

WWLHINformation

Waterloo Wellington LHIN



Waterloo Wellington LHIN eNewsletter - July 11th, Edition

The WWLHINformation eNewsletter is a bi-weekly update to keep you informed of the latest news, events, and successes in health care across the WWLHIN as we continue working together to build an integrated and sustainable health system for residents in Waterloo Wellington.

As part of the eNewsletter, we are looking for your contributions. Are you looking for a new way to share information or invite the community to health care related events? Send your news and events with links to more information and we'll include it in an upcoming edition.

Please forward WWLHINformation to others who may be interested in local health care news and events. For new readers, to subscribe or unsubscribe, please send an email to connie.macdonald@lhins.on.ca.

WWLHIN Social Media: Feature Tweets and Posts

Follow [@WW_LHIN](#) on Twitter and become a fan on [Facebook](#). Many thanks to our fans and followers for their feedback.

- **@Energyontheat:** [@WW_LHIN](#) Great job this morning Bruce. Its important that community know the work the LHIN does and the change it is trying inspire
 - **@Deputy BLarkin:** Stonehenge AGM a huge success. Thanks [@WW_LHIN](#) for continued support of our services. Giving people a second chance at life.
 - **@mooddisordersON:** #FF [@SouthWestLHIN](#) [@NorthEastLHIN](#) [@WW_LHIN](#) Keeping Ontarians in the loop about health care in their communities
 - **@CSCMOW :** RT [@WW_LHIN](#) - Have u been to our Partners in Health website yet? Find news & contact info 4 local health care providers <http://bit.ly/jt25Oy>.
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Focusing on Seniors Care in Local Hospitals

WWLHIN Works with Geriatricians and hospitals on Senior Friendly Hospital strategy

Hospitals play an essential role in the health and well being of seniors. Seniors are three times more likely to be hospitalized than younger people and receive care in nearly every area of the hospital.

However, evidence shows that seniors' health declines the longer they stay in hospital as a result of complications, lack of

activity and infections. This can lead to longer hospital stays and reduce their chances of returning home and regaining their health and independence.

Ontario's Local Health Integration Networks (LHINs) are leading a Senior Friendly Hospital strategy – an initiative to improve seniors' health and prevent their physical and mental decline in hospital.

In Waterloo Wellington, this work is being led by a committee co-chaired by Marianne Walker, President, St. Joseph's Health Centre, and Bruce Lauckner, CEO, WWLHIN. "Collectively, we are identifying leading practices in supporting seniors during their hospital stay and opportunities for improvement to enhance our care for seniors," said Marianne.

[Click here](#) for more information.

Nurse Practitioner-Led Clinic Will Increase Access to Primary Care

Community focus to support vulnerable residents, create culture of health and wellness

You won't find anyone as passionate about the role of Nurse Practitioners (NP) as Paula Carere. She is past-president of the Nurse Practitioners Association of Ontario and a full-time Primary Care NP at the Langs Community Health Centre in Cambridge. Paula is also leading the development of a new NP-Led clinic set to open this fall with sites in Cambridge and Kitchener.

Nurse Practitioners are Registered Nurses with additional education and experience. They treat health conditions through completing physical exams, ordering and interpreting diagnostic tests (x-rays), and gathering patient's history. NPs can diagnose disease and provide appropriate treatment for their patients, including prescribing medications. They bring together the medical expertise needed to diagnose and treat, with the compassion and philosophy of nursing to provide a holistic approach to patient care.

Nurse Practitioner-Led Clinics are a new primary health care delivery model in which Nurse Practitioners are the lead providers of primary health care. Through a collaborative practice approach which includes Registered Nurses, Registered Practical Nurses, collaborating family physicians, and other health care professionals. Nurse practitioners provide comprehensive, accessible, and coordinated family health care services to populations who formerly didn't have access to a primary care provider (i.e. unattached patients).

[Click here](#) for more information.

Grand River Hospital To Offer High Risk Breast Cancer Screening

Starting July 1st, Waterloo Region area women who are at a high risk for breast cancer have access to services at the Ontario Breast Screening Program (OBSP) High Risk Screening Centre at Grand River Hospital.

The OBSP High Risk Screening Centre at Grand River Hospital will provide women 30-69 years old who are at high risk of breast cancer with annual mammography and breast MRI screening as well as follow up services. Genetic centres across the province will provide the genetic services.

Women who think they may be at high risk can visit their doctor or nurse practitioner for a referral to the OBSP. Referrals will be based on specific criteria such as genetics, and family or medical history. Expanding breast screening is based on the advice of clinical experts and best medical evidence.

[Click here](#) for more information.

Best Buy is Growing It Forward For A Better Tomorrow

Langs and Best Buy Cambridge will be "Growing It Forward" For a Better Tomorrow! Langs Farm Village Association is very pleased to announce the formation of a new community partnership with Best Buy Cambridge.

Best Buy staff will be participating in Drop-In Programs at the Youth and Teen Centre (YTC) on Langs Drive and have created a wonderful learning opportunity for youth by offering the innovative Best Buy Business Day program where local children can learn about store operations and the skills required to work in an organization like Best Buy.

"We are so pleased to be working with Best Buy," said Bill Davidson, LFVA Executive Director. "Community partnerships such as this allow Langs to continue to reach towards its goal of creating meaningful spaces, places and partnerships and engages young people who may not have these types of opportunities available to them," said Davidson.

Best Buy Cambridge has also generously donated a PS3 and PS2 Gaming Systems to be used by youth at the YTC and will be providing support at such events as the Langs Community Picnic which will take place on July 12, 2011 at William G. Davis Senior Public School. Best Buy Cambridge General Manager Terry Wallace stated "Best Buy is committed to giving back to the communities where we live. We recognize the important work that Langs Farm Village Association is doing for the youth in the community so it was a natural fit for us to work with them. We are proud to support this great organization."

Grand River Hospital Celebrates Year of Success and Growth at 2011 Annual Meeting

Grand River Hospital has celebrated projects that have brought new and expanded services, as well as quality developments providing better care for area patients. The hospital held its annual meeting for 2010-2011 Tuesday, June 28th at GRH's Freeport Site, marking the efforts of staff, physicians and volunteers in providing exceptional care with compassion while wisely using available funding.

"From significant expansions to our mental health services, to the opening of a state-of-the-art patient and family-centered intensive care unit, to becoming the most improved hospital in the country in a key quality indicator, it's clear that Grand River had an excellent year," said Bryce Walker, chair of the GRH board. "While we have areas in which we wish to do better, area residents can be proud of their hospital and their care providers."

GRH's mental health program has a philosophy of instilling hope and fostering recovery to ensure patients and families receive understanding and support through their experience. In 2010-2011, GRH marked the largest expansion in mental health services in the hospital's history. This includes the completion of a new 50 bed specialized mental health unit at the Freeport Site following \$13 million in construction, along with expansions and renovations to acute inpatient mental health facilities at the KW Site for adults, adolescents and children.

Participants from community mental health agencies took part in the annual meeting today, with several speakers discussing the importance of building a network of care and support in hospitals and the community for patients and families.

[Click here](#) for more information.

OACCAC Newsletter

[Click here](#) to read this month's edition of the Ontario Association of Community Care Access Centres Newsletter. In this month's edition, you will find details and highlights from the 2011 OACCAC Knowledge & Inspiration conference.

Waterloo Region Suicide Prevention Council Newsletter

[Click here](#) to read the first edition of the Waterloo Region Suicide Prevention Council (WRSPC) Newsletter.



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