

Local Health Integration Network



The **Aging @ Home Strategy** is making great strides and we are moving forward with the first of our initiatives. In this edition of The Connection we take a look at those initiatives, ways we have been engaging the community, and next steps. We will also look at the placement of the new vans that have been distributed across our LHIN. [Click here for full article....](#)

The Evolution of Health Care in Windsor/Essex Community Health Centre Review

Community health care in the Windsor/Essex area is changing. Over the next five years a new plan, with a focus on delivering sustainable, integrated and coordinated services, will look to address these changes.

For more information on the development of this plan, [click here...](#)

Erie St. Clair LHIN Becomes Even More "Valuable"

Learn about four reasons to expect more from your

Wednesday, July 23, 2008

Health Professionals Advisory Committee



[Click here for the latest update.](#)

BANA Conference September 9-11, 2008

The Bulimia Anorexia Nervosa Association (BANA) is hosting "The Global Dinner Table - Insights into the world-wide epidemic of eating disorders" in September.

The conference will be beneficial and enlightening to individuals directly or in a potential position to support individuals with eating disorders.

For more information, [click here](#).

Online

For the latest news, events and other information about the Erie St. Clair LHIN, check out our web site: www.eriestclairhin.on.ca

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Aging @ Home Update

lhinconnection | 22 July, 2008 14:22

On August 28th, 2007, the Government of Ontario announced the Aging @ Home Strategy, a program which will invest \$702 million into local services throughout Ontario to help seniors live independently and healthy in their homes.



Over the first three years of the initiative, the Erie St. Clair Local Health Integration Network (LHIN) will receive approximately \$31 million dollars to support the local needs of senior citizens in Chatham-Kent, Sarnia/Lambton and Windsor/Essex.

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Since its inception, the Aging @ Home Strategy has made great strides and is continuing to move forward with several first year initiatives.

As part of the ESC LHIN's initial planning process for the Aging @ Home Strategy, a High Level Directional Plan was developed. As a first step in developing the plan, an "Aging @ Home Advisory Network", comprised of members from the health care service system and other concerned individuals, was created. The aim of the group and the planning process was to develop a localized consensus on priorities to examine. The key priorities identified were:

- Transportation Services
- Nutritional Improvements & Meal Services
- End-of-Life Care Services
- Enhanced Localized Home Care
- Improved Access to Assistive Devices

All of these priorities have seen great advancement in the first year of the initiative. LHIN staff and community partners have put a great deal of time and effort into the project. The LHIN is continuing to work towards fulfilling the needs of seniors through this plan with the year-two and three investments that promise a greater impact.

An Update on First Year Initiatives



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Transportation Services

On July 17, 2008, the Erie St. Clair LHIN announced the purchase of 10 vehicles across the region to provide transportation to seniors. This plan supports senior’s ability to stay at home by providing a means to get to and from medical appointments, wellness programs and recreational activities. Included was 6 vans provided by the Ontario government to service providers across the region and 4 additional vehicles funded by the Erie St. Clair LHIN.

Vehicle Distribution Across Erie St. Clair.

Health Service Provider	Vehicle
Amherstburg Community Services	Van
Centre for Seniors Windsor (in partnership with The Hospice of Windsor & Essex County)	Van
Essex Community Services	Van
Family Services Kent	Van

Lambton Elderly Outreach	Van
Walpole Island First Nation	Van
Canadian Red Cross of Sarnia-Lambton	Van
Family Services Kent	Wheel Chair Accessible Mini-Bus
South Essex Community Council	Wheel Chair Accessible Bus
Lakeshore Community Service	Wheel Chair Accessible Bus



Nutrition and Meals

Another area of focus in the Aging @ Home Strategy is Nutritional Improvements and Meal Services. The LHIN is currently taking an active role in encouraging service providers to offer culturally diverse meals to seniors.

In 2001, the population of visible minorities in Erie St. Clair was 8.1%. That number has risen to 10.1% in 2008 demonstrating the need for such services. A new program aiming to serve the large South Asian population in Windsor/Essex through specialized meal options is being piloted by

VON Windsor-Essex. If the program is successful, it will be extended to include other diverse communities. In addition to this program, the South Essex Community Council is partnering with Leamington Mennonite Home to offer congregate dining for Mennonite seniors who reside in the community.



Home Care

Enhancing localized home care is another top priority for the LHIN. The Sarnia-Lambton branch of the Canadian Red Cross will be initiating the “Back to Your Home” program. This service focuses on facilitating the timely discharge of seniors from hospital to home and will include transportation, picking up any prescriptions or ADP (Assistive Devices Program) equipment, and providing meals and light housekeeping where needed. Many seniors do not have access to a great deal of social support (e.g. family, spouse), this program will address their need for assistance during the recovery period while freeing up hospital beds for more critical care patients.



End-of-Life Care

Two new programs have been added to Erie St. Clair to address the priority of End-of-Life Care Services. The North Lambton Community Health Centre will be providing palliative care in the home through a Mobile Palliative Care Team. This team will provide cross-sector consultation, advanced care planning and best practice standards advancement. As well, the Community Care Access Centre (CCAC) will be providing education for front-line staff, caregivers and volunteers through the End-of-Life Care Education Program. Both of these programs focus on allowing seniors to stay at home as long as possible at this difficult stage of life, while building specialized care capacity and competency across our region.



Assistive Devices

Finally, the Improved Access to Assistive Devices priority focuses on making assistive devices more readily available to seniors. A program created by the Alzheimer Society of Sarnia Lambton will be providing loaner mobility monitors to seniors with alzheimer's. This device alerts staff to a patient's location. The CCAC will also be providing ROHO cushions that alleviate pain in seniors with limited mobility.

Community Engagement

Over the past year, the Erie St. Clair LHIN has had great success in engaging the community and health service providers. Community Engagement has conducted 15 focus groups throughout the region with seniors, caregivers and clinicians providing the LHIN with tremendous input. As well, a survey was conducted at Flu Shot Clinics across Erie St. Clair. Participants were asked to answer a variety of questions with topics ranging from service accessibility, use and satisfaction to creative solutions for services and programs that would support seniors in their homes/communities. This survey yielded 647 participants. In total, the LHIN has reached out to 967 participants representing the geographies within our LHIN and including a focus on various cultural groups. In addition, over 500 people took part in the Aging @ Home Innovations Expo held on April 23, 2008 at the Metro Toronto Convention Centre. The success that Aging @ Home has seen so far has been a direct result of the community's input.

Going Forward

In year one, a total of \$3.8 million was allocated to the Erie St. Clair LHIN for the Aging @ Home Astrategy. Year two will see an allocation of \$9.9 million and year three with \$17.2 million.

As Aging @ Home enters its second and third year there is more work to be done. Other concerns that will also be addressed include home maintenance and repair, adult day programs, friendly visiting and security checks, supportive housing/ supportive living environments and specialized geriatric services. The Erie St. Clair

LHIN will continue to identify innovative solutions to keep seniors healthy and

living in the comfort of their own home.

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Community Health Centre Review

Ihinconnection | 22 July, 2008 11:44

Community Health Centre Review

Overview



The Erie St. Clair LHIN is currently working in collaboration with the Essex County Community Health Centres (CHC)

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to realign CHC resources and processes that will be the foundation for primary care services in Windsor/Essex. These CHC's include the Sandwich Community Health Centre, Teen Health Centre and the City Centre Community Health Centre (Teen Health Centre satellite). The design of a future model and staged implementation plan for the Windsor/Essex community health care system over the next five years will be developed. This system will focus on delivering sustainable, integrated and coordinated services that meet the needs of the local population.

Update

The CHC Review Steering Committee members are embracing a set of criteria for moving integration forward that demonstrates a commitment to staff, community stakeholders and clients of the Essex County CHCs. These criteria

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are:

- A commitment to move at a measured pace building trust along the way
- A commitment to maintain current brands, service excellence and what makes the current programs unique
- A commitment to support staff and physicians, and to build a learning organization
- A commitment to maintain current quality and create enhancements
- A commitment to maintain and enhance current engagement with communities/clients through Board participation and community advisory groups
- A commitment to map out the transition phase with agreement on key decision points required for advancing to each phase

Furthermore, the Tri-Boards of the Essex County CHCs met on May 20, 2008, to continue discussions as part of the program review. A milestone in the process was reached as the members established a mutual commitment to continue discussion on an integrated model of community care for Windsor/Essex.

Next Steps

Phase 1 of the review is nearing completion with a Steering Committee consisting of Board Members from the Sandwich Community Health Centre and the Teen Health Centre meeting throughout the summer. This group will focus their discussions around key components and opportunities for integration leading to a preferred organization model. It is expected that Phase 2 will begin in September 2008 with the focus of developing an

organizational model. A mutually agreed upon progress report will be shared with respective Boards by the Steering Committee in September.

For more information on the Essex County CHCs, visit their [web site](#).

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Erie St. Clair Becomes Even More "Valuable"

lhinconnection | 22 July, 2008 12:16

The Erie St. Clair Local Health Integration Network (LHIN) staff are embracing a new way of thinking. Our organization is moving forward by implementing four core values that define what is really important to become as successful as possible. These four values include:

1. DREAM IT – Every idea needs an open mind.
2. SHARE IT – Knowledge is power.
3. OWN IT – Know what to do and take responsibility for it.
4. LIVE IT – Be the example.

We believe that by instilling these values in our organization, our working

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environment will be greatly improved thereby promoting collective achievement. We look forward to hearing from our Health Service Providers as they see these values put into action.



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Health Professionals Advisory Committee

Ihinconnection | 22 July, 2008 16:06

Collaboration and consultation with our many stakeholders is integral to our mission. As front line providers of care, health professionals are essential members of our community and have a valued role in helping to achieve the vision of healthcare in Erie St. Clair. The Erie St. Clair LHIN has established its own health professionals' advisory committee comprised of members from a range of health services professions. This multi-disciplinary committee has the responsibility of providing advice to the network on how to achieve patient-centred healthcare.

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CATEGORY	NAME
College of Physicians and Surgeons of Ontario	Dr. Robert Page
	Dr. Andrea Steen
	Dr. Michael Winger
College of Nurses of Ontario	Ms. Jacqueline Andrew
	Ms. Alana Halfpenny
	Ms. Jacquie Logan-Stephens
	Mr. Karl Sweet
College of Dietitians of Ontario	Ms. Cindy Dodsworth
College of Physiotherapists and Occupational Therapists of Ontario	Ms. Helen Johnson
Ontario College of Pharmacists	Ms. Christine Donaldson
College of Psychologists and Social Workers of Ontario	Dr. Annette Dufresne
Other	Mr. Mario Aquilina
	Dr. Luke Winegard

Up To Three (3) Additional Persons – Excluding Physicians or Nurses

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Mandate of the Committee

The Health Professionals Advisory Committees are responsible for assisting the LHIN in carrying out its responsibilities by providing advice on how to achieve patient-centered health care. Among the variety of areas of interest, the committee will specifically consider the following:

- health status of demographic segments of the population
- innovative approaches to health service delivery
- utilization of health human resources
- health promotion and illness prevention
- other matters the committee determines and that are consistent with the objectives of the LHIN
- other areas the LHIN considers appropriate and specifies to the committee

Committee Composition

The Ontario Regulation made under the *Local Health System Integration Act, 2006* states that each committee shall have at least the following 12 members:

- four members of the College of Physicians and Surgeons of Ontario

- one who is authorized to practice in the area of family medicine and who practices in the community
 - one who is authorized to practice in a specialty of medicine that is not family medicine and who provides care to in-patients in a hospital
 - two additional members
- four members of the College of Nurses of Ontario
 - At least one from each of the following sectors: hospital, community and long-term care and at least one of whom holds a certificate of registration for registered practical nurses
- one member of the College of Dietitians of Ontario who is from the hospital, long-term care or community sector
- one member of the College of Occupational Therapists of Ontario or the College of Physiotherapists of Ontario
- one member of the Ontario College of Pharmacists who is from the hospital long-term care or community sector
- one member of the College of Psychologists or Ontario or the Ontario College of Social Workers and Social Service Workers who is from the community, long-term care or mental health sector
- the committee may also have 3 additional members who meet the membership criteria (below), but none of whom

shall be a member of the College of Nurses of Ontario or
the College of Physicians and Surgeons of Ontario

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The Global Dinner Table

Insights into the world-wide epidemic of Eating Disorders



September 9 -11, 2008

(Welcoming Reception Sept 8)

Windsor, Ontario, Canada

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