidelines Now Available

As we approach the final year of funding for the Aging at Home Strategy, Emergency Room (ER)/Alternate Level of Care (ALC) pressures continue to burden the health care system. To address these pressures, the Ministry of Health and Long-Term Care (MOHLTC) has revised the 2010/11 Aging at Home funding guidelines as follows:

- LHINs will be required to use 75% of their 2010/11 funding towards strategies that enhance community services for seniors and address ER wait-times.
- The remaining 25% of the allocation will be used to create a central fund that the Ministry will use to address system-wide pressures in 2010/11.

The NE LHIN continues to have the highest rate of ALC in acute care settings in the province. Keeping in line with Ministry direction of addressing ER Wait Times and ALC pressures, the NE LHIN will focus on the following four priorities:

- Supportive Housing
- North East Home First/Wrap Program
- North East Specialized Geriatric Services
- Long-term care beds for Timmins and Wawa

Each NE LHIN Planning Area will be receiving a portion of the NE LHIN Aging at Home Year 3 allocation. This is to be targeted towards the development of supportive housing options. [Year 3 Aging at Home Guidelines.](#)

For further information, please contact: monique.rocheleau@lhins.on.ca

Espanola Regional Hospital & Health Centre Finalist for Innovation Award

Congratulations to the Espanola Regional Hospital & Health Centre for having their Natural Bowel Care Program chosen as a finalist in the Ministry of Health and Long-Term Care's **Innovation in Health Care Awards** in the Improving Quality and Patient Safety category. The winner will be announced at the **Celebrating Innovations in Health Care Expo** in Toronto on November 18th where more than 200 exhibitors will showcase how they are helping to make a difference in delivering better patient care.

The Natural Bowel Care Program incorporates



ground flax seed into the diets of long-term care residents and has shown current and long-term benefits, including: significant reduction in episodes of constipation; 71.5% reduction in chemical stimulants & invasive treatments; increased independence for residents relating to bowel routines; and reduction in total number of medications residents consume.

The North East LHIN would like to also extend congratulations to the other participants from North East Ontario who will be showcasing their innovations, including:

- Northeastern Ontario Infection Control Network – Academic Infection Prevention and Control Resource Kit
- Timmins and District Hospital – Search for the Stars

New to www.nelhin.on.ca

- [Employment Opportunity, NE LHIN search for Chief Executive Officer H-SAA Communiqué #9, November 2009](#)
- [Mental Health and Addiction 101 Series](#), new link on to the Centre for Addiction and Mental Health (CAMH)
- [H1N1](#), links to Public Health Units and MOHLTC for latest news