

WWLHINformation

Waterloo Wellington LHIN



Waterloo Wellington LHIN eNewsletter - October 17, 2011

The WWLHINformation eNewsletter is a bi-weekly update to keep you informed of the latest news, events, and successes in health care across the WWLHIN as we continue working together to build an integrated and sustainable health system for residents in Waterloo Wellington.

As part of the eNewsletter, we are looking for your contributions. Are you looking for a new way to share information or invite the community to health care related events? Send your news and events with links to more information and we'll include it in an upcoming edition.

Please forward WWLHINformation to others who may be interested in local health care news and events. For new readers, to subscribe or unsubscribe, please send an email to connie.macdonald@lhins.on.ca.

1st Anniversary Edition: WWLHIN eNewsletter

One year ago, on October 19th, 2010, the WWLHIN sent out its first eNewsletter. Since then, front-line and administrative staff from health service providers across Waterloo Wellington have read countless stories about the many advancements and successes in our local health system. Thank you to everyone who has submitted articles, story ideas, and events to share with their colleagues.

In the eNewsletter's second year, you will continue to receive timely, interesting, and important news from your colleagues across the WWLHIN. A focus will also be placed on expanding information sources to include more news from more of our health service providers.

If you have any ideas on how we can make the WWLHIN eNewsletter better (regular feature items, story ideas, etc), please feel free to contact me by phone or email. Please continue to submit your news - the deadline is the Wednesday before the edition is published. I look forward to sharing your stories.

Sincerely,

Connie MacDonald,
Communications Specialist, WWLHIN

WWLHIN Rehab Review: Please Fill out Online Survey

The WWLHIN, in partnership with its health service providers, is undertaking a review of rehabilitation services in Waterloo Wellington. The purpose of the review is to identify opportunities to streamline the rehabilitation system to increase access to care and provide better outcomes for patients.

Completing the review will require the input and expertise of those working in the field, as well as patients of rehab services and their families. This is your opportunity to help shape the vision and action plan for rehabilitation services in Waterloo Wellington.

Please [click here](#) to fill out a survey online to share your feedback and ideas. Visit www.wwlhin.on.ca and click on "current projects" and then "rehab review" for more information or contact Rehab Review project coordinator Emmi Perkins at: eperkins@gghorg.ca or 519-827-7358.

Video: Flashmob at The Westmount Long Term Care Home

Leading Healthcare Quality Summit & Innovations Expo



On November 9, 2011, the Ministry of Health and Long-Term Care, Health Quality Ontario and the Ontario Hospital Association will come together for the first time to host the Leading Healthcare Quality Summit & Innovations Expo.

Formerly *Celebrating Innovations in Health Care Expo*, the *Leading Healthcare Quality Summit & Innovations Expo* is an interactive, idea-sharing forum with an expanded focus on leadership in the quality agenda.

[Click here](#) for more information.

United Way Day of Caring Transforms Community

Article submitted by the House of Friendship

United Way 2011 Day of Caring brought transformation to House of Friendship's Charles Street Men's Hostel, the 174 King St. N. men's residential addiction treatment program, and to the Courtland Shelley Community Centre Friendship Garden. KPMG volunteers were at the Hostel bright and early to prime and paint three bedrooms.

Over at the Friendship Garden, Home Depot - Kitchener West worked frantically to build a new fence and refurbish pathways before the torrential rains set in. And at 174 King St. N., Home Depot - Waterloo worked through the rain to lay paving stones, build a shaded patio, and install a fountain to create an inviting, peaceful, communal outdoor space for program participants.



While the physical transformation of the properties was impressive, what struck everyone more was the community transformation that occurred throughout the day. At all locations, staff and program participants worked side-by-side with KPMG and Home Depot volunteers.

Program participants talked about the opportunity to give back; staff were touched by the level of community support - KPMG and Home Depot went above and beyond on all projects; and, volunteers were left with a sense of accomplishment at having come together to create change in their community.

October is Community Support Services Month

The month of October marks Community Support Services Month across Ontario, and locally, more than 700 volunteers are helping bring practical, non-medical supports to some of our most vulnerable neighbours each and every day. These volunteers deliver Meals on Wheels, lead free, gentle exercise classes and provide rides to medical appointments or the grocery store through Community Support Connections – *Meals on Wheels and More*.

Home and community support is critical in helping family caregivers as well as supporting seniors and persons with physical disabilities in their own homes. [Click here](#) to read more.

Speak out on Suicide

Waterloo Region Suicide Prevention Council Coordinator (WRSPC) Tana Nash had the opportunity to be an audience member at Canada AM's Town Hall Meeting, the final installment of a four series program "Speak out on Suicide" broadcast on CTV. [Click here](#) to view the program online.

"I would like to give a big thank you to WRSPC volunteers, Cathy Read-Wilson and Alicia Raimundo, who both courageously shared their stories," said Tana. "Alicia was part of this morning's taping - which was live - and is no easy feat. Alicia, you spoke articulately and from the heart and from the number of tweets you have already received, it seems your message resonated with many. Cathy, you continue to amaze me. We are blessed to have you as a volunteer, speaker and supporter of the Council."

Trellis Provides its First French Language Mental Health Services Through OTN

Provincial Psychiatrists offering local residents mental health consultations in French



Following months of preparation, the first French language mental health telemedicine session was held on September 29th at the Delhi St office of Trellis Mental Health and Developmental Services. The French Language Mental Health Telemedicine initiative was officially introduced on March 31st, 2011. Since that time, Coordinator Christine Gilles has been recruiting French speaking psychiatrists from across the province, and developing the protocols, processes and policies to ensure the program's success. This initiative was spearheaded by the Waterloo Wellington Local Health Integration Network in support of Ontario's commitment to serving the French speaking community and to the French Language Services Act.

The service involves connecting an individual sitting in front of a video camera in an office in Waterloo-Wellington with a French speaking psychiatrist in another area of Ontario through the Ontario Telemedicine Network (OTN). Both the person and the psychiatrist can see and speak with each other through a television camera and monitor. OTN operates the largest telemedicine network in the world, making Ontario a world leader in using videoconferencing technology to facilitate access to health care services.

"It's exciting to finally launch this program and to be able to provide mental health consultation to francophone residents of Waterloo-Wellington in their own language," said Christine Gilles. "Better care is provided when one is able to speak to a health professional using one's first language."

[Click here](#) to read more.

Mental Health Commission of Canada Newsletter

The Mental Health Commission of Canada produced a special edition newsletter focusing on the issue of child and youth mental health. [Click here](#) to learn more about *The Evergreen Framework*, the Youth Advisory Council and other initiatives that are improving child and youth mental health in the country.

Wellington Dufferin Mental Health Resources Information Pamphlet

[Click here](#) to read an updated copy of the Wellington Dufferin Mental Health Resources Information Pamphlet.

This community resource was first created several years ago by the *Open Mind Group*, community partners who meet regularly representing several organizations in Guelph, Wellington and Dufferin Counties concerned with mental health issues.

September OACCAC Newsletter

Please click [here](#) to view the newsletter.

WWLHIN Social Media: Feature Tweets and Posts

Follow [@WW_LHIN](#) on Twitter and become a fan on [Facebook](#). Many thanks to our fans and followers for their feedback. Use the #access2care hashtag to share your good news.

- **@omnihealthcare**: Fun video to watch! MT @WW_LHIN: Love this video! Flashmob at The Westmount LTC Home:
 - **@Patient_Safety**: @ww_lhin great to see the support from the LHIN's
 - **@YMCAsofCandKW**: @WW_LHIN - Thanks! We are very excited!
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