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## **Aging at Home Strategy**

### **Message from Juanita Gledhill, HNHB Board Chair**

On Aug. 29th, I had the privilege of joining Health Minister George Smitherman and many community members at the Winona Seniors Centre for an exciting announcement that dramatically changes the delivery of services and care in our LHIN.



On that day, Minister Smitherman announced \$60 million in funding to the Hamilton Niagara Haldimand Brant LHIN for an

exciting, community-focused three-year Aging at Home strategy. The announcement was a clear reflection of what the community has been voicing for many years, "provide us with the programs and services to ensure our seniors can live the life they choose in their aging years." Our board members and I were very proud to be part of that historic, long awaited day.

Together with many people in our communities our LHIN has already embarked on much work related to this wonderful opportunity including a September planning roundtable, and a community forum in October. I know many of you are currently putting together your pre-proposals for funding dollars and the Board is eager to review those that come forward to our January Board meeting.

We look forward to working with many organizations from across our LHIN in the coming months and years – from community groups and faith assemblies, to neighbourhood associations and non- profit organizations. This is *our opportunity* and each one of us has a role to play in the Aging at Home strategy – what's yours?

### **About the Bulletin**

Welcome to the first edition of the HNHB LHIN Aging at Home (AAH) Bulletin. This bi-weekly publication aims to keep the community informed about what is happening in the HNHB LHIN regarding the AAH strategy. Initially most of the content of the bulletin will come from the HNHB LHIN; however, as time passes, the bulletin will offer a place to celebrate the strategies, successes, and innovations that our communities develop to help our population age at home. This bulletin is being sent to any organization, group, or individual interested in supporting seniors to age at home. If you are, or you know of, an organization that would like to be included on our mailing list, please email [hamiltonniagarahaldimandbrant@lhins.on.ca](mailto:hamiltonniagarahaldimandbrant@lhins.on.ca) Bulletins are available on the HNHB LHIN website at: [www.hnhblhin.on.ca](http://www.hnhblhin.on.ca) under the AAH tab.

## A Strategy Overview

### The Ministry Announcement

Ontario's population is aging. At present, 15% of HNHB LHIN's population is over the age of 65. By 2016, the number is projected to reach 17.5%. This shift in demographics will increase the demand on the health care system dramatically. To counteract this shift, the Ministry of Health and Long Term Care has announced its Aging at Home (AAH) strategy.

### Our HNHB LHIN

As part of the AAH strategy, over \$60 million will be invested in HNHB LHIN over the next three years to support seniors' independent living and aging at home. This is exciting news for our community!



### Goals

In this first year, the HNHB LHIN's AAH goals are:

- To ensure that everyone has access to services and supports for seniors that enhance healthy aging in the home.
- To help seniors, their families, and caregivers get the right service at the right time, from the right place, and the right provider to age at home.
- To support the caregivers - that make aging at home possible - to sustain their health, well being, and ability to support loved ones.
- To increase the range and scope of supports in the home to enhance choices for healthy aging.

To that end, the HNHB LHIN is currently accepting pre-proposals for initiatives that support the implementation of the AAH strategy.

### Types of Funding

The types of funding eligible in the first year include:

- One time project funding, pilot or demonstration
- Minor capital funding under \$100,000
- Start up funding (one-time)
- On-going base operating funding

### Submit a Proposal

We encourage you to submit a pre-proposal. We know there are many service providers in the HNHB LHIN that have terrific ideas about how to help seniors age at home.

### Three Year Initiative

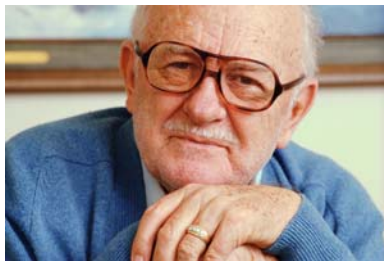
This is a three year initiative. If the timelines are too tight for your organization this time around, do not worry; we will have many more opportunities in years two and three of the strategy.

For more information about the pre-proposal process or the Aging at Home strategy, please visit our website at [www.hnhblhin.on.ca](http://www.hnhblhin.on.ca)



## New Deadlines for Pre-Proposals

A reminder for those of you busy writing your pre-proposals: The deadlines have been revised!



Timelines have been moved to:

- December 7 – Pre-proposals due to HNHB LHIN
- January 25 – HNHB LHIN Board approves intent to fund pre-proposals
- January 28 – Organizations notified about pre-proposal status
- February 8 – Service Plans due to HNHB LHIN
- February 26 – HNHB LHIN Board approves service plans
- February 29 – HNHB LHIN reports to MoHLTC regarding Aging at Home strategy
- March – Organizations notified by HNHB LHIN about funding approvals.



### A Tip for your Pre-Proposal

**Innovate**

Do you have a new way of providing a service, or a new group you could provide to? Does your proposal include non-traditional partnerships or underserved clients? Have you heard of a great idea that hasn't been tried in this area? As is mandated by the Ministry, at least 20% of the Aging at Home Strategy funds are for innovation. This is your chance to think outside the box and be creative in your strategies.

## Still have Questions?

Thank you to everyone that participated in our four teleconferences. You asked some great questions.

The questions and answers have been posted on the HNHB LHIN website:  
[www.hnhblhin.on.ca](http://www.hnhblhin.on.ca)



If you still have questions, please contact Kathy Gilchrist at [kathy.gilchrist@lhins.on.ca](mailto:kathy.gilchrist@lhins.on.ca). She would be happy to hear from you.



## From the HNHB LHIN's Perspective: About Collaboration

In each bulletin we will include a quote or statement that talks about the culture of the HNHB LHIN and its values. This issue's quote is in response to questions from organizations feeling the push to collaborate.

*"Collaboration is not something that one does in order to get funding. It's something done as a matter of course for daily operations and annual planning to improve the delivery of health services. When done as a matter of course, then the issue of getting a collaboration going on short notice does not come up, since it is already in place."*



## Links

Each bulletin will contain links to information that might be of interest to you. If you have a link to share, please email us at:

[hamiltonniagarahaldimandbrant@lhins.on.ca](mailto:hamiltonniagarahaldimandbrant@lhins.on.ca)

As this is the first bulletin, the focus is on links to information available through the HNHB LHIN. (Click on the title to open the link or visit our website [www.lhins.on.ca](http://www.lhins.on.ca))

### [Aging at Home Directional Plan](#)

*Why read?:* If you are busy pre-proposal writing, this document will give you a sense of the HNHB LHIN's priorities for funding, some of the language important to the HNHB LHIN, and an overview of the entire AAH strategy.

### [Exploring Possibility Together: Proceedings from the Community Planning Session](#)

*Why read?:* This document captures the feedback provided by many of you at the October planning session. It can give you ideas about community priorities and possible partnerships.



*This Aging at Home Bulletin is produced by the Hamilton Niagara Haldimand Brant LHIN, one of 14 local health integration networks. The LHIN is responsible for planning, coordinating and funding the local health system in this region which spans from Burlington to Fort Erie and from Burford to Cayuga and includes more than 1.3 million residents. The LHIN represents local decision-making; decisions about the organization, coordination and funding of health services will be made closer to home by people who live and work in the LHIN. The health services include community support services, mental health and addictions services, community health centres, the Community Care Access Centre, long-term care homes and hospital services*

*For more information, please regularly check our web-site [www.hnhblhin.on.ca](http://www.hnhblhin.on.ca).*

## Spotlight

The HNHB LHIN is excited to have **Jenny Barretto** leading the team on the Aging at Home strategy. Jenny brings a commitment to community and a clear vision of the big picture to our team. She is a whiz when it comes to operations and is great at bringing a team together to get things done.

If you have questions about the strategy in general and/or how it fits within the larger LHIN mandate, Jenny is the person to talk to.

As the HNHB LHIN ramps up the strategy, the Aging At Home team will be working collaboratively with staff, stakeholders, and the larger community, to draw out the skills and capacity that each of us has in order to make this strategy as successful as possible.

Jenny believes that the AAH strategy is *"A great opportunity for the community to take action to help its senior's age at home. There is wonderful flexibility in the funding. It allows us to plan responsively to answer the question; what can we do to help support seniors to age at home, where they want to be."*

Backing Jenny is a diverse team of people in a variety of roles. Next bulletin, we will share a little about each of the other team members!