



LHINSight

LHINSight is the Hamilton Niagara Haldimand Brant Local Health Integration Network (HNHB LHIN) electronic newsletter. Please share it with colleagues, clients, friends and family.

Creating a health care system that helps keep people healthy, gets them good care when they are sick, and will be there for our children and grandchildren.

November 2012 - Volume 1

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Update from the Board Meeting

The minutes from the October 30, 2012 board business meeting will be posted following approval at the December 12 business meeting. In the meantime, please read through some of the highlights from meeting. [Read more...](#)

Share your Thoughts on the Draft ACTION Plan

At its October 30, 2012 business meeting, the HNHB LHIN Board received the draft Strategic Health System Plan - ACTION project. We want to know what you think about the draft plan! The final Strategic Health System Plan will go to the Board December 12, 2012. **Feedback will be accepted until Friday, November 16, 2012.**

[Read more...](#)

Keeping People Healthier at Home

Local residents – especially seniors – in the HNHB LHIN now have more options for care and to live independently in their homes. The HNHB LHIN is investing \$15.1 million in programs and services to support citizens throughout our communities. We are investing in services for individuals with mental health and addictions issues, high risk seniors, assisted living services, falls prevention and palliative care.

[Read more...](#)

Donna's Blog - November 2012

Check out an excerpt from Donna Cripps' latest blog post and be sure to read her next post on Monday, December 3, 2012.

[Read more...](#)

Free Workshop for Health Service Providers

We are looking for organizations within the HNHB LHIN to identify a 'champion' to participate in a Train-the-Trainer workshop. Workshops will provide the knowledge, skills, ideas and resources needed for these identified champions to develop and implement an Advance Care Planning strategy within their organization. There are six workshops across the LHIN throughout November.

[Read more...](#)

Update in Geriatrics Conference

The following is a message from McMaster University Department of Health Sciences, Department of Geriatric Medicine and the Regional Geriatric Program central (RGPC) regarding the **Update in Geriatrics Conference** in Hamilton.

[Read more...](#)

Getting the Flu Shot: What's Your Reason?

In this short video, staff members, physicians and volunteers at Hamilton Health Sciences talk about why getting the flu shot is important to them.

[Read more...](#)

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For the first time ever, all long-term care (LTC) homes in Ontario are reporting on the quality of care they deliver to their clients. With all homes in the province reporting these results, Ontario has the most comprehensive LTC public reporting website in Canada.

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For almost two decades, the Canadian College of Health Leaders' National Awards Program has been showcasing the success of exemplary individuals, teams and organizations throughout Canada. These awards encourage knowledge exchange, celebrate excellence and stimulate replication of best practices across the industry.

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Feature Tweets

Stay informed of HNHB LHIN initiatives and activities by following us on Twitter.

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Events Calendar

Check out upcoming events in the HNHB LHIN.

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Update from the Board Meeting: October 30, 2012

The minutes from the October 30, 2012 board business meeting will be posted following approval at the December 12 business meeting. In the meantime, please read through some of the highlights from meeting.

Highlights

- Donna Cripps spoke about her invitation to meet with Intermountain Healthcare in Salt Lake City, Utah. There are some similarities between its health system and ours in HNHB LHIN including population and number of providers. At Intermountain, the key focus is on the patient and patient data. While no system is perfect, there are opportunities to learn from what works in other systems and how it may be adapted here.
- The Board received the draft Strategic Health System Plan (ACTION) and an overview presentation on the key strategic directions and the goals of each. The draft plan is available at www.hnhblhin.on.ca and is open for public feedback until November 16, 2012 (see story below).

Unable to attend our Board meetings? Follow us on Twitter to stay informed through live tweets!

Share your Thoughts on the Draft ACTION Plan



The draft Strategic Health System (ACTION) Plan is available on our website and we want your feedback!

At its October 30, 2012 business meeting, the HNHB LHIN Board received the draft Strategic Health System Plan - ACTION project. We want to know what you think about the draft plan! The final Strategic Health System Plan will go to the Board December 12, 2012. **Feedback will be accepted until Friday, November 16, 2012.**

Key Strategic Directions

1. Dramatically improve the patient experience through Quality, Integration and Value
2. Dramatically improve the patient experience by Integrating Service Delivery
3. Dramatically improve the patient experience by evolving the role of the LHIN to become Health System Commissioner

Full Materials

- [Draft Strategic Health System Plan](#)
- [Appendices](#)
- [ACTION Presentation to the HNHB LHIN Board of Directors - October 30, 2012](#)

[CLICK HERE](#) to share your thoughts!

Keeping People Healthier at Home

Local residents – especially seniors – in the HNHB LHIN now have more options for care and to live independently in their homes.

The HNHB LHIN is investing \$15.1 million in programs and services to support citizens throughout our communities. We are investing in services for individuals with mental health and addictions issues, high risk seniors, assisted living services, falls prevention and palliative care.

We know these investments are important to people and their families. On October 25, 2012, the LHIN in partnership with health service providers, held three events (North Hamilton Community Health Centre (CHC) in Hamilton, St. Leonard's Community Services in Brantford, and Hospice Niagara in St. Catharines) to announce and celebrate this investment in care close to home. At each event, we heard first-hand how these investments are helping people like Maurice to better manage his diabetes, Zachary and Randy to recover from addictions, and Dorothy to feel supported and comforted after the loss of her husband.



Hon. Ted McMeekin, MPP for Ancaster-Dundas-Flamborough-Westdale and Deb Matthews, Minister of Health and Long-Term Care, to 72-year-old Hamilton resident, Maurice Schneberk about how the Feet First program at North Hamilton Community Health Centre has helped him to better manage his diabetes.



Zachary and Randy share their personal stories which include overcoming addictions with the help and support of St. Leonard's Community Services.



Dorothy Guay thanks Hospice Niagara for the compassionate support she and her late husband received through palliative care and bereavement services.

These investments will help local residents return home sooner following a hospital stay. It also will help free up hospital and long-term care beds, shorten emergency room wait times and reduce the number of

readmitted patients. In addition, 90,000 more seniors across the province will receive care at home thanks to an additional three million personal support worker hours over the next three years.

Increased support for home care and community services supports the LHIN's [ACTION: A Call To IntegratiOn Now](#) work, to help ensure citizens the right care, at the right time, in the right place and is part of Ontario's Action Plan for Health Care.

For more information, including a list of funded programs, read through the October 25th media materials available on our website under ['News from the HNHB LHIN.'](#)

Donna's Blog - November 2012

Check out an excerpt from Donna Cripps' latest blog post and be sure to read her next post on Monday, December 3, 2012.

"Do you remember what you were doing on October 25th? According to the Minister of Health Deb Matthews, it was "the best day of her life as Minister." She participated in one of three events we held to celebrate a \$15.1 million investment in home care and community services for citizens and their families throughout our LHIN.

This is a big investment and what makes it so important is what's behind the dollars.

At the North Hamilton Community Health Centre (CHC), we heard from 72-year-old Maurice. Three years ago, he began receiving regular preventative foot care through the North Hamilton CHC's Feet First Steps for Health Program, which provides assessment, consultation and treatment for individuals with diabetes. "Managing my diabetes was a challenge before I attended the program," says Maurice. "I'm not sure I would have known what to do to prevent problems."

...I know there are literally thousands of others in our LHIN who benefit from community programs and services. And that's why our continued focus is on the person.

Now is the time to be bold, take action and transform the health system so that it puts people at the heart of high quality health care. This is the foundation of our ACTION work, which has resulted in a draft Strategic Health System Plan.

The draft plan is now available on our website for public comment until November 16. [Click here](#) to review the plan and provide your feedback."

[Read the full Blog Post.](#)



[Sign up to receive Donna's Blog](#)

Free Workshop for Health Service Providers

Health Care Consent & Advance Care Planning Train-the-Trainer Workshops

Speak Up



We are looking for organizations within the HNHB LHIN to identify a 'champion' to participate in a Train-the-Trainer workshop. The expectation is that participants will be supported to launch an Advance Care Planning education and knowledge transfer strategy for their colleagues, clients and families.

Workshops will provide the knowledge, skills, ideas and resources needed for these identified champions to develop and implement an Advance Care Planning strategy within their organization.

There are six workshops across the LHIN throughout November. *You must be a Regulated Health Service Provider to participate.*

[Click here](#) to view the flyer for dates/locations and to register.

This program is a partnership between the HNHB LHIN and the HNHB Hospice Palliative Care Network.

Attention Health Care Providers: Update in Geriatrics Conference

The following is a message from McMaster University Department of Health Sciences, Department of Geriatric Medicine and the Regional Geriatric Program central (RGPC).

On November 28th, the 2nd Annual Update in Geriatrics Conference is taking place at the Hamilton Convention Centre.

Update in Geriatrics - Tipping Points: Landmark Advances and Cautionary Tales

We are especially pleased to present three world renowned experts in Geriatric Care and Research:

Dr. Sharon Inouye – **Developer of CAM and HELP**

Dr. David Sackett - **Pioneer of Evidence-Based Medicine**

Dr. Paul Katz – **Recognized across the world as a leader in the long term care field**

A special Life Long Achievement Award will be presented to Dr. David Sackett.

[Click here](#) to view the flyer.

Please plan to attend.

Register by phone at 905-525-9140 ext. 22671 or online at:
www.fhs.mcmaster.ca/conted.

Getting the Flu Shot: What's Your Reason?

Video submitted by Hamilton Health Sciences

In this short video, staff members, physicians and volunteers at Hamilton Health Sciences talk about why getting the flu shot is important to them.

What's Your Reason



Find a Free Flu Clinic Near You

To learn more about how the flu shot works, why it's helpful and to find a free flu clinic near you, [click here](#) to visit the flu information section of the Ministry of Health and Long-Term Care's website.

Flu Shot



Improving Quality Monitoring in Ontario

Submitted by Health Quality Ontario (HQO).

For the first time ever, all long-term care (LTC) HQO LTC homes in Ontario are reporting on the quality of care they deliver to their clients. With all homes in the province reporting these results, Ontario has the most comprehensive LTC public reporting website in Canada.



The data is posted and is freely available on Health Quality Ontario's updated website: www.hqontario.ca.

One of HQO's key roles is to provide relevant, timely monitoring, as well as effective measurement and reporting, on the performance of Ontario's health system. "Public reporting helps drive a culture of quality and value that benefits both the system and the people it serves," says Dr. Ben Chan, CEO of HQO. "LTC homes' engagement in public reporting, and the fact that all homes are reporting their data on HQO's website, are demonstrations of the LTC sector's commitment to accountability, transparency, and a common quality agenda."

Debbie Humphreys, acting CEO of the Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS), said that her organization: "strongly supports Health Quality Ontario in its mandate to monitor health service quality in Ontario. We are particularly pleased to have participated in HQO's public reporting initiative for long-term care and are very happy to see that quality measures for all Ontario homes are now included on the public reporting website." She added, "We look forward to participating further with HQO in the identification of quality thresholds and more quality of life indicators for residents of long-term care homes."

HQO's public reporting website, and the updates made to it, also drew praise from Candace Chartier the CEO of the Ontario Long-Term Care Association (OLTCA). Chartier stated: "OLTCA is committed to quality improvement that will lead to better resident health, better care performance and better professional development. HQO's public reporting website is a valuable source of information that our member homes use to inform our quality improvement activities."

Ongoing improvements to the website and updates to LTC data are part of HQO's efforts to build evidence and knowledge, broker improvement in the health care system, and evaluate the progress of a province-wide common quality agenda. The LTC homes' commitment to public reporting is an important step in getting all sectors on the same path towards a sustainable, continually improving health system.

Canadian College of Health Leaders: Call for Nominations

Submitted by the Canadian College of Health Leaders (CCHL).



CANADIAN COLLEGE OF HEALTH LEADERS COLLÈGE CANADIEN DES LEADERS EN SANTÉ

Learning, Leading, Inspiring Apprendre, mener, inspirer

For almost two decades, the Canadian College of Health Leaders' National Awards Program has been showcasing the success of exemplary individuals, teams and organizations throughout Canada. These awards encourage knowledge exchange, celebrate excellence and stimulate replication of best practices across the industry.

To nominate a program, individual or team for an award, please download the award template which is available on the College's website: www.cchl-ccls.ca, under National Awards Program. The award template includes everything you need to complete your nomination, including the award criteria, the nomination form and the report template.

There is a new submission process for many of our sponsored awards, honouring individuals. Nominations are to be submitted in two sections. Section A, which is a 250 word summary, is due on November 16, 2012. The summaries will then be reviewed by the selection committees and a shortlist of top contenders will be formed. Those shortlisted will be asked to complete Section B of the nomination template. Section B of the template is due February 1, 2013.

Submissions for team and organizational awards are due on February 1, 2013.

Nominations are invited for the following awards:

- 3M Health Care Quality Team Awards
- Energy and Environmental Stewardship Award
- Healthcare Safety Award
- Innovation Award for Healthcare Leadership
- Mentorship Award
- Nursing Leadership Award
- President's Award for Outstanding Corporate Membership in the College
- Quality of Life Award
- The Robert Wood Johnson Award
- The Robert Zed Young Health Leader Award

Should you have any questions, please contact Cindy MacBride, Manager of Awards & Sponsorships, at cmacbride@cchl-ccls.ca or by phone at 1-800-363-9056 ext. 13.

Feature Tweets

- (@Deb_Matthews) Action Plan in action! \$15.1M more in @HNHB_LHIngage 4 treatment & support 4 seniors' health @ home / <http://tinyurl.com/cs8gtea> @TedMcMeekin
- What a great day for health care! What a great day for patients and clients! Thank you @Deb_Matthews for visiting the HNHB LHIN and the NHCHC
- (@RandallSRoberts) Thank you @HNHB_LHIngage for your support with Addictions/MentalHealth.

@brantnews Improving health care delivery. bit.ly/PvXVda

- Thank U 4 sharing ur heartfelt story. We come 2 work everyday 2 make a diff 4 ppl like you! <http://bit.ly/PvXVda>
- Our investments in mental health/addictions, high risk seniors, assisted living, falls prevention, palliative care will make a diff 4 ppl
- Here is your opportunity to provide feedback on the draft Strategic Health System Plan - ACTION project <http://bit.ly/SxEwqP>

**Follow @HNHB_LHINgage to stay informed of HNHB LHIN initiatives and activities.
We want to stay informed too - let us know if you're on Twitter!**



Upcoming Events

Community Events

Thursday, November 8, 2012

[Recent Advances in Alzheimer's Disease](#)

7:00 - 9:00p.m.

Brantford

Monday, November 19, 2012

[Learn About Support for the Family Caregiver](#)

7:00 - 9:00 p.m.

Beamsville

For more community events, [click here.](#)

Health Service Provider Events

November 2012 (various dates): [Health Care Consent & Advance Care Planning Train-the-Trainer Workshops](#)

November 14, 2012: [Evidence-Based Management of the Diabetes Epidemic](#)

November 21, 2012: [Innovative Practice in Mental Health and Addiction](#)

November 21, 2012: [Decoding Diagnostics](#)

November 24, 2012: [Lunch and Learn - Traditional Indigenous Wisdom Keeper on Violence](#)

November 27, 2012: [Starting the Hospital Elder Life Program \(HELP\) at Your Hospital](#)

November 28, 2012: [Update in Geriatrics](#)

November 29, 2012: [Evaluation and Management of the Upper Extremity](#)

For more HSP events, [click here](#).

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