



New awards program celebrates real life heroes

Every day, ordinary people in our community are going to extraordinary lengths to improve the lives of those who are impacted by age, illness and disability and live at home.

To pay tribute to these caregivers, the Mississauga Halton CCAC proudly announces its "Heroes in the Home" Caregiver Recognition Awards.

This program will recognize the efforts of health care professionals, family members, friends, community volunteers or anyone else providing outstanding care to someone in need. Anyone is welcome to submit a nomination.

[Read more about Heroes in the Home.](#)



Mississauga Halton CCAC welcomes new Board members

The Mississauga Halton CCAC is pleased to welcome four new members to its Board of Directors for the 2010/11 year. The new members are Ray Gilbert, Kareen Hall, Jane Ottman and Dieter Pagani.

This year's Executive Officers are Astrid Lakats (Chair), Kelly Bottone (Vice-Chair), Anne Ptolemy (Secretary) and Bruce McCuaig (Treasurer).

The Board is currently overseeing the development of the 2011/14 Strategic Plan set for release later this fall. Over the course of the next year, members will be working with each other, CCAC staff and local and provincial partners to ensure our clients receive the highest quality services.

[Click here](#) for more information about the Mississauga Halton CCAC Board of Directors.

Working with partners to reduce ALC rates

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Our Vision

Outstanding care – every person, every day.

Our Mission

To deliver a seamless experience through the health system for people in our diverse communities, providing equitable access, individualized care coordination and quality health care.

Our Values

We are guided by four principles:
Caring for our clients and each other
Accountability for what we say and do
Respect for our differences and diversity
Excellence in our practices.

The Mississauga Halton CCAC has been working closely with its acute care partners to successfully reduce the number of Alternate Level of Care (ALC) patients occupying hospital beds.

Results from an Ontario Hospital Association survey conducted this summer demonstrate that, at 10 per cent, our region has the lowest percentage of acute and other in-patient care beds occupied by ALC patients. The provincial average is 16 per cent.

[Read more about ALC rates.](#)

Improving palliative care for patients

Palliative patients in Mississauga Halton are now getting access to better services and their care will continue to improve due to the Mississauga Halton Palliative Care Initiative.



The initiative is sponsored by the Mississauga Halton Local Health Integration Network (LHIN) and co-lead by the Mississauga Halton CCAC and Trillium Health Centre. Through the initiative, a team of palliative care experts and service provider representatives is working together to find ways to help patients with terminal illnesses remain in their homes with their families through end of life.

[Read more about the Palliative Care Initiative.](#)

Community Care Access Centres

There are 14 local CCAC organizations across the province. Each is funded and legislated by the Ontario Ministry of Health and Long-Term Care and connect clients to home care, long-term care, and other services in the community.

Contact Us

310CCAC
310-CCAC (2222)
www.310ccac.ca

Mississauga Halton CCAC
www.mh.ccac-ont.ca

Feedback?

[We appreciate your comments, questions or concerns.](#)

Mississauga Halton Community Care Access Centre • 401 The West Mall • Etobicoke, ON M9C 5J5

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Mississauga Halton

8/31/2010

Heroes in the Home

Recognizing Outstanding Caregivers

Every day, people in our community provide care and kindness that allows others to live fulfilling lives despite the limitations of age, illness and disability.

The Mississauga Halton Community Care Access Centre celebrates these people through the 'Heroes in the Home' Caregiver Recognition Awards.

Any caregiver can be nominated – a family member, friend, community volunteer, personal support worker, case manager, nurse, therapist or other health professional.



It's easy to nominate someone. Simply download and complete the [nomination form](#) and submit it to the Mississauga Halton CCAC. The deadline for nominations is Wednesday, September 17th. All nominees will receive a certificate of recognition and will be honoured during one of the special awards ceremonies.

For more information, please contact Rachel LePage at rachel.lepage@mh.ccac-ont.ca or 1-877-336-9090, ext. 2071.

[Click here to download the Heroes in the Home information flyer and nomination form.](#)

Award Ceremonies will take place throughout the Mississauga Halton region in October.

Ceremonies will be from 2-4pm on the following dates:

Thursday, October 14, 2010
Living Arts Centre, 2nd Floor
4141 Living Arts Drive, Mississauga, ON

Thursday, October 21, 2010
Hugh Foster Hall
141 King Street, Milton, ON

Tuesday, October 26, 2010
Harbour Banquet & Conference Centre
2340 Ontario Street, Oakville, ON

8/30/2010

Leadership

[Mississauga Halton CCAC Welcomes New Board Members](#)

The Mississauga Halton CCAC is pleased to welcome four new members to its Board of Directors for the 2010/11 year. The new members are Ray Gilbert, Kareen Hall, Jane Ottman and Dieter Pagani.

This year's Executive Officers are Astrid Lakats (Chair), Kelly Bottone (Vice-Chair), Anne Ptolemy (Secretary) and Bruce McCuaig (Treasurer).

The Board is currently overseeing the development of the 2011/14 Strategic Plan set for release later this fall. Over the course of the next year, members will be working with each other, CCAC staff and local and provincial partners to ensure our clients receive the highest quality services.

[Click here](#) for more information about the Mississauga Halton CCAC Board of Directors.

8/29/2010

ALC Rates

Working with partners to reduce ALC rates

The Mississauga Halton CCAC has been working closely with its acute care partners to successfully reduce the number of Alternate Level of Care (ALC) patients occupying hospital beds.

Results from an Ontario Hospital Association survey conducted this summer demonstrate that, at 10

per cent, our region has the lowest percentage of acute and other in-patient care beds occupied by ALC patients. The provincial average is 16 per cent.

Likewise, at 37 per cent, the region has the lowest rate of ALC patients who are waiting for long-term care. The average in Ontario is 62 per cent.

The Mississauga Halton CCAC is collaborating with partner groups, like the Mississauga Halton Local Health Integration Network (LHIN), area hospitals and service providers, to find innovative ways of facilitating the flow of patients through the health care system. This will enable patients to receive the most appropriate care in the most appropriate setting.

The Mississauga Halton CCAC's "Home First" approach, for example, enables patients to wait for long-term care in their homes. With the appropriate services in place to support them, these patients are able to wait for long-term care in a healthier, more comfortable setting.

Through programs that give people care at home and in the community, the Mississauga Halton CCAC is helping to make acute and other types of in-patient care beds more readily available to those who need them.

8/27/2010

Client Care

Improving palliative care for patients

Palliative patients in Mississauga Halton are now getting access to better services and their care will continue to improve due to the Mississauga Halton Palliative Care Initiative.

The initiative is sponsored by the Mississauga Halton Local Health Integration Network (LHIN) and co-lead by the Mississauga Halton CCAC and Trillium Health Centre. Through the initiative, a team of palliative care experts and service provider representatives is working together to find ways to help patients with terminal illnesses remain in their homes with their families through end of life.



The team is also working to enhance available services and reduce the utilization of unnecessary acute care services – ER visits and hospital admissions – by improving the care provided in the home setting.

The Palliative Care Initiative Team will continue implementing improvements to services over the next six months.

New or enhanced services will include:

- Enhanced and dedicated CCAC services
- Standardized care pathways
- Advanced Practice Nurses to assist with complex cases
- 24-hour telephone access to palliative care physicians for family physicians
- Education and mentorship
- Enhanced information resources for clinicians providing palliative care via a dedicated website: www.mhpcn.ca

For more information, please contact Dr. Sauls rsauls@cvh.on.ca or Dr. Huggins mhuggins@DLHospice.org.





About Us	Care in Your Home	Care in Your Community	Long-Term Care Options	News and Events	Service Providers	Partners
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The members of the Mississauga Halton CCAC Board are as follows:

Astrid Lakats - Chair
Kelly Bottone - Vice-Cair
Bruce McCuaig - Treasurer
Barbara Burton - Secretary

Anne Ptolemy
Bob Cooke
Dieter Pagani
Jane Ottman
Kareen Hall
Ray Gilbert
Sivam Vinayagamoorthy

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Astrid Lakats
Chair

Astrid Lakats is the founding partner of Astrid Lakats, Chartered Accountant. For 20 years, Astrid has provided a wide variety of medium sized and family-owned businesses with key accounting services to track their financial results, plan tax strategies, meet statutory obligations and address personal and family needs. Ms. Lakats is not only a fully accredited Chartered Accountant; she also holds B.Sc. and MBA degrees. Astrid has taught business courses at York University, courses in the Certified Management Account (CMA) program and presented many seminars on tax planning, business development and succession planning. Ms. Lakats has held executive positions on a range of charitable and community Boards.



Kelly Bottone
Vice-Chair

Ms. Bottone leads an international management consulting practice at Frameworks for Change in Mississauga. The company provides strategic planning, governance, communications and performance management for clients in the not-for-profit, public and for-profit sectors around the world. Kelly has held both senior level management positions and consulting positions in the oil industry, financial services industry and management consulting sector. Ms. Bottone has served on two national boards in the Canadian co-operative financial services sector and on the Board of the Community Foundation of Mississauga. Kelly has done corporate fundraising for the Canadian Cancer Society and volunteered for international development work regarding corporate governance practices in S.E. Asia. Ms. Bottone holds a Bachelor of Commerce, an M.B.A and a Certified Management Consultant designation.



Bruce McCuaig
Treasurer

	Barbara Burton <i>Secretary</i>
	Anne Ptolemy <i>Director</i> Ms. Ptolemy served as a Board member for the Community Care Access Centre of Halton. She worked as a physiotherapist at Hamilton St. Joseph's Hospital, C.C. Hopmans Clinic and at many long-term care, home care and local hospitals in the Region of Halton. Anne was the first physiotherapist for the Milton District Hospital and also served as Auxiliary President, Board of Management member and Foundation Chair. Anne served as the President of the Canadian Physiotherapy Association (C.P.A) Hamilton Branch, Chair of the 1959 Congress and member of the National Executive. In 1984 she was recognized as Milton's Citizen of the Year. Anne has been active on many community and social service boards for children, the aged, international organizations and Christian Missions.
	Bob Cooke <i>Director</i>
	Dieter Pagani <i>Director</i>
	Jane Ottman <i>Director</i>
	Kareen Hall <i>Director</i>
	Ray Gilbert <i>Director</i>
	Sivam Vinayagamoorthy <i>Director</i> Mr. Vinayagamoorthy has served on a variety of committees and Executive Boards of numerous community based volunteer organizations for over 15 years. He is the Vice President of Churchill Meadows Residents Association (CMRA), Board Member of the Mississauga Sathya Sai Baba Organization, Board Member of the Past Pupils Association of St. Michael's College (North America), and Associate Member of the Senior Tamils Society of Peel. In 2004 he was the Executive member of the Toronto based organization which raised money for the tsunami victims in Sri Lanka. Mr. Vinayagamoorthy is a graduate of George Brown College / Ryerson Polytechnic University and a Senior Member of the Society of Manufacturing Engineers (SME).