

Submitted on Sat, 11/14/2020 - 15:57

Application ID: 26141

Submitted values are:

Bill or item of business: **Bill 214, Time Amendment Act, 2020**

Choose a topic

Do you know the bill title or business (e.g., pre-budget consultations) you'd like to speak or submit material about?

Yes

Choose an application

Which application would you like to submit?

Submit material only

Which deadline would you like to submit your written material for?

[Written Submission Deadline: 7:00 p.m. \(EST\) on Thursday, November 19, 2020](#)

Add your information

Are you submitting material as an individual or on behalf of an organization?

I am submitting material as an individual

Full name

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Paste submission

I am discouraged to hear that Ontario is considering NOT moving to Standard Time in future. My husband and I are opposed to this, because of how dark it will be in the morning throughout November and December here in London Ontario. It would be prohibitively dark for children and teens going to school, for people heading to work, etc. It would be hard for everyone to wake up as well! It is hard enough in the late fall months when light is waning already, and this would make it more discouraging. It could impact people's mental health as well, with the greater lack of morning light.

Please, continue with the change from Daylight to Standard time. Many of us have been doing this for decades and we cope just fine with one or two days of "getting used to it", twice a year. We need the time change in Spring, and again in Fall.