

# WWLHINformation

Waterloo Wellington LHIN



## Waterloo Wellington LHIN eNewsletter - January 23rd, 2012

The WWLHINformation eNewsletter is a bi-weekly update to keep you informed of the latest news, events, and successes in health care across the WWLHIN as we continue working together to build an integrated and sustainable health system for residents in Waterloo Wellington.

As part of the eNewsletter, we are looking for your contributions. Are you looking for a new way to share information or invite the community to health care related events? Send your news and events with links to more information and we'll include it in an upcoming edition.

Please forward WWLHINformation to others who may be interested in local health care news and events. For new readers, to subscribe or unsubscribe, please send an email to [connie.macdonald@lhins.on.ca](mailto:connie.macdonald@lhins.on.ca).

## Helping More Residents with Diabetes Access Care and Support

*Regional Coordination Centre Launches New Website and Self Referral Process*



awareness."

Currently, only 19% of people with diabetes in Waterloo Wellington are accessing vital programs that provide education and support to help them manage the disease. The Waterloo Wellington Diabetes Regional Coordination Centre (RCC) is working to change that with the launch of a new website and self-referral process.

"We know that through education and support, those with diabetes can live healthier lives, reduce their risk for complications associated with diabetes, and reduce their usage of other health services such as the emergency department," said Debbie Hollahan, Waterloo Wellington RCC Director. "Unfortunately, we also know that residents in Waterloo Wellington are not accessing available programs – So, our focus has been on making these programs easier to access and increasing

The RCC recently launched a new website: [www.waterloowellingtondiabetes.ca](http://www.waterloowellingtondiabetes.ca). The website features two sections – one for health care providers, and one for those living with diabetes. It has information about diabetes care and diabetes education programs, a calendar of events, frequently asked questions, and a resource library.

The website also has a new self-referral form which people can fill out in the comfort of their own home and send in to receive an appointment in the location closest to them (or with the soonest availability). Photo: Debbie Hollahan (Director),

Kim Busato (Admin. Assistant), Elena Oreschina (Health Information Analyst) and Sarah Christilaw (Outreach Coordinator). [Click here](#) for the full story.

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## Hospice Wellington Recognised as 2012 Employer of Distinction



Hospice Wellington was honoured to receive the fourth annual Guelph and District Human Resource Professionals Association 2012 Employer of Distinction, Small Organization award.

Representing the first not-for-profit in the region to win this award, Hospice Wellington Executive Director, Rosslyn Bentley took to the podium at the Guelph Delta Hotel and Convention Centre to thank the staff, volunteers and Board of Directors at Hospice for supporting the exceptional development of the organization over the past 31 years.

"I cannot tell you how thrilled we are to win this award and how much it means to us to recognise the hard work we have all put in to make our organization an exceptional place to work and volunteer." Susan Farrelly, Vice Chair of the Hospice Wellington Board and the Certified Human Resource Professional who nominated Hospice Wellington agreed: "We are confident as a Board that this award is richly deserved. The staff and volunteers truly put their heart into everything they do."

[Click here](#) to read more.

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## Hospital and CCAC Partnership Improves Care for Frail Seniors

Grand River Hospital and the Waterloo Wellington CCAC announced the launch of a renewed partnership to enhance services and supports for frail seniors in Waterloo Region.

The joint venture has resulted in the integration of the former Community Geriatric Service (CGS) team and the former Freeport geriatric psychiatry clinic to form a new Specialized Geriatric Services (SGS) team of Waterloo Region. This has been a work in progress over the last year and a half.

"As our population ages, we need to make sure different parts of the health system are working closely together to meet the health needs of seniors," said Joy Bevan, associate vice president at Grand River Hospital. "This partnership will give vulnerable seniors more access to important health services so they can continue living independently."

[Click here](#) to read more.

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## Langs: New Name, New Home, New Partnership

With a new name, new partnerships and a new building, Cambridge has a reason to celebrate. After a year of anticipation, the new Langs is fully open for service.

The organization celebrated its grand opening in December with an official

langs logo

ribbon cutting ceremony. Children and families from the community at large also attended an Open House with tours, face painting, children's performances and plenty of exciting activities for everyone. Over 700 people took part in the grand opening celebrations.

Part of Langs transformation from old to new was a name change and new logo design. The organization's name has been shortened to Langs with the tagline: Community. Health. Wellness. In addition to being co-located with the William E Pautler Seniors Centre, the new 58,000 square foot, two-floored centre includes expanded space for early years programs, the diabetes education programs; more exam rooms for the community health centre; along with a walking track and a gymnasium. In addition, the facility has many unique features such as a green roof, living wall, six group rooms for programming and a courtyard.

[Click here](#) for more information.

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## Survey: Social Media and the WWLHIN

In June 2011, the Waterloo Wellington Local Health Integration Network launched Twitter and Facebook accounts to share information and better connect with its community online. Help us evaluate what were doing that's working, and where we can improve, to better connect with you through our eNewsletter, Website, and social media accounts. This is a short survey and will only take 5 minutes of your time. Many thanks in advance for your time and support.

[Click here](#) to complete the survey. **Deadline is January 31st, 2012.**

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## Helping More Ontarians Quit Smoking

To help more Ontarians quit smoking, people undergoing treatment for drug addictions will soon have access to free counselling supports, nicotine gum and patches.

Over the next three years, the province will work with the Centre for Addiction and Mental Health to help nearly 23,000 smokers undergoing addictions treatment across Ontario. Of those who enter an addiction treatment program, more die from tobacco-related disease than from all other causes combined.

Smokers in addiction treatment will get more help to quit through:

- a five-week treatment of over-the-counter nicotine replacement therapies and counseling
  - follow-up counselling at key milestones to help quit for good
  - advice and assistance every time they see a counsellor
  - free support through the Smokers' Helpline.
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## Andrew St. Family Health Centre Opens

On January 14th, an opening celebration was held for the new Andrew St. Family Health Centre in the newly converted Transylvania Club in Kitchener. The medical centre also welcomed four new family doctors to the area. For more information about the health centre, call: 519-804-9234.

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## Family Counselling & Support Services for Guelph-Wellington

[Click here](#) to read the Family Counselling & Support Services for Guelph-Wellington newsletter.

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## WWLHIN Social Media: Feature Tweets and Posts

Follow [@WW\\_LHIN](#) on Twitter and become a fan on [Facebook](#). Many thanks to our fans and followers for their feedback. Use the #access2care hashtag to share your good news.

- @Michaelharrispc: @**WW\_LHIN**: Talking local health care with MPP Kitch-Con @**Michaelharrispc** & improving #**access2care**
  - @SmokersHelpline: #**FF** for spreading #**D2Q** love! @**RetireatHomeBG** @**WW\_LHIN** @**MLHealthUnit** @**thatiam** @**SunnybrookHSC** @**Christ0pher101** @**be\_yourbestself** @**CatToyOriginal**
  - @OTNtelemedicine: HNY & welcome to Guelph's Stonhenge Therapeutic Community (@**WW\_LHIN**), which has another system available for TM activity! #**TMsites**
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