

WWLHINformation

Waterloo Wellington LHIN



Waterloo Wellington LHIN eNewsletter - April 2nd, 2012

The WWLHINformation eNewsletter is a bi-weekly update to keep you informed of the latest news, events, and successes in health care across the WWLHIN as we continue working together to build an integrated and sustainable health system for residents in Waterloo Wellington.

As part of the eNewsletter, we are looking for your contributions. Are you looking for a new way to share information or invite the community to health care related events? Send your news and events with links to more information and we'll include it in an upcoming edition.

Please forward WWLHINformation to others who may be interested in local health care news and events. For new readers, to subscribe or unsubscribe, please send an email to connie.macdonald@lhins.on.ca.

Upcoming WWLHIN Change Lab: Addressing Poverty, Improving Health.

The Waterloo Wellington Local Health Integration Network (WWLHIN) is hosting its next Change Lab educational event in partnership with the Waterloo Wellington Rural Health Network on April 19th.

This event is an exciting opportunity for health service providers and community partners to come together, challenge their understanding of health and poverty, and work together to inspire local action.

Keynote speaker Gayle Montgomery will share inspiring successes from community initiatives in Lambton County that address poverty and work to improve the health of local residents.

This is a casual attire event and we kindly request donations of a non-perishable food item in place of a registration fee.

Please note that the full-day Champions of Change Symposium, previously scheduled for April 19 will be postponed to this summer. Please visit the "Engaging Our Communities" section of our website for more details on Champions of Change as they become available, as well as information on upcoming Change Lab learning opportunities.

Change Lab: Addressing Poverty, Improving Health

Date: Thursday, April 19, 2012

Time: 10 a.m. – 2 p.m. (Registration at 9:30 a.m.)

Location: Centre Wellington Community Sportsplex, 550 Belsyde Ave. E, Fergus

Free parking. Lunch will be provided.

Please RSVP by Friday, April 13, 2012 by clicking this link: <http://www.surveymonkey.com/s/April19ChangeLab>

If you have any questions about this event please contact Suzanne Morrison, Community Engagement Coordinator at the WWLHIN by phone at 519-650-4472 ext. 226 or email at Suzanne.Morrison@LHINS.on.ca.

Rural Community Support Services Review

The WWLHIN, in partnership with its health service providers, is undertaking a review of Community Support Services in rural Waterloo Wellington (one of the 10 recommendations in the Rural Health Care Report 2010).

The Review is being led by Co-Chairs Michelle Martin, VON, and Susan Gerber, WWLHIN Community Services Lead. The purpose of the review is to identify gaps in Community Support Services which are needed to provide appropriate services for people to return from hospital and to remain safely and independently in their home.

Community Support Services enable people to live safely and independently in their home. Services are non-medical in nature and include: meal preparation/delivery, homemaking, home maintenance, transportation, security checks, day programs friendly visiting, and more.

Currently, an online survey is being distributed to key stakeholders. If you are interested in completing the survey, please [click here](#). The results of the review will be presented to the Waterloo Wellington Rural Health Network, along with recommended next steps.

Local Mental Health Agencies Boards Approve Partnership Review

Two organizations to complete review by July 2012

With the unanimous support of both boards, the Canadian Mental Health Association Grand River Branch (CMHA GRB) and Trellis Mental Health and Developmental Services (Trellis) are entering into a four-month review to explore greater partnership opportunities, up to, and including full merger.

CMHA GRB and Trellis have developed a strong working partnership over many years to enhance mental health care for local residents. The two organizations offer complementary services and programs to provide a full range of mental health care programs and services for Dufferin and Waterloo Wellington residents, including treatment, public education and health promotion, community development, information and referral, outreach, and support services.

The review will further explore partnership opportunities and by joining forces, CMHA GRB and Trellis will be able to do more than they are capable of doing alone by better integrating their complementary services and by enhancing their administrative and program capacity.

[Click here](#) to read more.

St. Joseph's Menu Supports Local Food Growers

The simple truth that eating healthy, tasty meals helps people feel good is driving a food revolution at St. Joseph's Health Centre in Guelph. Here, residents and patients dine on local Ontario farm roast pork with apple chutney, parsley boiled red skin potatoes and marinated tomato and cucumber salad made with homemade sunflower oil vinaigrette.

On Thursday, March 15th, top chef Chris Jess, assisted by 'sous chef' Anne Groulx, St. Joseph's VP of Finance, hosted a

live cooking demonstration to show how it's done. The challenge was to make a nutritious and delicious three-course mid-day meal from locally sourced ingredients on a budget of \$2.50 per person.

However, tight budgets don't have to mean poor quality according to Leslie Carson, St. Joseph's manager of food and nutrition services who buys as many local ingredients as possible and prepares 75% of meals from scratch. [Click here](#) to read more.

Moving To Patient-Based Funding Will Improve Care

Ontario is making changes to the way it funds hospitals to ensure families get access to the right health care, at the right time and in the right place.

The new patient-based funding model will see hospitals funded based on how many patients they see, the services they deliver, the quality of those services and other specific community needs. Currently, hospitals get a lump sum based on their previous year's budget with no link to the type or quality of care they provide.

Working in partnership with hospitals, Ontario will phase in the new [patient-based funding](#) model over the next three years. The new model will also provide a better return for taxpayer dollars and result in:

- Shorter wait times and better access to care in their communities
- More services, where they are needed
- Better quality care with less variation between hospitals.

[Click here](#) for more information.

HQO Launches Public Reporting Websites for Long-Term Care and Home Care Services

Health Quality Ontario (HQO) has launched its revamped long-term care and home care public reporting websites. You can view the new sites at <http://www.hqontario.ca/en/reporting/longtermcare> and <http://www.hqontario.ca/en/reporting/homecare>. The websites feature new and improved content, better search and browse functionality, and a more user-friendly interface.

The long-term care services website includes home-level results for nearly 300 long-term care homes — more than twice as many as last year. These homes have voluntarily posted their results for quality indicators related to instances of incontinence, falls, pressure ulcers and restraints. Users will be able to search for homes by postal code or Local Health Integration Network (LHIN). The site also includes provincial results for 12 long-term care quality indicators on topics such as wait times, falls, pressure ulcers and emergency department visits. By the end of 2012, data for all long-term care homes in Ontario will be posted to the site.

The home care services website is the first and only in Canada, publicly reporting on the quality of home care services including provincial results for 11 home care quality indicators on topics such as wait times, incontinence, cognitive function and pressure ulcers. The site will also include information about client experiences with home care services. Results are provided at both the provincial and community care access centre (CCAC) level. In 2013, the site may include provider-level quality indicator results.

One-Stop Information on Health Care at your Fingertips

The Waterloo Wellington Community Care Access Centre (WWCCAC) is evolving the 310-CCAC info line to a new portal called thehealthline.ca. This updated service provides on-line support for clients, community members, WWCCAC staff and physicians who need to access community-based health services.

This service is one way that CCAC's across the province are helping to connect people to the care in their community. It provides a comprehensive and interactive inventory of services available in the community.

This portal site is a user-friendly, accurate and up-to-date resource for accessing health services and program information. This change is all about supporting clients, staff and partners, and ensuring they have the information they need, when they need it.

[Click here](#) to read more.

Mayors for Meals

Mayors Doug Craig, Brenda Halloran, and Carl Zehr joined Community Support Connections – *Meals on Wheels and More's* dedicated volunteers to help deliver hot, nutritious meals in support of Mayor's for Meals on Wednesday, March 21st.

The event is an annual part of *March for Meals*, an international campaign to help build awareness around issues surrounding senior's hunger and access to nutrition, the lack of which leads many seniors to avoidable hospitalizations.

"The statistics are telling," says Dale Howatt, Executive Director of Community Support Connections – *Meals on Wheels and More*. "In Ontario, 59% of all Emergency Department visits and 79% of all hospitalizations are due to seniors falling. Access to nutrition is a large part of the preventative care that helps divert these costly admissions, as well as helping to prevent the physical and emotional trauma that comes from these falls."

Falls often lead to surgery, long recovery times, and emotional strains as the family begins to question whether their loved one can still safely remain in their own home. "It is events like this that help show how important this program is to the community. We deliver on average 350 meals a day and that number just continues to increase," shares Howatt.

[Click here](#) to read more.

Ontario's Plan To Create Birth Centres Provides Good Health Care Value

Ontario mothers will soon have more options for where to have their babies. Ontario is planning to create two birthing centres in the province, giving women more choice on where they can deliver healthy babies.

Premier Dalton McGuinty was at Ryerson University's Centre for Studies in Community Health to announce that the government is working closely with the [Association of Ontario Midwives](#) and the [College of Ontario Midwives](#) on a proposal that will deliver quality health care for good value.

The Premier was joined by Minister of Health and Long-Term Care Deb Matthews, where they met with students in the Centre's Midwifery Education program, mothers and members of the midwifery community. He spoke about how birthing centres would give women more choice in where they have their babies, while helping free hospital beds to focus on high-risk births.

The proposal is part of Ontario's [Action Plan for Health Care](#). The plan is committed to moving routine procedures out of hospitals and into the community, where evidence shows quality care and better results for patients can be achieved for good value.

Palliative Care Mentorship Program Underway in WWLHIN

Funded, in part, by Cancer Care Ontario and the Ministry of Health and Long-Term Care, in partnership with the Waterloo Wellington (WW) Regional Cancer Program and the WW Community Care Access Centre (CCAC), the eagerly anticipated Palliative Care Mentorship Program (PCMP) is now underway in the WWLHIN.

The goal of the program is to build regional supportive relationships between primary health care teams (e.g. family physicians, and primary health care nurse practitioners – mentees) and specialist level palliative care teams (palliative care physicians and advance practice nurses – mentors), to enhance the competencies of these professionals in providing palliative care.

"Palliative Care is a field of medicine that has grown substantially over the decades in its science as well as art. The suffering often attributed to end of life care has been significantly reduced by the efforts of clinicians and non-clinicians alike, with the promotion of palliative care principles. However, there is still much work to be done... We are in an era of medicine, where collaborative practice is essential for quality, holistic patient care," says Dr. Ahmed Jakda, Medical Director, Grand River Regional Cancer Centre.

[Click here](#) to read more.

Ontario Wait Times Leader

Ontario is first in Canada in wait times in four key categories.

A new report from the [Canadian Institute for Health Information \(CIHI\)](#) examining provincial wait times for hip and knee replacements, radiation therapy, cataract surgeries, cardiac bypass surgery, and hip fracture repairs finds that Ontario is first or tied for first in four categories.

In 2011, Ontario excelled in delivering timely access to vital health services, ranking first in Canada for hip and knee replacements. Ontario was also tied for first with Quebec for cataract surgery and with Newfoundland, Nova Scotia and Saskatchewan for cardiac bypass surgery.

WWLHIN Behavioural Support Ontario (BSO) Lead

St. Joseph's Health Centre Guelph (SJHCG), the lead organization for the Waterloo Wellington Behavioural Support Ontario (BSO) Program, is pleased to announce the one-year secondment of Sharon Stap to the position of BSO Long-Term Care and Community Lead. This secondment has been achieved by the collaborative efforts of Trellis Mental Health and Developmental Services, the Waterloo Wellington Community Care Access Centre, and SJHCG.

Sharon is an active leader in the community and provincially at the BSO Provincial Resource Team. She brings a wealth of knowledge, skill, and experience in forging strong partnerships across the continuum of care including long-term care, community, primary care and acute care settings.

Sharon is currently the Waterloo Region Psychogeriatric Resource Consultant and has also served as the Executive Director of the Cambridge Alzheimer Society, and held various management and nursing roles in acute care and community.

In this role, Sharon will assist in identifying long term planning and leadership roles and opportunities for integration of the BSO Program within the existing system of care. Sharon will be accountable to the lead organization, SJHCG, and will work collaboratively with the WW BSO Implementation Facilitator Julie Nicholls, and the WW BSO Project Lead Jane McKinnon Wilson.

WWLHIN Social Media: Feature Tweets and Posts

Follow [@WW_LHIN](#) on Twitter and become a fan on [Facebook](#). Many thanks to our fans and followers for their

feedback. Use the #access2care hashtag to share your good news.

- @[OLTCAnews](#): Learn about a great short-stay respite service being offered at [#Elmira](#) [#LongTermCare](#) home: <http://bit.ly/GWR1U6> via @[WW_LHIN](#)
 - @[omnihealthcare](#) : @[WW_LHIN](#) Thanks for retweeting this story about [#collaboration](#) between OMNI [#LongTermCare](#) homes! <http://ow.ly/9OVG0>
 - @[CCHL_CCLS](#): RT @[WW_LHIN](#): LEADS workshop underway @[CCHL_CCLS](#) full house with WW health leaders [#LHIN](#) [#cchleaders](#) - A hello to the WW health leaders
 - @[CSCMOW](#) : RT @[ww_lhin](#): Purple is the colour of the day: supporting The Global Day of Epilepsy Awareness: <http://bit.ly/dstsWC>
-

