

Peterborough Regional Health Centre (PRHC)
Master Plan – Regional Program Expansion Project

LOUIS O'BRIEN, PRHC Board Chair

- Thank you for having us today.
- We are very pleased to have this opportunity to share our vision for the future of Peterborough Regional Health Centre.
- PRHC is a regional hospital of nearly 500 beds, providing acute services like the Emergency Department, and tertiary services like radiation for cancer treatment, to a population of 600,000 people, including the residents of Peterborough City and County, Northumberland, the City of Kawartha Lakes, Haliburton, and three First Nations – Curve Lake, Hiawatha and Alderville.
- We are proud of our hospital and proud of the vision we are about to present to you for modernizing and expanding acute healthcare services in the region we serve.

Dr. PETER MCLAUGHLIN, PRESIDENT & CEO

- At the outset, I want to acknowledge that while the past two years have been difficult for everyone, they have been next to impossible for the women and men who work in healthcare.
- I want to thank our staff, the nurses and doctors who show up every day, working to save lives and help get us through this.
- I also want to recognize the thousands of patients across Ontario and right here in Peterborough who have had desperately-needed surgeries and procedures delayed because of the pandemic.
- While it is hard for anyone to imagine the pain and fear these people and their families are going through, we know that there are real people behind the numbers, and we will do everything within our power to ensure they get the care they need as soon as possible.
- PRHC is proud to have been a strong partner throughout the pandemic – both within our community and supporting the broader health system response.
- The pandemic has highlighted the critical nature of our role as an acute care hospital.

- It has also highlighted pressing infrastructure challenges that we face in our current facility.
- We have a clear need for substantial upgrades and expansion to meet our role as a regional centre providing accessible care for patients, closer to home.

DR. LYNN MIKULA, EVP, CME, CHIEF OF STAFF –

- The Peterborough region is rather unique.
- The people we serve include a mixed urban and rural population, encompassing medium and small municipalities, large academic and industrial employers, and rural and farming communities.
- We are just far enough away from the GTA that members of our community are often reluctant to travel to Toronto to receive care.
- Here is a familiar story in our community: a 70-year-old farmer needs treatment for their cancer or heart disease, but that treatment is only available in Toronto. This trip is a tremendous hardship for them, and one many are simply unable to make. We see this story repeat itself all the time.
- The Peterborough region is one of the fastest-growing communities in Canada. We feel this growth at the hospital, where we see more than 88,000 Emergency Department visits annually and routinely have more than 100% of our funded beds occupied.
- The dramatic increase in our community's need for hospital services has already outstripped our existing facility's capacity.
- Our patient population is also ageing rapidly. Our region's population of seniors who are 75 and older is projected to increase more than 125% by 2041, which creates unique health needs.
- We are also in dire straits with respect to our community's mental health needs, with the second-highest rate of mental health cases in the province and opioid-related deaths that are 81% above the provincial average.
- We know that addressing this crisis requires a coordinated, community-based response as well as a hospital that is equipped to provide acute mental health and addictions care when it is needed.

- To this end, we have a desperate need for a purpose-built crisis response unit to support these patients.
- To address our community's needs, PRHC works closely with our partners across the central east region of Ontario.
- We are the tertiary referral centre for four smaller hospitals and have strong partnerships with these organizations.
- We also have a tri-hospital agreement with Lakeridge Health and Scarborough Health Network that allows us to plan for effective, coordinated care across the region without unnecessary duplication of services.
- With our partners and our community, we have developed a Master Plan that reflects our collective vision for the future of PRHC, and that will enable us to continue to meet the complex acute medical needs of our growing and ageing population.
- It unfolds in two major projects:
- In the short term, we will expand our regional tertiary and specialized programs, . This **Regional Program Expansion Project (RPEP)** – will make use of existing shelled-in space and can launch as soon as funding is approved.
- This will address our region's most urgent priorities, including:
 - Building a fit-for-purpose mental health and addictions crisis response unit
 - Renovating and expanding our oncology services
 - Improving cardiovascular care with the construction of a hybrid operating room and a third cardiac cath lab
 - And building a command centre to more effectively coordinate care
- These short-term goals set the foundation for our longer-term vision, **The Acute Care Modernization Project**, which will entail a major expansion on our existing site that will allow us to:
 - Provide a badly-needed expansion for our busy Emergency Department
 - Create additional Intensive Care Unit beds
 - Add acute inpatient medical and surgical capacity
 - And continue to invest in cancer care through the construction of a second linear accelerator
- Though significant, the scale and cost of this redevelopment is in line with major hospital projects around the province.

- PRHC is excited to have received Ontario Health East's letters of endorsement for our Pre-Capital submissions for both projects. Our Master Plan is now in the Ministry of Health's Capital Planning Process.
- Recognizing that this process is extensive, PRHC is requesting an expedited review of the first step, the **Regional Program Expansion Project, or RPEP**.
- The RPEP would require an immediate investment of \$67 million, with a commitment of \$51 million from the province.
- We ask that you recommend that the 2022 Budget include a commitment to expedited review and funding of the RPEP, subject to all normal Ministry due diligence, and support for the longer-term vision for the Acute Care Modernization Project.
- These commitments would be a welcome signal to the people of our community and our system partners that the era of dependence on out-of-region care for critical service is coming to an end.
- Our goal is to provide the people of our community and region with access to the care they need, closer to home, in the years and decades to come.
- Our proposed Master Plan provides the path forward.
- Now is the time to build for a future that will be as caring and supportive as the past.

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