



## LHINsight

**LHINsight** is the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN) electronic newsletter. Please share it with colleagues, clients, friends and family.

*Creating a health care system that helps keep people healthy, gets them good care when they are sick, and will be there for our children and grandchildren.*

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## September 2011 - Volume 1

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### Update from the Board Meeting

The minutes from the August 30, 2011 board business meeting will be posted following approval at the September 27 business meeting. In the meantime, please read through some of the highlights from the meeting.

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### Expanding Access to Care in the HNHB LHIN

The HNHB LHIN is receiving funding from the province to expand access to care.

[Read more...](#)

### Enhancing Services for the Person Behind the Illness

The HNHB LHIN, along with Ontario's 14 LHINs is investing nearly \$4 million to enhance services for older Ontarians with complex and responsive behaviours by investing in local initiatives that will improve care wherever they live - at home or in the community. The \$40 million provincial investment will allow local health service providers to hire new staff – nurses, personal support workers and other health care providers – and train them in the specialized skills necessary to provide care for these individuals with dignity and respect.

[Read more...](#)

## Regional Plans for Vascular and Thoracic Services

The HNHB LHIN invested \$1.9 million to support a regional plan for the delivery of vascular services. The LHIN is also working to develop a regional plan for thoracic services, with St. Joseph's Healthcare Hamilton as the lead.

[Read more...](#)

## Good News from Our Partners

Read some of the good news from our partners in health.

[Read more...](#)

## Helping Seniors Stay Up & Keep Up!

Ontario's LHINs and Public Health Units partnered to develop an Integrated Provincial Falls Prevention Framework & Toolkit to improve quality of life for Ontario seniors aged 65 years and over, and to lessen the impact of falls on the health care system by reducing the number and impact of falls.

[Read more...](#)

## Preventing Suicide Among Aboriginal Youth

Suicide rates among Aboriginal youth are five to seven times higher than the national average. Youth at Six Nations have organized a concert on September 10<sup>th</sup> to help raise awareness of suicide among youth and how to prevent it. The HNHB LHIN Aboriginal Health Network recognizes youth suicide as a significant issue and continues to build partnerships to better meet the needs of children and youth with mental health and addictions issues.

[Read more...](#)

## Maps & Descriptions of HNHB LHIN Providers

We've developed a resource for residents and HSPs alike to help them learn about the health service providers the LHIN funds, the services they offer, and where they are located. We've also developed general profiles for each region as compared to the LHIN and Ontario.

[Read more...](#)

## Events Calendar

Check out upcoming events in the HNHB LHIN, including the **HNHB LHIN board business meeting September 27, 2011.**

[Read more...](#)

*LHINs are the only organizations in Ontario that bring together health care partners from the following sectors –*

*hospitals, community care, community support services, community mental health and addictions, community health centres and long-term care – to develop innovative, collaborative solutions leading to more timely access to high quality services for the residents of Ontario and HNHB LHIN communities. By supporting these important partnerships, LHINs are ensuring that Ontarians have access to an effective and efficient health care system that delivers improved health care results and a better patient experience.*

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## Update from the Board Meeting - August 30, 2011

The minutes from the August 30, 2011 board business meeting will be posted following approval at the September 27 business meeting. In the meantime, please read through some of the highlights from the meeting.

### Highlights

- The LHIN and Ministry of Health and Long-Term Care are currently reviewing the Stage 2 functional programs capital submissions from both Joseph Brant Memorial Hospital in Burlington and West Lincoln Memorial Hospital in Grimsby.
- The board approved more than \$1 million in one-time funding to support individuals' discharge home from hospital.
- The board approved the temporary expansion of the Assess Restore program at St. Joseph's Healthcare Hamilton.
- Hospitals and the community sector will receive 1.5% and 3% increases in base funding respectively. Of the 3% increase for the community sector, 1.5% is at the LHIN's discretion to address targeted priorities (see below for how this money will be spent). The community sector includes the Community Care Access Centre (CCAC), Community Support Services, Supportive Housing, Community Health Centres and Mental Health and Addictions programs.
- The LHIN is allocating more than \$5.5 million in variable funding for several initiatives including:
  - Home First and support for implementing new nursing initiatives through the HNHB CCAC

- Improved access to speech language pathology services for school age children through CCAC's School Health Support Services
- Enhanced assisted living and personal support services to help individuals and seniors live independently in the community
- Enhanced services in the community for youth and young adults and individuals in crisis with mental health and addictions issues

*For a complete breakdown of the variable funding allocations, click on the chart below.*

Variable funding chart - web



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## Expanding Access to Care in the HNHB LHIN

The HNHB LHIN is receiving funding from the province to expand access to care.

| Initiative                                                                                                                                                              | Funding (\$) |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Expansion of community mental health eating disorders program with six new inpatient beds and four day treatment spaces                                                 | 2,433,000    |
| Additional nurses in schools to help children and youth with mental health and addictions issues                                                                        | 1,092,000    |
| Nursing and personal support services as part of the Behavioural Supports Ontario (BSO) Project                                                                         | 3,879,000    |
| A group of nurses who will provide support using videoconference equipment to people with mental health and addictions issues and people with multiple chronic diseases | 807,000      |
| Part-time Primary Care Lead who will strengthen the relationship between the HNHB LHIN and primary care providers                                                       | 75,000*      |
| Standardized referral processes, forms and terminology to better match people with the                                                                                  | 163,000*     |

|                                                                                                                                                                   |            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| community services that meet their needs                                                                                                                          |            |
| Expansion of the Nurse Led Outreach Team to continue to provide long-term care hom residents with primary care services and minimize avoidable hospital transfers | 149,000*   |
| Additional nurses to ensure individuals in need receive their first in-home nursing visit within 24 hours of discharge from hospital                              | 1,190,000  |
| Nurse Practitioners working in partnership with primary care providers will identify and support individuals who need end-of-life care                            | 583,000    |
| 1,100 more Insured Positron Emission Tomography (PET) Scans                                                                                                       | 1,087,000* |

*\*One-time funding*

## Enhancing Services for the Person Behind the Illness

The HNHB LHIN, along with Ontario's 14 LHINs is investing nearly \$4 million to enhance services for older Ontarians with complex and responsive behaviours by investing in local initiatives that will improve care wherever they live - at home or in the community. The \$40 million provincial investment will allow local health service providers to hire new staff – nurses, personal support workers and other health care providers – and train them in the specialized skills necessary to provide care for these individuals with dignity and respect.

The investment is part of the provincial Behavioural Supports Ontario (BSO) project, which focuses on providing quality care for individuals with these conditions, in an environment that is based on safety, high quality, evidence-based care and practice.

Four LHINs - Central East, Hamilton Niagara Haldimand Brant, North Simcoe Muskoka and South East - will be developing and implementing their local plans beginning November 1, 2011 – with the remaining 10 LHINs implementing in February 2012.

The Behavioural Supports Ontario (BSO) project is a collaboration between LHINs, Alzheimer Society of Ontario, Health Quality Ontario, and the Ministry of Health and Long-Term Care.

### Learn More

[Media Release](#)

[Backgrounder](#)

## Regional Plans for Vascular and Thoracic Services

People with vascular disease will soon benefit from improved access and care thanks to a new regional plan for vascular services throughout the LHIN. The HNHB LHIN is investing \$1.9 million in the three-year plan.

The vascular plan will maintain and support local vascular activity, such as initial outpatient consultation, allowing more patients to be cared for in their community. The most critical patients will continue to be cared for in Hamilton or Niagara.

The plan will allow surgeons to access patient charts and imaging from any hospital site in the LHIN, minimizing duplicate tests and diagnostic images. Partner hospitals include: Hamilton Health Sciences, St. Joseph's Healthcare Hamilton, Joseph Brant Memorial Hospital, Niagara Health System, and Brant Community Healthcare System.

For more information, read the [media release](#).

The LHIN is also working to develop a regional plan for thoracic surgery services. St. Joseph's Healthcare Hamilton (SJHH) has been designated as the HNHB LHIN's regional Thoracic Centre. The designation includes the transfer of all lung cancer surgery, the development of a Non-Malignant Thoracic Program, and the formation of a Lung Diagnostic Assessment Program (DAP) with SJHH and Niagara Health System.

The program will strive to ensure that investigations and care other than surgery will be provided as close to home as possible and will collaborate to support the important existing services and specialists within the HNHB LHIN. With St. Joseph's Healthcare as the lead centre for Thoracic Surgery services, programs such as the DAP will reduce time of suspicion of lung cancer and diagnosis, and it provides a single point of access for timely diagnostic services for suspected lung cancer.

Read the [article in the Hamilton Spectator](#).

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## Good News from Our Partners

### Dr. Bob Kemp Hospice Receives Funding from Province

On August 31, 2011, Sophia Aggelonitis, MPP Hamilton Mountain announced that the Dr, Bob Kemp Hospice will receive \$320,000 from the province. The additional funding will strengthen nursing and personal support.

Read the [article in the Hamilton Spectator](#).

### Investing in Carpenter Hospice to Benefit Burlington Families

On August 31, 2011, Ted McMeekin, MPP Ancaster-Dundas-Flamborough-Westdale announced that Carpenter Hospice will receive additional funding from the province to support end-of-life care for Burlington families.

Read the [media release](#).

### New Birthing Centre for Brant Families

On August 26, 2011, Health Minister Deb Matthews announced that the province is supporting the renewal of the Birthing Centre at Brantford General Hospital. Expectant moms will have access to state-of-the-art birthing facilities closer to home.

The centre will include a new five-room family birthing centre, a 17-bed postpartum unit, and a constant care nursery where il newborns will be cared for according to the highest standards of perinatal care.

Read the [article in the Brantford Expositor](#).

## Niagara Falls Residents to Have Access to New NP-Led Clinic

Niagara Falls residents will soon have access to a new Nurse Practitioner-Led Clinic. The clinic is scheduled to open in Niagara Falls in the new year.

Read the [article in Niagara This Week](#).

## More Access to Supportive Housing for Aboriginal Women

Aboriginal women now have access to more supportive housing in Hamilton. A former refugee settlement centre - now the 'Honouring the Circle' - will provide 23 supportive housing units administered by the Native Women's Centre.

Read the [article in the Hamilton Spectator](#).

## Grand River CHC Gets Ministry Approval

The Ministry of Health and Long-Term Care has given the Grand River Community Health Centre approval to begin tendering construction for a permanent site. The permanent site will be five times bigger than the current site. Construction is expected to be complete in the fall of 2012.

Read the [article in the Brantford Expositor](#).

## Jo Brant Expansion Supported by Province

On August 10, 2011, the province announced its support of the \$312 million redevelopment at Joseph Brant Memorial Hospital.

Read the [article in the Burlington Post](#).

## Residents with Dementia Thrive in Home-Like Environments

Grandview Lodge, a Dunnville long-term care home, is taking unique steps to improving care and quality of life for residents with dementia. Grandview Lodge recently unveiled its new nursery - a familiar place where female residents with dementia can go and care for small, life-like dolls. The nursery is designed to reflect the type of environment they raised their kids in, giving residents with dementia a purpose, a sense of familiarity, and adding meaning to their lives. Dunnville Lodge already had an activity room for men - a garage - that is proving beneficial.

Read the [article in the Dunnville Chronicle](#).

[Click here](#) for more good news stories.

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## Helping Seniors Stay Up & Keep Up!

Falls reduce quality of life for our seniors, impacting their mobility, health and independence. Fall also cost the Ontario health-care system billions of dollars, resulting in avoidable visits to the emergency department, hospitalizations, high Alternate Level of Care rates, and all too often, admission to long-term care homes.



In the fiscal year 2009:

- 50% of injury-related hospitalizations were due to falls;
- >90% of all hip fractures are due to falls;
- 55 per 1,000 seniors visited the ED due to a fall; and
- 13 per 1,000 seniors were hospitalized due to a fall.

Falls are a leading cause of injury and death among seniors. And yet, most falls are avoidable with proper education, awareness, screening, assessment, intervention and prevention.

To address this, Ontario's Local Health Integration Networks (LHINs) and Public Health Units partnered to develop an Integrated Provincial Falls Prevention Framework & Toolkit to improve quality of life for Ontario seniors aged 65 years and over, and to lessen the impact of falls on the health care system by reducing the number and impact of falls.

This project aligns with government and LHIN priorities to reduce Alternate Level of Care and Emergency Department wait times as well as the province's Excellent Care for All Act and public health's Injury Prevention and Healthy Communities strategies.

Many organizations are already doing great work to reduce falls among seniors. This framework and toolkit pulls together leading practices, programs and resources to create a coordinated, consistent approach to measure the effectiveness of falls prevention interventions across the province.

[Click here](#) for more information including the toolkit, background information and FAQs.

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## Preventing Suicide Among Aboriginal Youth

**Suicide rates among Aboriginal youth are five to seven times higher than the national average.**

Youth at Six Nations have organized a concert to help raise awareness of suicide among youth and how to prevent it.

The HNHB LHIN Aboriginal Health Network recognizes youth suicide as a significant issue and continues to build partnerships to better meet the needs of children and youth with mental health and addictions issues.

The Aboriginal Health Network believes youth-led initiatives, like this concert, provide a fun environment while engaging youth and promoting cultural continuity. Cultural continuity is one of the primary determinants of health in the Aboriginal community.

**The concert takes place September 10, 2011, at the White Pines Wellness Centre - 1745 Chiefswood Road, Ohsweken, Six Nations. Check out the [concert flyer](#) for more details.**

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## Maps & Descriptions of HNHB LHIN Providers

We've developed a resource for residents and HSPs alike to help them learn about the health service providers the LHIN funds, the services they offer, and where they are located (note - locations do not necessarily reflect where services are offered).

We've also developed general profiles for each region as compared to the LHIN and Ontario.



[Health Service Provider Booklet](#)

[Community Profiles](#)

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## Upcoming Events

### *Community Events*

#### Monday, September 5, 2011

Labour Day

HNHB LHIN Office Closed

#### Wednesday, September 7, 2011

[Reaching for Recovery Breakfast - Partnering for Mental Health & Addiction Wellness](#)

8:30 a.m.

Simcoe

#### Saturday, September 10, 2011

[Youth Initiative: Suicide Prevention Awareness Concert](#)

12:00 - 6:00 p.m.

Six Nations

#### Tuesday, September 13, 2011

[Alzheimer Society Coffee Break Barbeque](#)

11:00 a.m. - 2:00 p.m.

Hagersville

#### Tuesday, September 27, 2011

[HNHB LHIN Board Business Meeting](#)

4:00 - 7:00 p.m.

Grimsby

*For more community events, [click here.](#)*

### *Health Service Provider Events*

Fall 2011: [Fundamentals in Hospice Palliative Care](#)- **Registration Deadline - September 19, 2011**

September 9-10, 2011: [Cardiology Update 2011](#)

September 14, October 19, & November 16, 2011: [EQUIP for Action on Diversity: Interactive 3-Part Learning Series](#)

September 15-16, 2011: [Geriatric Assessment Training Program](#)

September 17, 2011: [Interventional Pain Conference](#)

September 23, 2011: [SOADI 9th Annual Gathering: Planting the Seeds of Health and Wellness](#)

September 24, 2011: [Hamilton Scleroderma Update 2011](#)

September 30, 2011: [Annual McMaster Update in Thromboembolism and Hemostasis](#)

For more HSP events, [click here](#).

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